



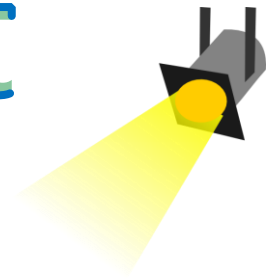
9/21/2018

## *City Manager's*

## WEEK-IN-REVIEW

in the

# Spotlight



### It's National Preparedness Month!

You may notice our evacuation signs around Palm Coast intersections. When it comes to emergencies, there is a difference between Palm Coast neighborhood section letters (W, C, F, B, etc.) and the Evacuation Zone Letters. Deputy Fire Chief Forte explains [HERE](#) why it's important to know your evacuation zones. Or visit the City's website to download your copy of the Disaster Preparedness Guide [HERE](#).



Evacuation Zone Signs in Palm Coast

## Fire Department – Confined Space Team Training

This week, the Palm Coast Fire Department Confined Space Team completed quarterly training at the Water Treatment Plant. The team trained on new equipment for repelling. For more information, see the attached Fire Department Update.



**Repelling Practice at  
Water Treatment Plant**

## Announcements



*Friday, September 7 thru Thursday, September 23  
Various Locations*

*Fire Chief, Change of Command Ceremony  
Thursday, September 27, 1pm – cake, 2pm – Ceremony  
Fire Station 25*



*Friday, October 12, 7:15pm  
Central Park in Town Center*



*Tuesday, October 16, 5pm  
Central Park at Town Center*

***Next Week:***

- *Tuesday, September 25, City Council Workshop, 9am, City Hall – Community Wing, 160 Lake Avenue*
- *Thursday, September 27, Beautification & Environmental Advisory Committee Mtg, 5pm, City Hall – Community Wing, 160 Lake Avenue*

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## Attachments

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- Administrative Services & Economic Development Department Update
- BAC Update
- Public Works Department Update
- Community Development Department Update
- Fire Department Update
- Parks & Recreation Department Update
- Utility Department Update
- Humane Society Update

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## News Releases

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- October's calendar of events
  - Road closure – Post Tree
  - Smoke testing
-

### Communications & Marketing

The Brand Plus Team met this week to provide input on a new logo design and to review recommendations for creating a Parks & Recreation app. The logo under design is an update to the City's Shop Local campaign, and the Division also worked on an upcoming Council presentation.

Graphic design this week included a job posting brochure, a Food Drive flier, a brand piece to be included in the stormwater vacant lot bills, a new logo for the Palm Coast BAC, a program for Mayor Canfield's farewell reception, and a flier for the upcoming 90/90 challenge.

Social media highlights included live coverage of Food Truck Tuesday and a video looking back on the Intracoastal Waterway Cleanup. Posts were added to Facebook/Twitter/Instagram.

This week Palm Coast Television videotaped and aired live the City Council business meeting and the budget hearing. A Green Team-produced video, "What Can I Recycle," was edited with finishing touches. The video is designed to assist citizens with finding the City's recycling website and using the City's recycling guide. Watch it here: <https://youtu.be/SP-f8gEM5Oc>.

A news release announcing October's calendar of events was distributed, and a road closure and smoke testing were announced. One staff member attended the Employee Academy, and we also staffed the Citizen's Academy.

### City Clerk

- Processed 20 public records requests.
- Prepared and processed 21 documents for recording.
- Prepared 2 agenda items.
- Prepared and posted 1 agenda to the web.
- Processed 4 resolutions.
- Processed 1 bond.
- Completed 1 Proof of Life document for a citizen.



## Central Services Division

### Purchasing

Status	Ref. #	Project
Open	ITB-UT-18-52	Master Price Agreement for Specialized Coagulant Chemical (Total Organic Carbon Removal)
Open	RFS-IT-18-65	Request for Solutions (RFS) for City Wide Security Assessment and Master Plan
Open	ITB-UT-18-72	Master Price Agreement Contract for Cleaning of three (3) Oxidation Ditches and two (2) Pump Stations at Waste Water Treatment Plant #1.
Open	ITB-UT-18-70	Master Services Agreement Contract for Liquid Lime Sludge (Calcium Oxide) removal, hauling and disposal from Water Treatment Plant #1.
Open	ITB-UT-18-71	Master Services Agreement Contract for Solid Dried Lime Sludge removal, hauling and disposal from Water Treatment Plant #1.
Open	RFSQ-SW-18-10	Professional Stormwater and Environmental Engineering Services
Open	ITB-PW-U-18-57	Sod Materials and Sod Installation
Open	LOI-CD-18-66	Request for Letter of Interest (LOI) for Indian Trails Sports Complex Reclaimed Watermain Extension and Control System
Evaluating	RFP-CD-18-68	Basin 9 (Pellicer Creek & Matanzas River) Freshwater Forested Wetland Mitigation Bank Credits
Reopened	RFSQ-CD-18-49 / ITB-CD-18-49	Palm Coast City Hall Emergency Generator
Completed	RFSQ-CD-18-41	Design Services for Lehigh Trail Trailhead at Belle Terre Parkway
Completed	RFSQ-CD-18-53 / ITB-CD-18-53	R-Section PEP Main Improvements, Phase 1
Completed	ITB-UT-18-55	Master Price Agreement Contract for Sodium Hydroxide 25%
Completed	ITB-UT-18-51	Master Price Agreement Contract for High Calcium Bulk Quicklime
Completed	ITB-UT-18-54	Master Price Agreement Contract for NSF 60 neat Anionic Polymer
Completed	RFP-PW-18-61	Request for Proposal (RFP) for Master Services Agreement Contract for Concrete Repair Services
Completed	RFP-PW-18-62	Request for Proposal (RFP) for Master Services Agreement Contract for Guardrail Repair Services
Completed	RFP-PW-18-63	Request for Proposal (RFP) for Master Services Agreement Contract for Asphalt Repair Services
Completed	RFP-CD-18-60	Request for Proposal (RFP) for Master Services Contract for Weed Control of the Freshwater Stormwater Drainage System
Completed	ITB-UT-18-64	Master Price Agreement for Liquid Polymer
Completed	LOI-CD-18-69	Request for Letter of Interest (LOI) for Wastewater Treatment Plant # 1 to Blairsville Drive Force Main Improvements Engineering Services

