



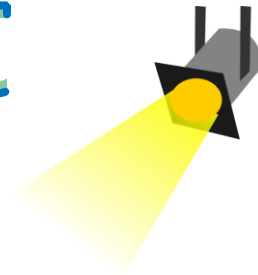
City Manager's

1/18/2019

WEEK-IN-REVIEW

in the

Spotlight



Palm Coast Community Center Recognized

The Palm Coast Community Center has been selected as a winner for the 2018 FRPA (Florida Recreation and Park Association) Facility Showcase. The Showcase highlights newly designed or renovated park or recreation facility spaces that serve communities across Florida and meet a number of factors. This is an honorable recognition for the newly renovated home for the City's Parks and Recreation Department. For more information about this prestigious recognition, see the attached news release below. To view all of the showcase winners, visit the FRPA website here

http://www.frpa.org/mbr/facilityshowcase?fbclid=IwARoSE74KXQpU_y3FMkNvFeeiER3y-eYH53fsM9q-UGglf953dUgKQtGDAFA.



The Palm Coast Community Center

Highlights

Mayors 90/90 Challenge:

It's a new year and many of us are looking for an opportunity to get back into shape. Join Mayor Milissa Holland for the Mayor's 90/90 Challenge, which kicked off on January 10th. The goal is to exercise at least a mile a day for 90 straight days (through April 9). Sign up and log your success at

www.palmcoastgov.com/healthy. And, we'd love to see your progress on Instagram using the hashtags #Mayors9090 and #HealthyPalmCoast. Don't miss your chance to participate in this exciting challenge!

Citizen's Survey:

Palm Coast residents are invited to take the Citizen's Survey now thru February 2nd. The survey can be taken online at www.palmcoastgov.com. Residents may also take the survey in person at Palm Coast City Hall, the Palm Coast Utility Office and the Palm Coast Community Center during regular business hours, Monday thru Friday, 8am to 5pm. The survey is anonymous and takes 10 to 15 minutes to complete. Don't miss your chance to shape Palm Coast's future! For more information, see the attached news release.



Announcements

*City Offices Closed Monday, January 21
In Observance of Dr. Martin Luther King Jr. Day*

*Palm Coast Men's 25K: A USTA M25 Event
Monday, January 21 thru Monday, January 28
Palm Coast Tennis Center*



*Thursday February 7 thru Sunday, February 10
Palm Coast Community Center*

Next Week:

- *Tuesday, January 22, City Council Special Mtg – City Manager Search, 9am, City Hall – Community Wing, 160 Lake Avenue*
- *Thursday, January 24, Beautification and Environmental Advisory Committee Mtg, 5pm, City Hall – Community Wing, 160 Lake Avenue*

Attachments

- Administrative Services & Economic Development Department Update
- BAC Update
- Public Works Department Update
- Community Development Department Update
- Fire Department Update
- Parks & Recreation Department Update
- Utility Department Update
- Humane Society Update

News Releases

- 2 More weeks to take the Citizen's Survey
 - Palm Coast BAC Website, business guide and business navigation services
 - Palm Coast Community Center selected in the 2019 FRPA Facility Showcase
 - Fire Department warns of phone solicitation scam
 - Community Center playground closing on Jan. 28 for mulch replacement
 - National Audubon Society exec to speak at Palm Coast's Birds of a Feather Fest
 - the February calendar of events
 - Road Closures on Florida Park Jan. 23 & Pritchard Jan. 24
-

Communications & Marketing

We are very excited to announce that the Palm Coast Business Assistance Center (the BAC) is helping businesses start the New Year off right with a new Business Guide, Business Navigation Services and business-friendly website! See all the details in the news release below and check out these new resources at www.PalmCoastBAC.com.

Our Division was also excited to be part of the announcement that the Palm Coast Community Center has been honored by being included in the 2019 FRPA Facility Showcase! Congratulations to Parks & Recreation! Read why we were selected in the news release below.

Other releases that went out this week include: Fire Department warns of phone solicitation scam, Community Center playground closing on Jan. 28 for mulch replacement, National Audubon Society exec to speak at Palm Coast's Birds of a Feather Fest, the February calendar of events; and Road Closures on Florida Park Jan. 23 & Pritchard Jan. 24.

We have officially signed up for National Mayor's Challenge for Water Conservation in April! The annual Citizen Survey is continuing – be sure to take the survey by Feb. 2 at www.palmcoastgov.com. Social media has been active, with posts on Facebook, Instagram and Twitter. See our post of the week the Mayor's 90/90 Challenge! It's not too late to join the Challenge.

City Clerk

- Processed 7 public records requests.
- Processed 1 litigation document.
- Prepared and processed 30 documents for recording.
- Prepared 6 agenda items.
- Prepared 1 proclamation.
- Prepared and posted 3 agendas to the web.
- Processed 1 bond.



Central Services Division

Purchasing:

Status	Ref. #	Project
Pending	ITB-PW-19-14	Sign Shop Materials
Open	ITB-UT-19-19	Master Services Agreement Contract for Solid Dried Lime Sludge removal, hauling and disposal from Water Treatment Plant #1.
Open	RFP-IT-19-21	City Wide VoIP Phone System
Open	RFQ-UT-19-24	SCADA Support Software (Rockwell Factory Talk) and PLC Maintenance
Open	LOI-CD-19-27	Request for Letter of Interest (LOI) for Wastewater Treatment Plant #1 Headworks Bypass System & Coating & Diffused Air System Improvements
Open	LOI-CD-19-28	Request for Letter of Interest (LOI) for Water Treatment Plants Nos. 1 & 2 Lime Sludge Handling, Removal & Disposal Study Engineering Services
Open	RFP-CD-19-29	Single Family Housing Rehabilitation Inspection Services
Evaluating	RFSQ-CD-18-49 / ITB-CD-18-49	Palm Coast City Hall Emergency Generator
Evaluating	RFSQ-UT-19-18 / ITB-UT-19-18	2019 Sanitary Sewer Lining
Completed	RFSQ-SW-18-10	Professional Stormwater and Environmental Engineering Services
Completed	RFSQ-CD-19-12	Professional Utility Engineering Services
Completed	RFSQ-CD-19-02 / ITB-CD-19-02	Pump Station "D" Improvement
Completed	ITB-CD-19-04	Backup Power to Five (5) Pump Stations FEMA Contract #4283-27-R
Completed	ITB-CD-19-05	Backup Power to Five (5) Pump Stations FEMA Contract #4283-31-R
Completed	ITB-CD-19-06	Backup Power to Five (5) Pump Stations FEMA Contract #4283-33-R
Completed	ITB-CD-19-07	Backup Power to Five (5) Pump Stations FEMA Contract #4283-34-R
Completed	ITB-CD-19-08	Backup Power to Five (5) Pump Stations FEMA Contract #4283-35-R
Completed	ITB-CD-19-09	Backup Power to Five (5) Pump Stations FEMA Contract #4283-36-R
Completed	ITB-CD-19-25	Resurfacing of Clay Tennis Courts

Contracts Processed:

- ❖ Waste Management Inc. of Florida – Commercial Solid Waste Franchise Agreement – Franchise – 3/1/2019 – 3/1/2020
- ❖ J P Morgan – Piggyback Contract for Banking, Custody, Lockbox, and Purchasing Card Services – RFP 4417 – 1/11/2019 – 3/16/2023
- ❖ Diamond R. Fertilizer Co., Inc. – MPA for Landscape Chemicals and Fertilizer – ITB-PW-19-13 – 1/18/2019 – 1/17/2020
- ❖ SiteOne landscape Supply, LLC – MPA for Landscape Chemicals and Fertilizer – ITB-PW-19-13 – 1/18/2019 – 1/17/2020
- ❖ W W Gay Mechanical Contractor, Inc. – Piggyback Contract for Plumbing Services – 2016-35 – 1/18/2019 – 3/9/2019

BUSINESS ASSISTANCE CENTER



The Palm Coast Business Assistance Center Services Provided by the SBDC at UCF

Located at City Hall
160 Lake Avenue
Palm Coast, Florida 32164
(386) 986-2499
www.PalmCoastBAC.com

BUSINESS CONSULTING

- This Week – 6 Consulting Sessions, 26 Consulting Hours
- Total for Month – 19 Consulting Sessions, 70 Consulting Hours

NEW PALM COAST COMMERCIAL BUSINESSES

- Sherlock's Watch – Unclassified Personal Service
- Rocky Giannetta Enterprises – Handyman Service
- Man Magic Customs LLC – Handyman Service
- Fisher's Heat & Air Inc - Certified A/C Contractor

NEW PALM COAST HOME BASED BUSINESSES

- Richard A. Price – 1 Hargrove Grade – Attorney

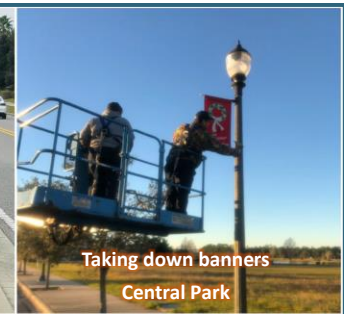
PUBLIC WORKS – Nestor Abreu, Director



Clearing pathways – Hidden Lakes



Aerating medians
Belle Terre Pkwy



Taking down banners
Central Park



Irrigation repair
Belle Terre Pkwy



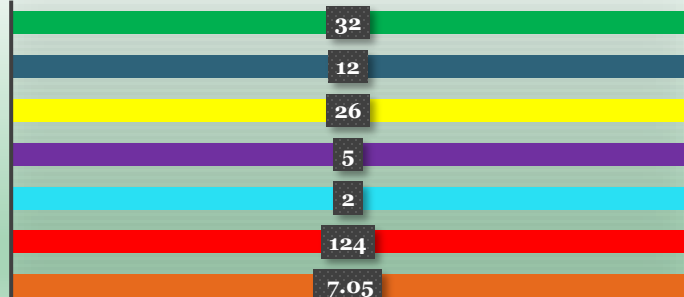
Adding fresh mulch
Seminole Woods Park



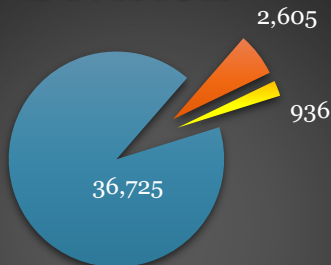
Preparing playground equipment for replacement – Waterfront Park

