



2255 NW 10th Avenue, Miami FL 33127-4210

Client Name:	Brian Wothers	Client Id:	2012
Age:	36	Staff Name:	Kathryn Lopez, BS
	Case Manager	Date/Time:	10/13/2017 9:00 AM to 10:00 AM

## CM Transition Plan

Cost Center : 01 (Assessments)

Plan Type: Annual

Gender: Male

Date of PREVIOUS transition plan (if applicable): 08/04/2016

Current Status:

Mr. Wothers is a 35 year old male diagnosed with PTSD, Post Traumatic Stress Disorder and Major Depressive Disorder with a status of Not Guilty by Reason of Insanity for First Degree Murder. Client currently receives physical health services and psychiatric services from the U.S.. Department of Veterans Affairs. Mr. Wothers participates in psycho-social day treatment, psychiatric management, case management, and vocational training from Passageway. Client continues to remain compliant with all medication management as well as continues to exhibit effective independent living skills and activities of daily living. He owns his own car and is able to complete all car maintenance and insurance payments independently.

### Strengths:

Mr. Wothers handles all physical and mental health appointments as well as medication management, including refills of medications, with minimal follow up from case management. He is redirectable and is able to recognize his symptoms and look for help. Mr. Wothers has a great understanding of his medication regimen and refill process. He has computer skills and is able to look for information and research all questions and concerns.

### Needs:

Mr. Wothers needs to continue remaining medication compliant and meeting with his psychiatrist on a regular basis in order to maintain his mental health stability.

### Abilities:

Mr. Wothers is able to complete all activities of daily living and in independent living skills. Mr. Wothers is able to maintain his home as he has maintenance and handy man skills. Mr. Wothers is also able to communicate all his physical and mental health needs with his treatment team without prompting.

### Preferences:

Mr. Wothers would like to move up to Maryland where he inherited land from his grandfather to be closer to his family. Mr. Wothers would like to build his home on this land and have his mother move in.

**\*\*Indicate the Future Plans for Each of the Following Areas for When the Client is Moved to the Outreach Program or Terminated from the Program.**

### I. Medication Management:

Mr. Wothers currently received psychiatric services from both Passageway and the U.S.. Department of Veteran Affairs in Miami, FL. He currently meets with his psychiatrist at Passageway on a monthly basis and his VA psychiatrist every three months or on an as needed basis. Mr. Wothers must continue to take all medications as prescribed (see list below) and continue to meet with a psychiatrist on a regular basis at a VA clinic located up north (1196 S. Governors Avenue, Suite 201 Dover, DE 19901). This new clinic is located near his mother's current home and is located approximately 25 minutes from where Mr. Wothers' future home will be located (Goldsboro, Maryland.) Mr. Wothers will continue to manage his medications and medication refills independently.

### II. Substance Abuse:

Mr. Wothers has remained abstinent from all illicit substances and alcohol for the last eleven years. He stopped attending meeting roughly three years ago. He is aware of the locations of meeting in Dover if needed. Mr. Wothers must continue to remain abstinent from all drugs and alcohol.

### III. Money Management:

Mr. Wothers currently receives monthly benefits in the amount of \$2,915.00 from the VA as well as \$1,037.00 from SSA. Mr. Wothers will continue to manage all Social Security Administration benefits independently and appropriately. Mr. Wothers is currently undergoing the process to become his own payee in regards to his VA monthly benefits.

### IV. Structured / Exercise Activities (use of free time):

Mr. Wothers will be living with his mother and close to family members such as his sister, niece and nephew. Mr. Wothers enjoys spending his free time with family, reading, and volunteering. Mr. Wothers will have the opportunity for many activities as he is interested in maintaining the sixty two acre land inherited to him.

### V. Treatment / Therapy:

Mr. Wothers currently participates psycho-social day treatment at Passageway in Miami. He meets with his psychiatrist from Passageway on a monthly basis as well as a psychiatrist from the VA every three months. Mr. Wothers' treatment in Delaware and Maryland will consist of meeting with a psychiatrist from the VA (1196 S. Governors Avenue, Suite 201 Dover, DE 19901) for medication management as well as symptoms management on a regular basis (Passageway recommends every over month). Individual therapy is also available to Mr. Wothers through the VA on an as needed basis.



2255 NW 10th Avenue, Miami FL 33127-2210

Client Name: Brian Wothers Client Id: 2072  
Age: 35 Staff Name: Katelyn Lopez, BS  
Case Manager  
Date/Time: 10/18/2017 9:00 AM to 10:00 AM

**VI. Home Teaching / Housing / Family Support:**

Mr. Wothers would be moving in to his mother's home at first located in 125 South Layton Avenue Dover, Delaware. During this time he will be working on his new home that will located in Goldsboro, Maryland on the property inherited to him by his grandfather. Mr. Wothers has several family members that he considers to be support up north. These family members include his mother, sister, niece, nephew, as well as other aunts and uncles. Mr. Wothers' mother, a retired LPN, is involved in his treatment and has expressed that she is more than willing to continue involvement with his treatment once he has moved to Delaware.

**VII. Spirituality / Relationships :**

Mr. Wothers does not affiliate with any religious denomination.

**VIII. Physical Health and Diet :**

Mr. Wothers is currently in good physical health. He is able to communicate all medical needs with his medical staff and will continue to have all medical needs attended by the VA as well. Mr. Wothers will continue to manage a healthy diet and regular exercise regimen.

**IX. Follow-Up / Recommendations:**

Client should follow up with all psychiatric and medical needs with the VA in Delaware. Client will receive assistance from Passageway case management to manage all current necessities, to assist with transferring any and all records to the appropriate clinics, and to locate all services available to him.

Client was diagnosed by their Psychiatrist. Details below:

Effective Date: 10/1/2015

1(F33.42) Major depressive disorder, recurrent, in full remission

2(F10.21) Alcohol dependence, in remission

3(F43.10) Post-traumatic stress disorder, unspecified

4(Z03.89) Encounter for observation for other suspected diseases and conditions ruled out

5(I10) Essential (primary) hypertension

WHODAS 2.0 General Disability

**Medications:**

Medication:quetiapine 100 mg tablet

Start Date:8/2/2017

Sig:Take 1 Tablet By Oral Route 1 at bedtime Take one tablet at bedtime as needed

Medication:quetiapina 100 mg tablet

Start Date:7/6/2017

Dosage:100mg

Frequency:HS PRN

Medication:omeprazole magnesium 20 mg capsule, delayed release

Start Date:1/11/2017

Dosage:2 capsules

Frequency:Take two capsules by mouth everyday

Medication:venlafaxine 75 mg tablet

Start Date:6/17/2016

Dosage:1

Frequency:take one capsule by mouth every morning for mood



2255 NW 10th Avenue, Miami FL 33127-2255

Client Name: Brian Wothers  
Age: 35  
Case Manager

Client Id: 2072  
Staff Name: Katelyn Lopez, BS  
Date/Time: 10/19/2017 9:00 AM to 10:00 AM

Employee Signature

*K. Lopez BS*

10/19/2017 9:53 AM  
Katelyn Lopez  
BS

Client Signature

*[Signature]*

10/19/2017 9:52 AM