Parks & Medians Division

SAFETY INSPECTIONS ON PLAYGROUNDS, PARKS & TRAILS
INSPECT MEDIAN IRRIGATION ZONES
PARKWAY MEDIAN MAINTENANCE
INSPECT PKS & ATHLETIC FIELD IRRIGATION ZONES
ATHLETIC FIELDS PAINTED
PARKS & TRAILS SIGN INSPECTIONS
PARKS & HIKING TRAILS INSPECTIONS # MILES



Stormwater Division



- Graded residential swale maint - LF
- Culvert pipe cleaning - LF
- Ditch maintenance - LF



Ditch maintenance – BL section



Improving ditch end
stormwater flow
Hargrove Grade



Ditch maintenance
Old Kings Road



Swale grading
Ferguson Court

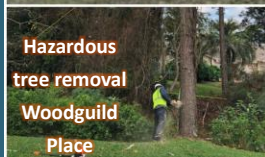
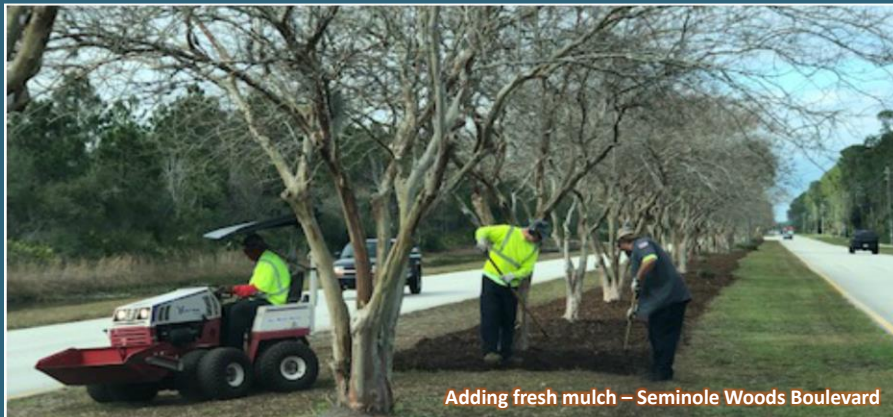
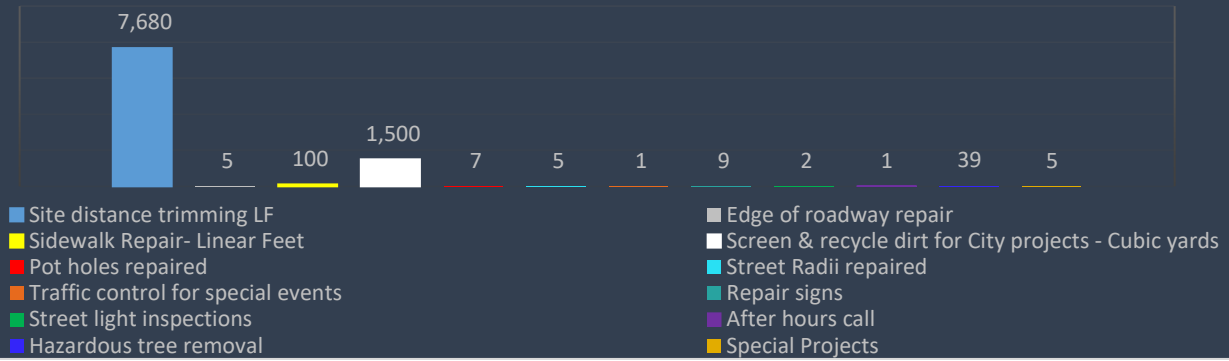


Swale grading
Black Hawk Place

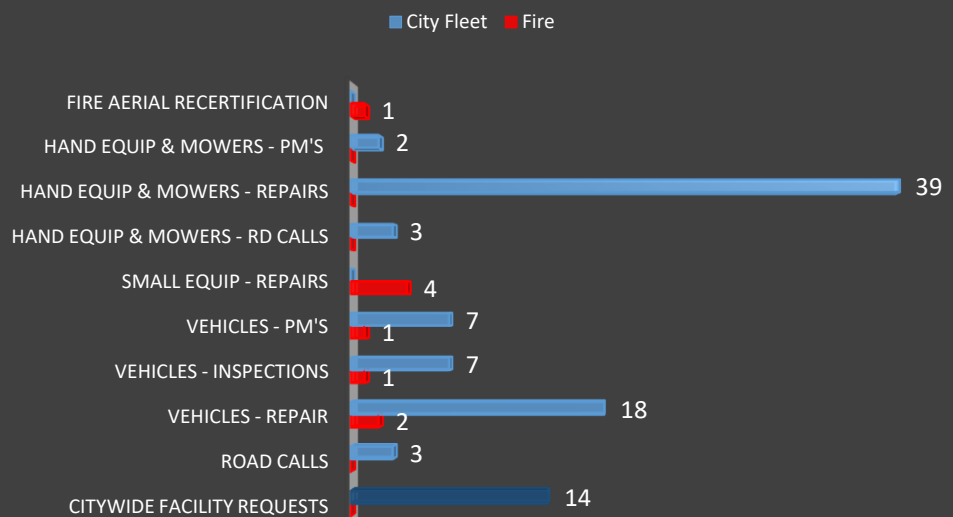


Culvert pipe cleaning – Flatrock Lane

Streets Division

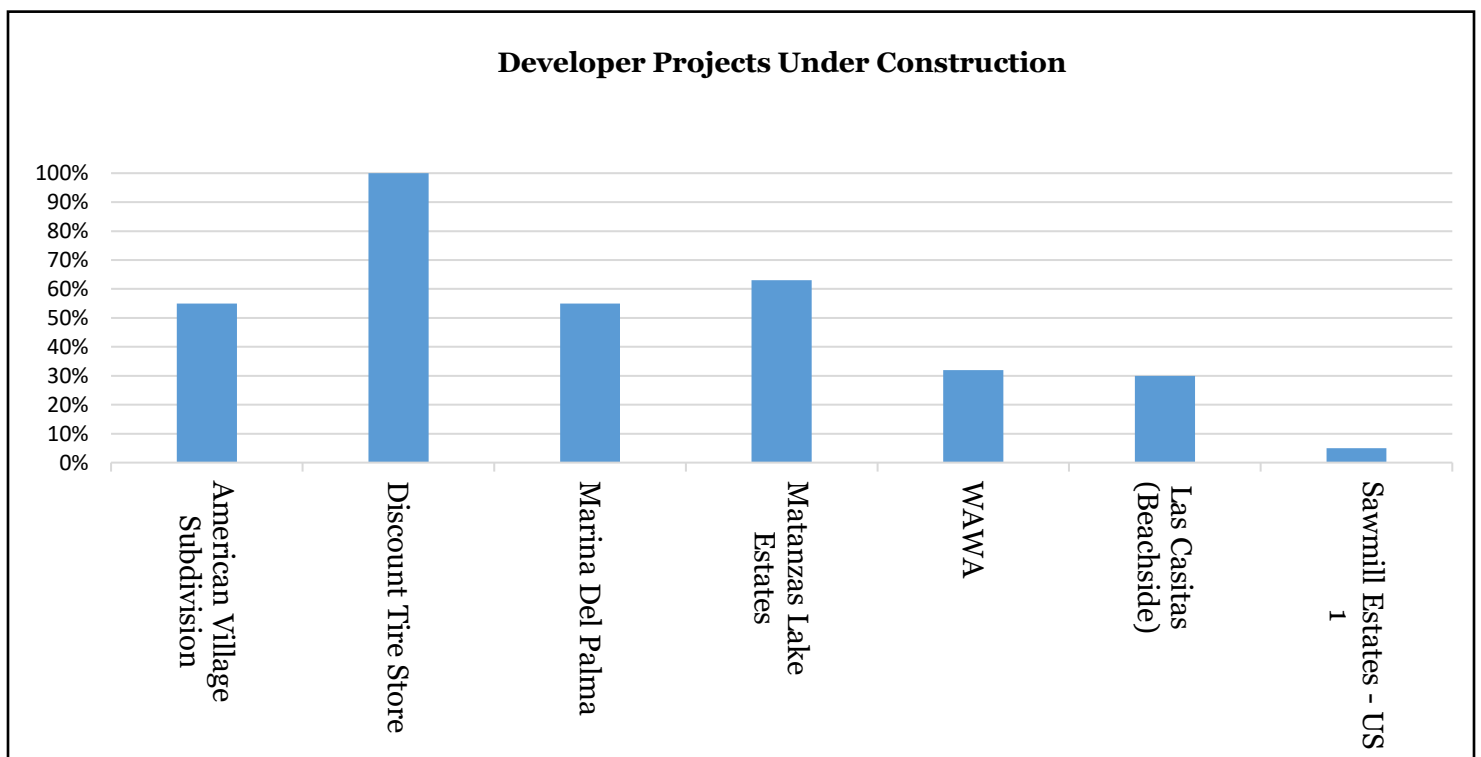
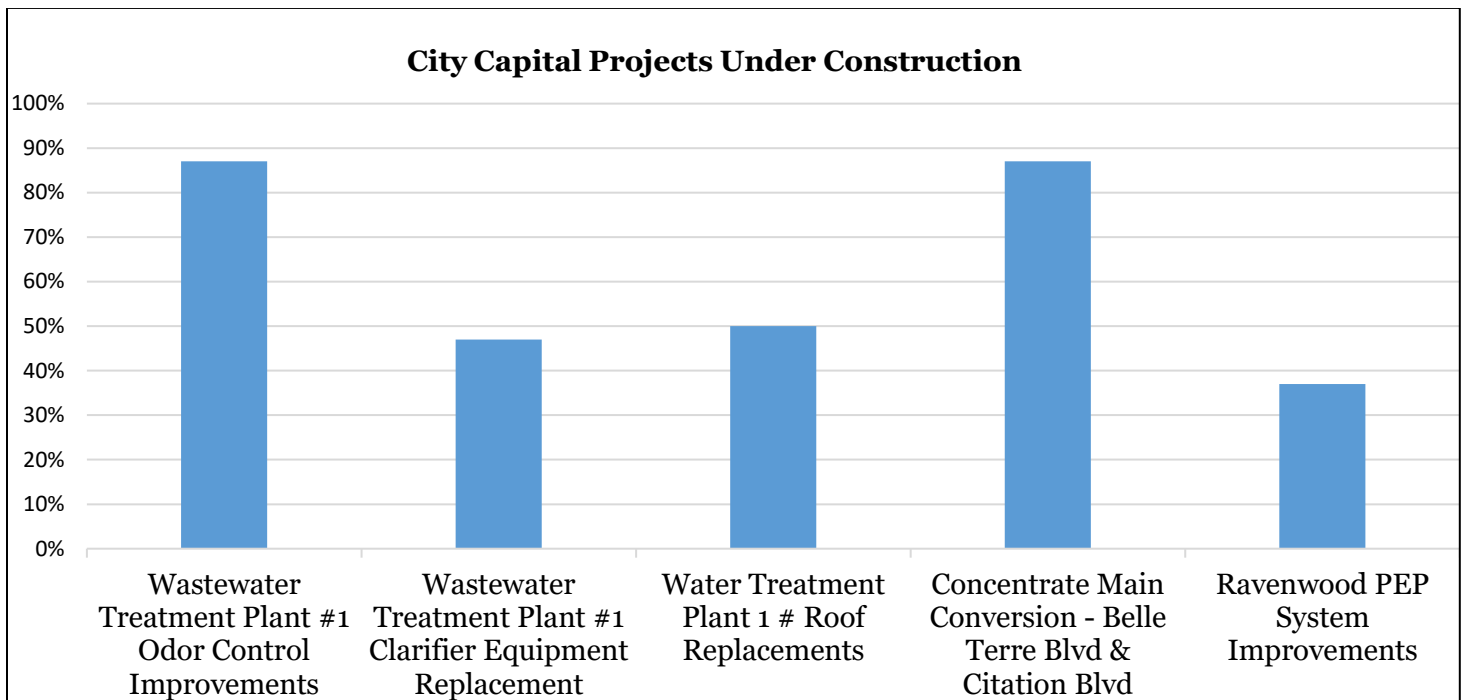


Facility & Fleet Service



COMMUNITY DEVELOPMENT – Stephen Flanagan, Director

*DEVELOPMENT FOR THE PROTECTION OF THE CITY'S
NATURAL RESOURCES, PUBLIC HEALTH, SAFETY, AND WELFARE.*



Commercial Permits Issued			
470 Bulldog Drive (The Palms at Town Center)	3 Story Apartment - 36 Units	HTG Gomez Construction	\$3,185,000
470 Bulldog Drive (The Palms at Town Center)	3 Story Apartment - 26 Units	HTG Gomez Construction	\$2,035,000
470 Bulldog Drive (The Palms at Town Center)	Clubhouse	HTG Gomez Construction	\$384,000
470 Bulldog Drive (The Palms at Town Center)	3 Story Apartment - 26 Units	HTG Gomez Construction	\$2,420,000
5200 State Hwy 100 E - Suite 107	Interior Renovations - Hand & Stone Massage	DHP Construction	\$300,000
1070 Palm Coast Parkway NW Suite 5	Interior Renovations- Italian Ice Shop	Dacom Home Improvements	\$25,000
Occupancy Permits Issued			
2298 Colbert Lane	Homeowners Financial Group	Rose Dinglasan	
1 Hargrove Grade Bldg. A Suite 1E	Richard Price Attorney at Law	Richard Price	
531 Cypress Edge Drive	Royal Palms Pest Control	Rafael Medina	
Development Applications			
Technical Site Plan Tier 1	O'Reilly's Auto Parts Store ; Location: St. Joe Corporate Park, south side of Palm Coast Pkwy. Eastbound	John Ligon	
Construction value improvements from October 1, 2018 to date			\$85,750,623
Residential Single Family / Duplex Residences			22

Spotlight Projects

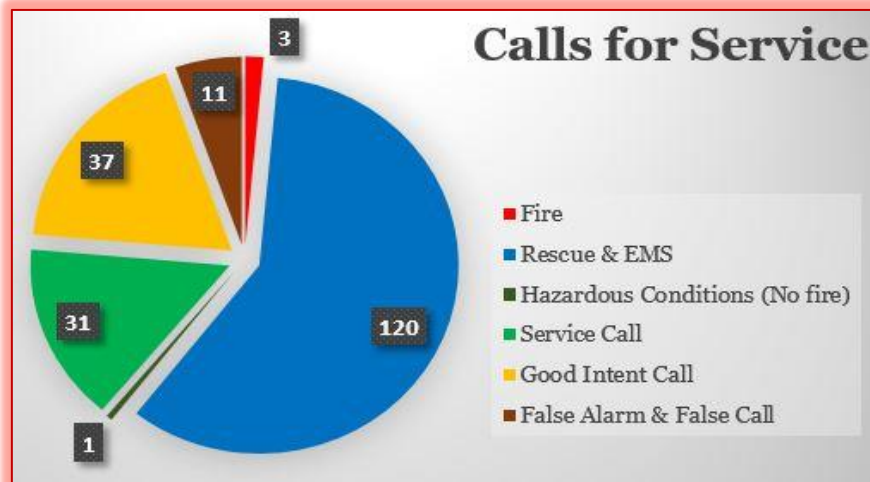
Discount Tire is Now Open

City of Palm Coast's first Discount Tire store located in the Home Depot Subdivision at 140 S. Garden Street opened its doors on January 10th 2019. The facility has a total of 7,373 sq. ft., with bays and office/lobby area.



1st Discount Tire Store in Palm Coast





GUIDANCE

Tip of the Month:

Move Over, It's the Law – Florida law requires you to Move Over a lane — when you can safely do so — for stopped law enforcement, emergency, sanitation, utility service vehicles and tow trucks or wreckers. If you cannot move over — or when on a two-lane road — slow to a speed that is 20 mph less than the posted speed limit.

PSA –Florida Highway Safety & Motor Vehicles - Move Over Florida, It's the Law

<http://bit.ly/FLMoveOver>

Volunteer Intern

“Become a Volunteer”

<http://www.palmcoastgov.com/government/fire/volunteer>

Register for Basic First Aid & CPR or Healthcare Provider:

<http://www.palmcoastgov.com/government/fire/cpr>

COMMUNITY OUTREACH

Basic First Aid & CPR:

January 19 th	Class is Full
February 23 rd	9 openings
March 23 rd	12 openings

Healthcare Provider:

March 22 nd	6 openings
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DEPARTMENT ACTIVITIES

Flagler Palm Coast High School students and Volunteer Firefighter Intern applicants have a total of 42 “Ride-Along” hours this week.

The Palm Coast Fire Department welcomed Deputy Chief Bradd Clark to the Palm Coast Family. In addition, this week our apparatus were pump tested and respiratory equipment were hydro tested. Our firefighters also did their annual FIT Testing for their SCBA's

The Palm Coast Fire Department launched its official Facebook Page. You can visit the page at www.facebook.com/palmcoastfire for more photos and updates on the department's activities.



We welcomed Deputy Fire Chief Bradd K. Clark to the Palm Coast Fire Department

HIGHLIGHTS

Pump Testing

This week we have Firetech Testing & Repair with us for our annual pump certification testing. Fire pumps are critical parts of our fire protection system, as they provide water supply, volume & pressure needed for fire suppression.



Firetech Testing & Repair performing annual pump test on one of the Rosenbauer Triplets

Fit Testing

This week our crews are doing fit tests of our respiratory protection equipment. We also have Fisher Safety hydro testing all of our air bottles. We are ensuring our firefighters have the best working respiratory equipment to allow us to enter smoky & toxic atmospheres to fight fire & save lives.



Lt. Omar Kanaan performs the Fit Test for Battalion Chief Sean Major

Forcible Entry Training

The tools of the month in January are the K-Tool & R-Tool. These tools allow us to pull a cylinder lock and go through the lock to gain entry to a structure. Lt. Kozloski built a small forcible entry prop that Engine 24 crew had the opportunity to utilize for hands-on training.



DE Dan Bouillon & FF Junelle Steward utilizing the R-Tool to get through a cylinder lock prop

Parks & Recreation – Alex Boyer, Director

We recently applied for and received a grant for our Eddie Eagle GunSafe Program. This \$2800 grant awarded us our own Eddie Eagle mascot costume. We initiated the Eddie Eagle GunSafe Program last fall. It is a gun accident prevention program developed by a task force made up of educators, school administrators, curriculum specialists, urban housing safety officials, clinical psychologists, law enforcement officials and National Rifle Association (NRA) firearm safety experts with the mission to teach children four simple, easy to remember steps so they know what to do if they ever come across a gun: STOP! Don't Touch. Run Away. Tell a Grown-up. These classes are taught by a certified NRA instructor and we have also partnered with the Flagler County Sheriff's Office on it.

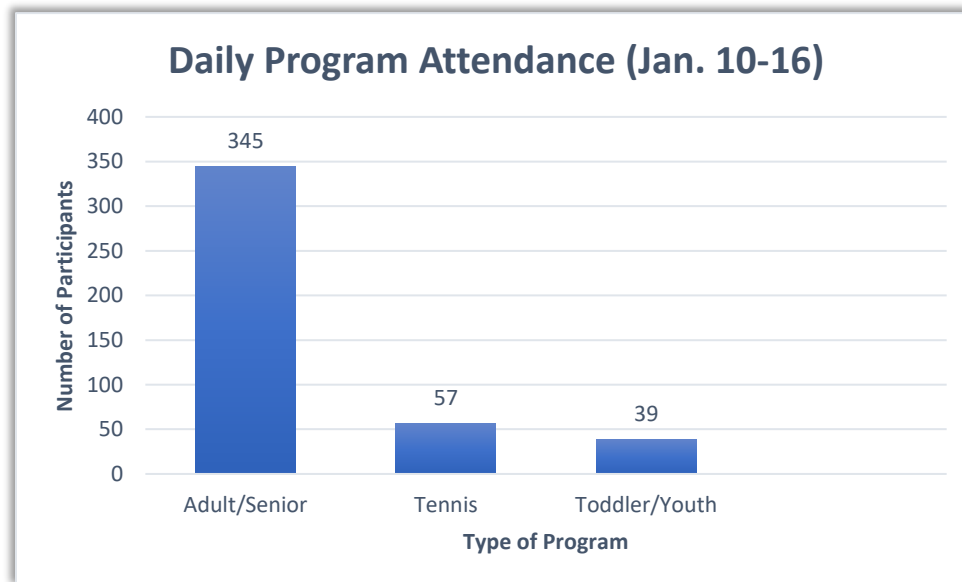
This week we have been preparing for the Palm Coast Men's 25K: A USTA M25 Event, formerly known as the Palm Coast Men's Futures Tournament. The M25 event starts on Monday, Jan. 21 and will continue through Sunday, Jan. 27. This year's event is up from a \$15,000 purse to a \$25,000 purse bringing in a higher caliber of players. Highlights will include qualifying rounds, a Pro-Am, finals, and a Net Generation Kid's Day. For more information, visit www.parksandrec.fun/events and refer to either the M25 Event or the Net Generation Kid's Day.

Winter/Spring 2018-19 Activity Guide

<http://www.palmcoastgov.com/recreation>

Online Registration & Activities List

<http://www.parksandrec.fun>



Programs Offered this Week

Adult/Senior

Weekly Senior Social Programs
Dance with Me Ballroom Dancing
Line Dancing
West Coast Swing
A Matter of Balance
Milk and Cookies Social

Health & Wellness

Yoga for All & Gentle Yoga
Better Balance through Tai Chi
Mayor's 90/90 Challenge

Athletics

Open Pickleball

Tennis – Adults

Beginner's, Cardio, Morning Blast,
Doubles Skills, & Round Robins

Tennis - Youth

Tennis Tots
Rallies (Rookie, Red, Orange, & Green)
Junior Development

Toddler/Youth/Teen

Beginning Ballet
Cooking is Science
Kids in the Kitchen for Homeschoolers
Jack Frostivities Holiday Break Camp
Eddie Eagle GunSafe Program

2019 Palm Coast Men's 25K: A USTA M25 Event

Spectators welcome!

Jan. 21-Jan. 27

palmcoastgov.com/tennisfutures
386-986-2550

Palm Coast Tennis Center
World Tennis Tour
USTA PRO CIRCUIT

Palm Coast Men's 25K: A USTA M25 Event



Eddie Eagle

COMING UP

Jan. 21-27 – Palm Coast Men's 25K: A USTA M25 Event

Feb. 1 – Coffee Series

Feb. 7 – Discover Trip to Circle B Bar Reserve

Feb. 7-10 – Birds of a Feather Fest

Feb. 22 – Discover Trip to St. Johns River Cruises

Feb. 22 – Parents' Night Out

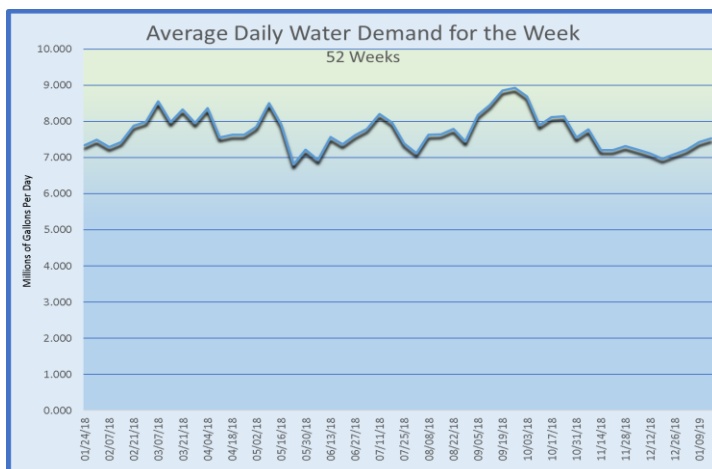
Feb. 22 – The Chill Zone for Teens

Feb. 23 – Doubles Cornhole Tournament

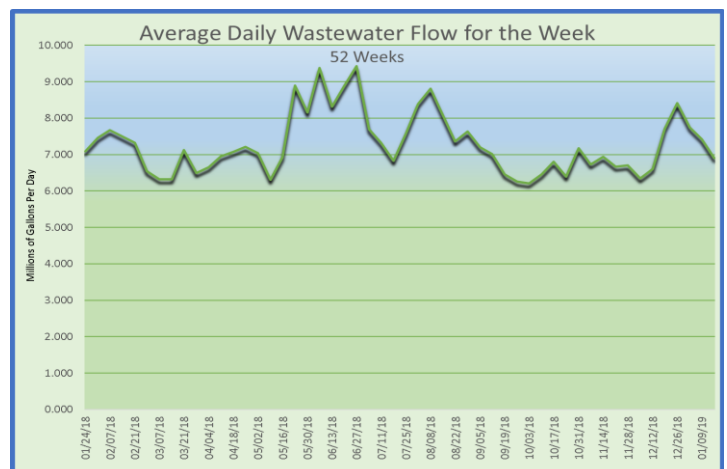
Utility – Richard Adams, Director

1-17-2019

- The average water demand for this week was 7.529 million gallons per day.
- The average wastewater flow for the week was 6.905 million gallons per day.
- The unidirectional flushing operation will continue on January 28th and crews will be working in Section 58 which includes Sesame Boulevard and surrounding streets.
- Water Distribution crews installed 16 new water meters.
- There are 354 new meter installations pending with 73 lots cleared, and an average installation time of 4 weeks.
- Wastewater Operations installed 16 new PEP tanks and replaced 1 tank.
- There are 26 new PEP tanks pending and 5 PEP tank replacements pending. Currently all new tanks are being installed within 8 days of site ready.
- There were 67 calls after hours.
- Water Distribution crews replaced 6 water service lines, repaired 1 water service line, 5 manifolds, completed 17 meter pit adjustments/replacements and tested and repaired 102 backflow preventers.
- Wastewater crews replaced 29 PEP pumps, 9 ball valves and boxes, 45 floats, 2 back lids and 5 cleanout caps. Crews installed 10 new PEP pump assemblies and 11 PEP pump electric assemblies and repaired 1 service lateral. Inspected 5 manholes and 3 annual maintenance pump station inspections.
- The Environmental Compliance and Water Quality Teams reviewed the existing Lead and Copper plan. We are in the process of updating the list of customers and adding additional customers that collect the samples for lead and copper testing. We are providing the customers with detailed information on why the program is in place and instructions on how to sample within their home.
- Wastewater Operations completed installation of Biorem Odor Control System at Pump Station 58-1 and placed online, and started installation of 3rd unit at Pump Station 59-1.
- Staff from Wastewater Operations installed three more LED security lights at various pump stations.
- PBM Constructors returned Filter #2 at Wastewater Treatment Plant #1 which was sent off site for rehabilitation. PBM and staff from the plant installed the filter. PBM also removed Filter #3 which will be sent offsite for rehabilitation.



The average water demand for the week was
7.529 million gallons per day.



The average wastewater flow was
6.905 million gallons per day

HIGHLIGHTS WASTEWATER OPERATIONS

- On January 10th, Wastewater Operations installed two new PEP tanks adjacent to each other, located on Burning Ember Lane. One of the PEP tanks installed was for a new home under construction and the other PEP tank was in need of replacement. Part of the installation includes plumbing and electrical work.



- On January 14th, Wastewater Operations repaired a damaged sewer lateral that serves 2 homes located on Wedgewood Lane. The damaged portion of the clay line was replaced with PVC piping. Both homes were without service for a 1/2 hour. This was a scheduled repair for this project.





NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, Communications & Marketing Manager
386-986-3708; cell 386-214-4729

Jan. 18, 2019

Palm Coast residents invited to take the Citizen Survey now through Feb. 2

Palm Coast – Palm Coast residents have two more weeks to take the 2018-2019 Palm Coast Citizen Survey. The survey is ongoing now through Saturday, Feb. 2.

The survey can be taken online at www.palmcoastgov.com. Residents can also take the survey in person during regular business hours of 8 a.m. to 5 p.m. weekdays at Palm Coast City Hall, 160 Lake Ave.; at the Palm Coast Utility Office, 2 Utility Drive; and at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE.

The City is conducting the survey as part of its annual Strategic Action Planning process. The survey covers a variety of topics related to quality of life; City services such as stormwater drainage, street maintenance, garbage, recycling and streetlights; recreational programs and events; amenities such as parks, trails; economic growth and development; traffic flow; and crime prevention and public safety. It also allows residents to provide comments on any subject they'd like to share with the City.

"I ask all Palm Coast residents to take this year's Citizen Survey – we want to hear from you," said Palm Coast Mayor Milissa Holland. "The City Council carefully considers survey responses and comments and uses the input to improve City services."

Responses received from residents will be presented to the Palm Coast City Council on Feb. 26 and will be used by Council Members for strategic planning and to set priorities for the coming months and years.

"The City Council and staff evaluate the survey results and use them to guide future City priorities and budget decisions," Bevan said. "This is a great opportunity to voice your opinion on matters related to the future of Palm Coast."

To review past years' Citizen Survey results, visit www.PalmCoastGov.com/about/citizen-survey.

For more information, contact Cindi Lane, Palm Coast Communications & Marketing Manager, at 386-986-3708 and clane@palmcoastgov.com.

LOGO ATTACHED: two versions – horizontal and vertical



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, Communications & Marketing Manager

386-986-3708; cell 386-214-4729

Jan. 16, 2019

Palm Coast BAC offers new Business Guide, Business Navigation Services, business-friendly website

Palm Coast – The Palm Coast Business Assistance Center (BAC) is ringing in the New Year by offering new and expanded tools to aid local businesses – including the launching of a business-friendly website, a step-by-step Business Guide to assist business owners and entrepreneurs alike, and Business Navigation Services to provide technical and permitting assistance.

These free resources are available online at www.PalmCoastBAC.com. Print copies of the new BAC Business Guide are also available at the BAC office at Palm Coast City Hall, 160 Lake Ave.

The updated website makes it easy for anyone to request a consultation from the BAC. The center provides expert advice and business tools at no cost – on topics such as business start-up, sources of capital, marketing and sales, financial analysis/cost control, inventory control, accounting and records, business liquidation, government procurement, international trade, and more.

The new Business Guide is an easy-to-use resource to assist small business owners and entrepreneurs in understanding the municipal processes in Palm Coast and to save them time and money by following a defined process with expected results. The guide explains how to get a business started in Palm Coast and provides detailed information on permits and licenses needed for different businesses.

Through its Business Navigation Services, the BAC assists business owners in the process of securing development project approvals, such as federal, state and local permitting and licensing requirements. This new service allows the BAC to be a one-stop shop source and advocate when dealing with the sometimes cumbersome and technical process when growing or expanding a business.

The new BAC website, Business Guide and Business Navigation Services are part of the Palm Coast City Council's ongoing effort to improve processes and services, including helping

businesses navigate across City departments as their projects develop, businesses are expanded and new business concepts become a reality.

“We recognize that starting a business is a complex process, especially if it’s your first venture and you’re trying to navigate the required permitting and licensing on your own,” said Ray Peter, Area Manager for the Palm Coast BAC, which is a partnership with the Florida SDBC at the University of Central Florida (FSBDC at UCF). “The Business Guide will be your roadmap on this journey, and the BAC staff will be there to guide you through it.”

With the new website and guide comes a new look and logo for the Palm Coast BAC. The logo features a “Palm Coast palm tree” design element and modern block lettering.

In addition to offering the Business Guide, the new BAC website has dozens of free resources, including videos, to help businesses get off the ground and grow. The site has a calendar of upcoming business-related events and shares success stories from previous clients of the Palm Coast BAC. It is designed to be a comprehensive resource providing everything a small business owner or entrepreneur would need.

“We hope that our business community will take advantage of these free resources to make their businesses a success,” said Palm Coast Mayor Milissa Holland. “When our local businesses thrive, our entire City and County benefit.”

For more information, contact the Palm Coast BAC at 386-986-2499 or visit www.PalmCoastBAC.com.

Photo: Pictured is the entrance to the Palm Coast Community Center.



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, APR, Communications & Marketing Manager

Office: 386-986-3708; cell: 386-214-4729

Jan. 14, 2019

Palm Coast Community Center honored for design, contribution to residents

Palm Coast – Palm Coast Parks & Recreation is thrilled the Community Center has been selected as a winner for the 2018 FRPA Facility Showcase, which highlights newly designed or renovated park or recreation facility spaces that serve communities across Florida.

FRPA (Florida Recreation and Park Association) is a non-profit organization dedicated to the promotion, preservation, and advocacy of the Parks, Recreation, and Leisure Services profession.

Each year, the FRPA Journal winter edition features these facilities as a sort of yearbook of the achievements made throughout the Sunshine State. The Palm Coast Community Center, which reopened last year following a major \$8 million dollar renovation and expansion, was chosen to be showcased based on a number of factors:

- contribution to community health and community building;
- economic impact;
- environmental considerations and effects;
- collaborative efforts/partnerships; and
- unique features and community benefits.

In order to be considered for this distinguished honor, the Parks & Rec team had to complete an extensive application with the organization, demonstrating how they met the above factors. The showcase of all winners including Palm Coast can be viewed here:

<http://www.frpa.org/mbr/facilityshowcase>.

“We are honored that the new home for Parks & Rec was selected for the showcase,” said Alex Boyer, Director of Palm Coast Parks & Recreation. “The renovation and expansion of the Community Center has allowed us to reach a wider demographic, as well as increase our number of activities offered to our community. It is a place that people of all ages can come together and recreate.”

The Palm Coast Community Center reopened March 23, 2018, boasting 21,000 square feet with a grand entrance. Its size was tripled, and it was transformed into a multi-generational facility offering many popular programs ranging from youth to seniors.

“The ‘new’ Community Center is truly the heart of our community, providing residents so many opportunities to socialize, exercise, learn and meet their neighbors,” said Palm Coast Mayor Milissa Holland. “We are so proud of what we’ve built here, and we are very excited that we’ve been selected for the FRPA Facility Showcase. Congratulations to Alex Boyer and the entire Parks & Recreation Department for this honor and for expanding the recreational programming for everyone in our beautiful City.”

On the outside, it features a new state-of-the-art playground, picnic tables, a lighted basketball court, fountain feature and restroom facilities. The highlight of the facility is the trailhead that connects the site to the City’s vast trail system of over 125 miles of trails and bike paths. It truly offers residents an opportunity to be healthy while rooted in nature.

On the inside, it features a contemporary coastal design throughout the building. The expansive lobby area with soaring ceilings connects to more room space than ever before. As the primary destination for meetings, business conferences, parties and receptions, the four large rooms (compared to the previous two) are available for rent. One of the rooms is 5,000 square feet with an attached catering kitchen, while another room has rubberized floors for fitness and active programs. With the additional space, it centrally serves as a hub for the community and social engagement in the City.

Many environmental considerations were factored into the facility’s design, as it was built to LEED standards for environmental sustainability and resource efficiency. The LEED (Leadership in Energy and Environmental Design) rating system, developed by the U.S. Green Building Council (USGBC), is the foremost program for buildings, homes and communities that are designed, constructed, maintained and operated for improved environmental and human health performance. Some of the features relating to this include solar sensors that dim interior lights, grass parking, and low flow showerheads and toilets. A partnership with FPL allowed for an outdoor solar canopy that provides shade to a portion of the parking lot and generates enough energy to light the parking lot at night.

Local sales tax revenues, generated by residents and visitors shopping in Palm Coast, funded most of the project’s cost. The City paid for the project in full without having to borrow any funding – a classic example of the power in buying local.

Several companies worked on this project with the City including architectural firms S&ME Company and Stantec Architecture, engineering firm OCI Associates and construction manager Ajax Building Corporation.

The Community Center serves more than 82,000 residents in Palm Coast reaching a grand total of 105,000 residents throughout Flagler County. It is open Monday through Friday from 8 a.m. to 6 p.m. It is closed Saturday and Sunday, except for rentals or Parks & Rec activities. The trail head, playground, and basketball courts are open seven days a week.

For more information about programs and activities offered through the Community Center, visit www.parksandrec.fun and select Community Center on the left under “Location” or call Parks & Rec at 386-986-2323.



NEWS RELEASE – City of Palm Coast

Contact: Patrick Juliano, Fire Public Information Officer
386-986-2488; cell 386-290-9722

Jan. 15, 2019

Palm Coast Fire Department warns of Phone Solicitation Scam

Palm Coast – The Palm Coast Fire Department would like to warn residents of a telephone scam solicitation for donations for the Palm Coast Fire Department.

The Palm Coast Fire Department and its partners, the Palm Coast Volunteer Fire Rescue Inc. and the Palm Coast Professional Firefighters Local 4807, would never call residents soliciting a donation. The Palm Coast Volunteer Fire Rescue Inc. biennial fund drive is a mail campaign scheduled for early 2020.

If you believe you have become a victim of a scam, please contact the Flagler County Sheriff's Office at 386-313-4911.



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, APR, Communications & Marketing Manager

Office: 386-986-3708; Cell: 386-214-4729

Jan. 15, 2019

Playground at Palm Coast Community Center to be closed temporarily, on Jan. 28

Palm Coast – The playground and patio area at the Palm Coast Community Center will be closed temporarily, from 8 a.m. to 4 p.m. Monday, Jan. 28, for installation of new mulch.

The basketball courts and trailhead at the Community Center, 305 Palm Coast Pkwy. NE, will remain open during the project.

The City of Palm Coast apologizes for any inconvenience – and appreciates the patience of children and their parents as it completes this important playground upgrade.

For a list of other City parks, many of which have playgrounds, visit www.palmcoastgov.com/parks.

For more information, call Palm Coast Parks & Recreation at 386-986-2323.

2 Photos: Portrait of David Ringer; Also: National Audubon Society Chief Network Officer David Ringer, keynote speaker for the Birds of a Feather Fest, is an avid birder. (photo credit: Mike Fernandez/Audubon).

Please share our short video promo: <https://youtu.be/srKD0jlok84>



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, APR, Communications & Marketing Manager

Office: 386-986-3708; cell: 386-214-4729

Jan. 15, 2019

National Audubon Society exec to deliver keynote lecture on ‘Protecting Birds Together’

Palm Coast – National Audubon Society executive David Ringer, who was on the front lines of the 2010 BP oil spill for Audubon, will speak about humans’ impact on birds and how people can work together to protect their future at the City of Palm Coast’s upcoming Birds of a Feather Fest.

Ringer’s free keynote lecture, “Protecting Birds Together, Today and Tomorrow,” will begin at 6:30 p.m. Friday, Feb. 8, at the Palm Coast Community Center located at 305 Palm Coast Pkwy NE. The program is free, but participants are asked to register in advance at www.birdingfest.com.

Bird populations are a good indicator of overall environmental health; they point to habitat changes, disease outbreaks and an increase in pollution. Birds are an important part of the food chain, and they also pollinate plants, disperse seeds and create fertilizer for farming.

“Decreasing numbers of birds or a particular species can tell us much about an ecosystem and how it’s doing,” said birder Jason Giraulo, the City’s Digital Communications Coordinator.

“For example, you can gauge how the waters of the Everglades are doing based on the population of wading birds. The wading birds that live there depend on prey food such as fish and invertebrates, and so a decline in the number of birds indicates that there is a shrinking population of prey. This is likely due to water quality issues,” said Giraulo, who coordinates the Birds of a Feather Fest.

An avid birder, Ringer is based at Audubon’s national headquarters in New York City. As the National Audubon Society’s Chief Network Officer, he oversees a vast, distributed network of hundreds of Audubon chapters, more than 40 Audubon nature centers, partner organizations, and thousands of deeply committed advocates and volunteers.

Ringer leads Audubon's Bird-Friendly Communities program, which engages people in practical, joyful solutions to protect birds and special places and to make communities healthier for people, too. He is a leader in Audubon's equity, diversity, and inclusion work, and he oversees Audubon's public relations and communications team.

Ringer previously served as Audubon's national communications director, overseeing communications, public relations, and social media, and before that as Audubon's communications director for the Gulf of Mexico and Mississippi Flyway. He was Audubon's front-line public relations manager in Louisiana during the BP oil disaster.

Before joining the Audubon staff, Ringer provided a wide variety of communications and media for non-governmental organizations around the world, an experience that took him to more than 25 countries on six continents. He writes about bird taxonomy and systematics and other natural history topics. His love of birds began in childhood, and his connection to Audubon started in high school, when he joined the Greater Ozarks Audubon Society of Springfield, Missouri.

The 5th annual Birds of a Feather Fest will be held Feb. 7-10, offering guided birding trips, workshops, social events and family activities for both beginners and experienced birders. Visit www.birdingfest.com for the schedule and to register for Ringer's talk and other activities. Event headquarters this year will be the Community Center. The festival is sponsored by Florida Power & Light, the Palm Coast Observer and Wild Birds Unlimited.

For more information, contact Cindi Lane, APR, Communications & Marketing Manager for the City of Palm Coast at clane@palmcoastgov.com and 386-986-3708.



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, Communications & Marketing Manager
386-986-3708; cell 386-214-4729

Jan. 17, 2019

City of Palm Coast announces events, activities for February 2019

Palm Coast – The City of Palm Coast has a variety of upcoming events and recreational and sports activities that are open to the public. See a list of programs at www.parksandrec.fun.

For activities that require advance registration, space may be limited, so please register early. Palm Coast Parks & Recreation can be reached at 386-986-2323.

Special Events for February:

Feb. 1 – **Coffee Series** – Friday, Feb. 1, 9-10 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. This month's topic: "Let's Talk Tech, Learn the Basics" with Andy Barr of Tech Talk Studios. The event is free, but pre-registration is required (while space available) by 9 a.m. Jan. 30: www.parksandrec.fun/adults. More info: 386-986-2323.

Feb. 1 through May 24 – **Zumba Gold** – Fridays, Feb. 1-May 24, 9-10 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. This class is perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity. This class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. \$5/class. Pre-registration required at www.parksandrec.fun/wellness. More info: 386-986-2323.

Feb. 2 – **Palm Coast Historical Society Lecture Series** – Saturday, Feb. 2, 10 a.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. The Palm Coast Historical Society will offer free monthly lectures through May. This month: Brendan Burke, Associate Director of Archaeology at St. Augustine Lighthouse & Maritime Museum, will discuss Florida's 50+ lighthouses. Free, with light refreshments served. Advance registration is not required. More info: 386-986-3708 or www.palmcoasthistory.org.

Feb. 4 – **Lil Sensory Explorers** – Monday, Feb. 4, 10-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Little ones are eager to play and explore! In each class, we will look at picture books, focus on different sensory activities, and create a handmade craft to take home. Other sessions on Feb. 18, March 4 and 25. \$5/person (for entire session). Register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Feb. 4, 11, 18 – **Women's Self-Defense** – Mondays, Feb. 4, 11, 18, 6-8 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Learn effective methods to ward off attackers in

this three-day class taught by Sgt. Michael Lutz of the Flagler County Sheriff's Office. Limited to 40 spots and they fill fast! For ages 12 and up. Must attend all three classes. Free but pre-registration required by Feb. 2 at www.parksandrec.fun/adults. More info: 386-986-2323.

Feb. 4 through May 15 – **REFIT Revolution Family Fitness** – Mondays and/or Wednesdays, Feb. 4-May 15, 5:30-6:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. REFIT is a judgment-free fitness experience that uses powerful movements and positive music combined with resistance-training elements to give you and your family a total body workout! FREE but please pre-register due to space at www.parksandrec.fun/wellness. More info: 386-986-2323.

Feb. 5 through 26 – **Awesome Art** – Tuesdays, Feb. 5-26, 2-3 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Inspired by your own world and the work of artistic geniuses, this program provides youth ages 8-12 with the techniques and confidence to build up your art portfolio. \$5/class with pre-registration required at www.parksandrec.fun/youth. More info: 386-986-2323.

Feb. 5 through 26 – **Physical Recreation** – Tuesdays, Feb. 5-26, 2-3 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. For ages 8-12, this isn't your grandpa's old PE class! Free but please register at www.parksandrec.fun/youth. More info: 386-986-2323.

Feb. 5 through 26 – **Palm Coast Apprentice Builders: WeDo 2.0 Robots** – Tuesdays, Feb. 5-26, 4:15-5:15 p.m. at Linear Park, 31 Greenway Court, Palm Coast. Youth ages 8-11, build your science skills! This hands-on course using Lego WeDo 2.0 construction sets is designed for participants to be an active part of the learning process, collaborate to solve problems, and develop critical thinking skills. \$35/person; pre-registration required at www.parksandrec.fun/youth. More info: 386-986-2323.

Feb. 5 through April 23 – **Awesome Alphabet Outing – Fascinating Florida** - Tuesdays, Feb. 5-April 23, 10-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Children ages 3-5 with their parents will have an enjoyable experience about the "My Florida Alphabet" through hands-on exposure. \$4/class. Register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Feb. 7 – **Birding Trip to Circle B Bar Reserve** – Thursday, Feb. 7, 8 a.m.-5 p.m. to and from Palm Coast Community Center, 305 Palm Coast Pkwy. NE to Circle B Bar Reserve in Lakeland. Cost is \$75. Lunch is included in the ticket price. Pre-registration is required by 8 a.m. on Jan. 31: www.parksandrec.fun/adults. More info: 386-986-2323.

Feb. 7-10 – **Birds of a Feather Fest** – Friday through Sunday, Feb. 7-10, at Palm Coast Community Center, 305 Palm Coast Pkwy. NE, and various venues throughout Palm Coast and beyond. A fun birding and nature festival invites everyone to enjoy a weekend of guided birding, photography, workshops, social events and a keynote by National Audubon Society's David Ringer. Many activities are free; some for a fee. Schedule and registration at: www.birdingfest.com. More info: 386-986-2484.

Feb. 7 through 28 – **Cooking is Fun** – Thursdays, Feb. 7-28, 4:15-5:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Have fun while preparing dishes from scratch! \$35/person. Register at www.parksandrec.fun/youth. More info: 386-986-2323.

Feb. 8 – **‘Protecting Birds Together, Today and Tomorrow’** – Friday, Feb. 8, 6:30 p.m., at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. National Audubon Society executive David Ringer will give a free keynote address on birds, society’s impact on them and how people can work together to protect their future. This free City of Palm Coast 2019 Rooted in Nature Lecture is free and open to the public as part of the Birds of a Feather Fest. Register at www.birdingfest.com. More info: 386-986-2484.

Feb. 9 – **Palm Coast Shredder: Teen Mountain Biking Program** – Saturday, Feb. 9, 2-4 p.m. at Mala Compra Mountain Bike Trail, 5862 N. Ocean Shore Blvd., Palm Coast. Participants ages 12-18 will learn basic off-road skills, explore trails, improve fitness, and understand teamwork and goal-setting. Please bring your own mountain bike and helmet. Other dates include Feb. 23 and March 9. \$5 for the four-week session. Register at www.parksandrec.fun/teens. More info: 386-986-2323.

Feb. 11 – **Monday Funday** – Monday, Feb. 11, 10-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. This child-with-parent program will provide an enjoyable and educational environment for children ages 3-5 to explore social, emotional, physical and cooperative play opportunities through movement, music, interactions and problem-solving skills while having fun with their peers! Free but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Feb. 12 – **Teddy Bear Picnic & Play** – Tuesday, Feb. 12, 11:30-12:15 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Children ages 3-5 can bring their favorite teddy bear out to different themed sessions while enjoying a snack, story time and game playing or craft. The theme is “Valentine’s Day What Do You Love?” Free, but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Feb. 13 – **Our Neck of the Woods** – Wednesday, Feb. 13, 10-11 a.m. at Linear Park, 31 Greenway Court, Palm Coast. Parents will join their children ages 3-5 in this fun way of learning about what treasures can be found in our wooded park. There will be story time, crafts and a short exploration walk. This program will support cognitive learning, communication skills and eye/hand coordination. Free but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Feb. 14 – **Valentine’s Sweetheart Luncheon (senior special event)** – Thursday, Feb. 14, 11 a.m.-12:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Sugar, spice, and everything nice! Come celebrate Valentine’s Day with your sweetheart. Lunch is included in price. \$5/person. Register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Feb. 18 – **Lil Sensory Explorers** – Monday, Feb. 18, 10-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Little ones are eager to play and explore! In each class, we will look at picture books, focus on different sensory activities, and create a handmade craft to take home. Other sessions on March 4 & 25. \$5/person (for entire session). Register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Feb. 20 – **Ladies Paint Night** – Wednesday, Feb. 20, 6-7 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Even if you have never painted before, these artistic-based socials will give you the confidence to release your creative side. Led by certified art instructor Kristy Craige, these step-by-step classes will be a lively, comprehensive, artistic infusion. Bring a friend or come make new ones. Each class will feature a different object to be painted on.

Feb. 20 features a sunset canvas. \$35/class. Pre-registration required at www.parksandrec.fun/adults. More info: 386-986-2323.

Feb. 22 – **Discover Trip to St. Johns River Cruises** – Friday, Feb. 22, 9 a.m.-4 p.m. to and from Palm Coast Community Center, 305 Palm Coast Pkwy. NE. to St. Johns River Cruises in Orange City. Cost is \$65. Lunch is at the participant's expense at the Sugar Mill Pancake House. Pre-registration is required by 8 a.m. on Jan. 31: www.parksandrec.fun/adults. More info: 386-986-2323.

Feb. 22 – **Parents' Night Out** – Friday, Feb. 22, 5:30-10 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Parents, are you in need of a date night or just wish for peace and quiet around the house on a Friday night? Let us watch your kids while you have the night to yourselves. Kids will eat pizza, play games, watch movies, and have fun. For ages 5-12 years. Cost is \$15/first child and \$5/additional sibling in the same transaction. Pre-registration required at www.parksandrec.fun/teens. More info: 386-986-2323.

Feb. 22 – **The Chill Zone for Teens** – Friday, Feb. 22, 5:30-10 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Hey teens, tired of sitting around bored on a Friday night? Then grab your friends and get down to the Community Center to hang out, eat pizza, listen to music, watch movies, play video games and otherwise chill in a fun and safe environment. For teens ages 13-17 years. Free but please pre-register at www.parksandrec.fun/teens. More info: 386-986-2323.

Feb. 23 – **Doubles Cornhole Tournament** – Saturday, Feb. 23, 9 a.m. start at Palm Coast Tennis Center at 1290 Belle Terre Pkwy. Cornhole is a widely popular sport, even being featured on ESPN. Sign you and your partner up today! Bags and boards are provided. \$20/tournament for a two-person team. Register at www.parksandrec.fun/athletics. More info: 386-986-2550.

Feb. 23 - **First Aid & CPR/AED** - Saturday, Feb. 23, 9 a.m.-4 p.m. at Palm Coast Fire Station 25, 1250 Belle Terre Pkwy. This class is a seven-hour course (one hour for lunch) designed to meet OSHA regulations and teach administering CPR to children and adults, using an Automated External Defibrillator (AED), using a mask or barrier device, assisting with bleeding, broken bones. \$50/person with pre-registration required by 9 a.m. Feb. 21. Sign up at www.parksandrec.fun/adults. More info: cprcertification@palmcoastgov.com or 386-986-2300.

Feb. 23 – **Palm Coast Shredder: Teen Mountain Biking Program** – Saturday, Feb. 23, 2-4 p.m. at Mala Compra Mountain Bike Trail, 5862 N. Ocean Shore Blvd., Palm Coast. Participants ages 12-18 will learn basic off-road skills, explore trails, improve fitness, and understand teamwork and goal-setting. Please bring your own mountain bike and helmet. Last session on March 9. \$5 for the four-week session. Register at www.parksandrec.fun/teens. More info: 386-986-2323.

Feb. 25 – **Monday Funday** – Monday, Feb. 25, 10-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. This child-with-parent program will provide an enjoyable and educational environment for children ages 3-5 to explore social, emotional, physical and cooperative play opportunities through movement, music, interactions and problem-solving skills while having fun with their peers! Free but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Feb. 26 – **Teddy Bear Picnic & Play** – Tuesday, Feb. 26, 11:30 a.m.-12:15 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Children ages 3-5 can bring their favorite teddy bear out to different themed sessions while enjoying a snack, story time and game playing or craft. The theme is “Dinosaurs.” Free but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Feb. 27 – **Our Neck of the Woods** – Wednesday, Feb. 27, 10-11 a.m. at Linear Park, 31 Greenway Court, Palm Coast. Parents will join their children ages 3-5 in this fun way of learning about what treasures can be found in our wooded park. There will be story time, crafts and a short exploration walk. This program will support cognitive learning, communication skills and eye/hand coordination. Free but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Ongoing Weekly Programs

Mondays – **Sit, Stitch ‘N Give** – Mondays, 10 a.m.-noon at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Does life have you all tied up in knots? Join us for a chance to unwind. Come chat, knit, crochet, embroider, etc., and laugh with those who understand your desire to take a long piece of thread fiber and create a beloved “work of heart.” All levels of experience are welcomed. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Mondays – **Color Me Happy** – Mondays, 10 a.m.-noon at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Think you're too old to color? Well, think again! Seniors coloring is a great, fun way to combat stress, promote mindfulness, allow creativity and activate different areas of the brain. Bring your favorite coloring book or pages and colored pencils or use the supplies we have available. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Mondays (through Feb. 25) – **Intro to Drawing** – Mondays, noon-1 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Seniors can come learn the basic tools and techniques of drawing with certified art instructor Kristy Craigle. You will learn form, value, and basic shapes in relation to the world around you by learning how to simplify your subject matter. \$25 for the entire session. Pre-registration required at www.parksandrec.fun/seniors. More info: 386-986-2323.

Mondays – **Line Dancing from the Ground Up (Intermediate)** – Mondays, 6-8 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Now that you have learned the steps, let's learn some dances! Enjoy this line dancing program made for the intermediate level. Admission is \$3/pre-registered class or \$5/drop-in. Pre-registration is required at www.parksandrec.fun/adults. More info: 386-986-2323.

Mondays or Wednesdays – **Adult Open Gym Volleyball** – Mondays or Wednesdays, Jan. 28-May 6, 7-9:30 p.m. at Indian Trails Middle School 5505 Belle Terre Pkwy., Palm Coast. Bring your friends or meet new ones in this co-ed volleyball program. New “teams” are created weekly. We use two nets, with teams rotating in and out of play. One net is for competitive-style play and the second net is for recreational-style play. \$20/session (Mondays or Wednesdays). Pre-registration required at www.parksandrec.fun/athletics. More info: 386-986-2323.

Mondays and Wednesdays – **Junior Development (youth tennis program)** – Mondays and Wednesdays, 6-7:30 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For

players ages 11 to 18 years, with focus on refining techniques and tactics for doubles and singles. \$252/session or \$18/day. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Mondays and Wednesdays – **Green Rallies (youth tennis program)** – Mondays and Wednesdays, 5-6 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For students in grades 7-10, with cooperative and competitive partner and team activities, students develop match skills and make tennis friends. \$162/session or \$12/day registration. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Mondays and Thursdays – **Cardio Tennis (tennis for adults)** – Mondays, 9:30-10:30 a.m. and Thursdays, 7-8 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. Get your heart rate up with tennis drills and games. \$10/day for pre-registration or \$12/day for same-day registration. More info: 386-986-2550 or www.parksandrec.fun/tennis.

Tuesdays – **Beginner's Clinic (tennis for adults)** – Tuesdays, 9:30-10:30 a.m. at Holland Park tennis courts, 18 Florida Park Drive, Palm Coast. A social clinic that teaches the fundamentals of tennis. \$9/day for pre-registration or \$12/day for same-day registration. More info: 386-986-2550 or www.parksandrec.fun/tennis.

Tuesdays – **Wood Carvers** – Tuesdays, 1-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. The art of wood carving has a history that spans centuries. At its core, wood carving transforms a piece of wood into a masterfully crafted work of art. This program is open to men and women of all levels and abilities. Participants must bring their own materials. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Tuesdays – **Pinochle** – Tuesdays, 1-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Pinochle is a trick-taking card game typically for two to four players and played with a 48-card deck. Derived from the card game bezique, players score points by trick-taking and also by forming combinations of cards into melds. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Tuesdays - **Dance with Me! Ballroom Dance Classes** – Tuesdays, 6:30-7:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Don't just sit and watch Dancing with the Stars this year, be part of the action! Instructors Tom and Jo Sanders will teach you the Waltz, Foxtrot, Tango, Cha Cha, Rumba, and East Coast Swing dance styles. Beginners welcome and partners not required. \$10/class at www.parksandrec.fun/seniors. More info: 386-986-2323.

Tuesdays, Wednesdays, Fridays – **Pickleball Open Court** – 1 p.m. to 3 p.m. Tuesdays; 6-8 p.m. Wednesdays; and 11 a.m.-1 p.m. Fridays. Try out the paddle sport that combines tennis, badminton and ping-pong! This adult program is offered free at Belle Terre Park tennis courts, 339 Parkview Drive, Palm Coast. Equipment is provided during Open Court. More info: Palm Coast Parks & Recreation at 386-986-2323.

Tuesdays and Thursdays – **Red Rallies (youth tennis program)** – Tuesdays and Thursdays, 5-6 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players in 2nd and 3rd grades, with cooperative and competitive partner and team activities, players develop match skills and make tennis friends. \$162/session or \$12/day. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Tuesdays and Thursdays – **Orange Rallies (youth tennis program)** – Tuesdays and Thursdays, 6-7 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players in 4th through 6th grades, with cooperative and competitive partner and team activities, players develop match skills and make tennis friends. \$162/session or \$12/day. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Tuesdays and Sundays – **Tennis Round Robins** – Round Robins are Tuesdays, 6-8 p.m. and Sundays, 9:30-11 a.m. at Palm Coast Tennis Center, 1290 Belle Terre Pkwy. \$5/day; free for Pass Holders. More info: 386-986-2550.

Wednesdays – **Doubles Skills Clinic (tennis for adults)** – Wednesdays, 9:30-11 a.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. Situational drills and games for doubles. \$15/day for pre-registration or \$17/day for same-day registration. More info: 386-986-2550 or www.parksandrec.fun/tennis.

Wednesdays – **Open Art Studio** – Wednesdays, 9 a.m.-noon at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Need a space to create your next work of art? Stop by the Community Center for some creative time. Please bring your own materials. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Wednesdays – **Crafts for Veterans** – Wednesdays, 9 a.m.-noon at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Help Heal Veterans provides free therapeutic craft kits to veterans. These kits include a wide variety of crafts and materials such as leatherwork, models, woodwork, jewelry, painting, needlecrafts, poster art, scrapbooks and many more. Free (must present veteran ID card) but pre-registration required at www.parksandrec.fun/seniors. More info: 386-986-2323.

Wednesdays – **Mah Jongg** – Wednesdays, 1-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Mah Jongg is a game that originated in China. Join in on this game of skill, strategy, and calculation and make new friends. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Wednesdays – **Tennis Tots** – Wednesdays, 5-6 p.m. at Palm Coast Tennis Center, 1290 Belle Terre Pkwy. This clinic engages students and their parents with explorative activities that develop fundamental athletics and movement skills necessary for success in any sport! \$81/session or \$12/day. Pre-register at www.parksandrec.fun/tennis. More info: 386-864-2550.

Wednesdays – **Rookie Rallies (youth tennis program)** – Wednesdays, 6-7 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players in Kindergarten and 1st grades, with focus on the Athletic ABCs (agility, balance, and coordination). \$81/session or \$12/day. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Thursdays – **Senior Social Corner** – Thursdays, 10 a.m.-noon at the Palm Coast Community Center, 305 Palm Coast Pkwy NE. Looking to get out of the house and mingle? Join our Senior Social Corner and make new friends! Sit and relax in the comfort of our Community Center and chat about whatever is on your mind that day. This is also a great opportunity for seniors who are looking for a meeting space to come and discuss specific topics. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Thursdays – **Game Day Social** – Thursdays, 12:30-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Game Day Social is comprised of a lively, spirited group of

individuals who enjoy the camaraderie and competition of dominos, a variety of card games or board games. Participants are encouraged to bring their favorite game or play one provided by the Parks & Recreation Department. Light refreshments are served. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Thursdays – **Indoor Rowing** – Thursdays, 4:30-5:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. We have teamed up with the Flagler Rowing Club to offer Indoor Rowing! Experienced rowing members will instruct on proper technique while using the erg with a focus on both mechanics and breathing. All fitness levels are welcome. Participants should bring a towel, water and a mat for floor exercises. \$7/class with pre-registration required at www.parksandrec.fun/wellness. More info: 386-986-2323.

Thursdays – **West Coast Swing** – Thursdays, 6:30-7:15 p.m. for beginners at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Come learn one of the coolest partner dances around: West Coast Swing. \$5/class. Pre-registration required at www.parksandrec.fun/adults. More info: 386-986-2323.

Fridays – **Beginner's Pickleball** – Fridays, 8-10 a.m. at Holland Park, 18 Florida Park Drive, Palm Coast. Are you new to the game of Pickleball? You need to give this class a try! Free but please pre-register at www.parksandrec.fun/athletics. More info: 386-986-2323.

Fridays – **Morning Blast** – Fridays, 9:30-10:30 a.m. at Palm Coast Tennis Center, 1290 Palm Coast Pkwy. For players ages 18 and up, enjoy a fun and energetic start to your day that combines tennis drills with point play. \$10/day for pre-registration or \$12/day for same-day registration. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Fridays – **Line Dancing from the Ground Up (Beginners)** – Fridays, 2-3 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Enjoy this line dancing program made for the beginner level. Admission is \$3/pre-registered class or \$5/drop-in. Pre-registration is required at www.parksandrec.fun/adults. More info: 386-986-2323.

Fridays, Saturdays, and Sundays – **FootGolf** – Fridays, Saturdays, and Sundays, 5-8 p.m. at Palm Harbor Golf Club, 20 Palm Harbor Pkwy., Palm Coast. Soccer+golf=FootGolf! The cost is \$8 per person, with the cart included. Official rules require a No. 5 size soccer ball; players can bring their own, or rent one for \$3. FootGolfers will need to make a tee time by calling the Pro Shop at 386-986-GOLF (4653) or online at www.palmharborgolfclub.com.

Saturdays – **Junior Golf Clinics** – Saturdays, 9-11 a.m. at Palm Harbor Golf Club, 20 Palm Harbor Pkwy., Palm Coast. Get out on the course with an instructor to learn the game of golf! Kids ages 8-16 will learn basic golf skills in this weekly clinic. \$15/week with pre-registration required. Space is limited, so sign up early by calling 386-986-4653 (GOLF).

See the Winter/Spring 2018-19 Activity Guide at www.palmcoastgov.com/recreation. All programs that require registration can be found at www.parksandrec.fun. Palm Coast Parks & Recreation can be reached at 386-986-2323.



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, Communications & Marketing Manager
386-986-3708; cell 386-214-4729

Jan. 17, 2019

Temporary road closures on Florida Park, Pritchard planned for Jan. 23 & 24

Palm Coast – Palm Coast Public Works Department will be making asphalt repairs at two locations in the coming week, and both roadways will be closed temporarily.

From 7:30 a.m. to 2 p.m. Wednesday, Jan. 23, the roadway in front of 121 Florida Park Drive will be closed to through traffic. This is located between Forest Hill Drive and Flintstone Court. A detour will be in place.

From 7:30 a.m. to 2 p.m. Thursday, Jan. 24, the roadway in front of 199 Pritchard Drive will be closed to through traffic. This is located near the intersection with Princeton Lane. A detour will be in place.

The City of Palm Coast appreciates the patience and cooperation of residents and motorists during this important road repair project.

For more information, call Customer Service at 386-986-2360.



208 Cats

43 Dogs

Animals ready for homes

People don't understand the harm they can do to a humane society when they express their negative opinions to anybody and everybody they see. Any negative experiences should be brought to the attention of the humane society director or a manager for them to correct the issues internally. Problems will not get solved unless they are addressed. Humane Societies deal with thousands of animals on an annual basis. Public feedback will only help to improve policies and correct mistakes. People have a tendency to generalize and think that if they had a bad experience at one place that all places like that are the same. Humane Societies are all different. The Flagler Humane Society encourages the community to stop by your local shelter and inquire about their mission and their policies. They encourage the asking of difficult questions. Many Humane Societies are transparent and will offer any information that is asked. Their mission will always include the welfare of the animal first and foremost. They continue on a daily basis to fight the stigma that homeless pets are "damaged goods" and to find homes for all the pets that are adoptable.

Donation Opportunities: The *Flagler Humane Society Thrift Store* always accepts donations. They cannot take in any computers/printers or large appliances. Call for our new store location where we collect donations.

"General Donations" can be dropped off anytime at your convenience. FHS appreciates all donations, especially those from our Wish List (available at flaglerhumanesociety.org/wish-list). You can also purchase items via the Amazon.com link on the FHS website and ship them directly to the shelter.

Outreach Adoption Events: Don't forget that FHS have volunteers and adoptable pets at Petco, PetSmart, PetSupermarket and Tractor Supply in Palm Coast. Stop by and see our adoptable pets!

Want to be a volunteer? Attend an orientation! Orientations are held at noon in the Humane Society education room every second Saturday of the month. Applications can be found on the FHS website.

Interested in fostering? Contact our adoption specialist at adopt@flaglerhumanesociety.org.

Adoption Specials: See the FHS Facebook or Website for upcoming adoption specials.

Upcoming Fundraisers/Events: See the FHS Website for information on any upcoming events.

Offered Services: The Flagler Humane Society has a variety of *Subsidized Spay & Neuter Programs* for members of the community that need to have their pets or community pets sterilized. Please call FHS at 386-445-1814, email info@flaglerhumanesociety.org for questions.

FHS has a *Wellness Clinic* for minor veterinary issues. Call 386-445-1814 for Appointments. *Low Cost Vaccination Clinics* are held every Saturday from 1pm-3pm. FHS also offers a "Pet Food Pantry" for those that are in need of assistance. Please call for more information.

To keep up with Flagler Humane Society happenings – visit us on the FHS Facebook/Twitter/Instagram/Website at www.flaglerhumanesociety.org, or via email at info@flaglerhumanesociety.org.

Pet of the Week



KITTEN

Kitten is an almost 5 year old neutered male DSH. He came from the shelter as a baby and was returned 4 years later because his owners were moving and couldn't take him. He is super friendly and gets along well with other cats. He is very curious and loves to explore. He LOVES his snuggles and needs a family that will appreciate his loving nature.

Come and meet him today!

Adoption specialist:

Katrina Geigley
adopt@flaglerhumanesociety.org

Outreach Manager:

Katie Share
kshare@flaglerhumanesociety.org