### Contracts Processed:

- Hach Company – Piggyback Contract for Laboratory Equipment, Supplies, and Materials – B170418GWT – 9/17/2018 – 2/21/2019
- Wolters Kluwer – Agreement for Audit Software for Finance Department – Q-00267152 – 9/7/2018 – 9/6/2019



# BUSINESS ASSISTANCE CENTER



## **The Palm Coast Business Assistance Center** Services Provided by the SBDC at UCF

Located at City Hall  
160 Lake Avenue  
Palm Coast, Florida 32164  
(386) 986-2499  
[www.PalmCoastBAC.com](http://www.PalmCoastBAC.com)

### BUSINESS CONSULTING

- This Week – 10 Consulting Sessions, 31 Consulting Hours
- Total for Month – 30 Consulting Sessions, 89 Consulting Hours

### PALM COAST BAC IMPACT

- Economic Impact This Fiscal Year - \$2,324,000
- Economic Impact to Date- \$28 Million
- Return on Investment - \$86 per Tax Dollar Invested

### NEW PALM COAST COMMERCIAL BUSINESSES

- Ability Health Services & Rehabilitation LP – 10 Cypress Pt Pkwy – Rehabilitation Therapy
- Florida Wealth Planning Group of Ameriprise Financial – 10 Florida Park Drive – Financial Planner
- Status Cuts Barber Lounge LLC – 1000 Palm Coast Pkwy – Barber
- East Coast Habilitation Options Inc – 520 Palm Coast Pkwy – Administrative Office
- Strikers Pro Shop – 11 Old Kings Rd – Retail Sales
- Recruiting Services Group Inc – 160 Cypress Pt Pkwy – Consultant

### NEW PALM COAST HOME BASED BUSINESSES

- Four Steps Car Detailing & Pressure Washing – Power Washing
- Watering King Irrigation LLC – Irrigation Contractor
- JRA Cleaning Services LLC – Janitorial Service
- Maid by Perfection – Janitorial Service

## PUBLIC WORKS – Nestor Abreu, Director



Fertilizing sports fields - ITSC



Topdressing sports fields  
ITSC



Repairing irrigation  
Ralph Carter Park



Wiring irrigation valves - ITSC

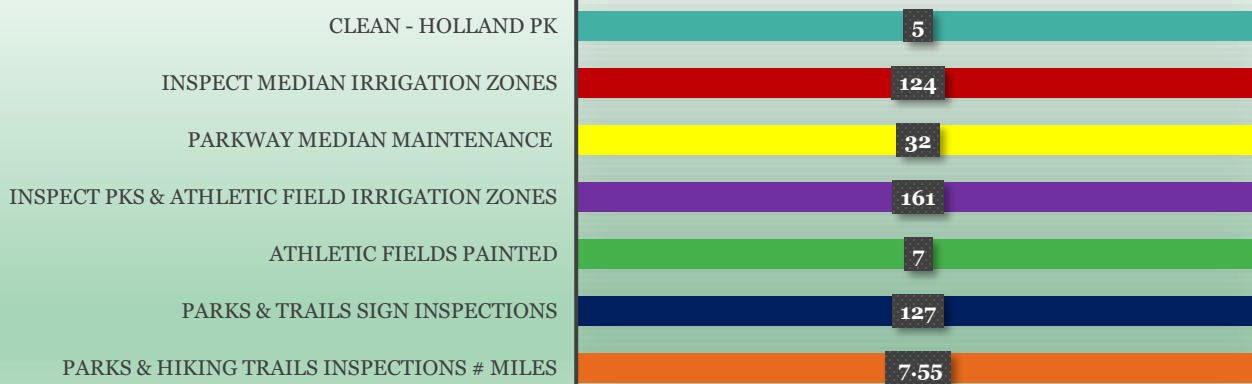


Spraying for weeds - ITSC

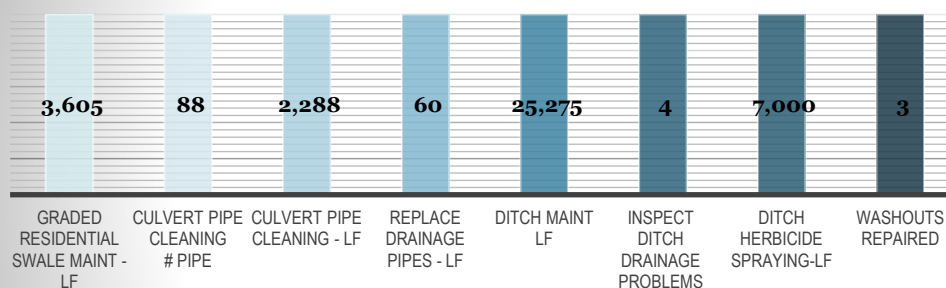


Aerating sports fields - ITSC

### Parks & Medians Division



### Stormwater Division



Installing new stormwater pipe  
Empire Lane



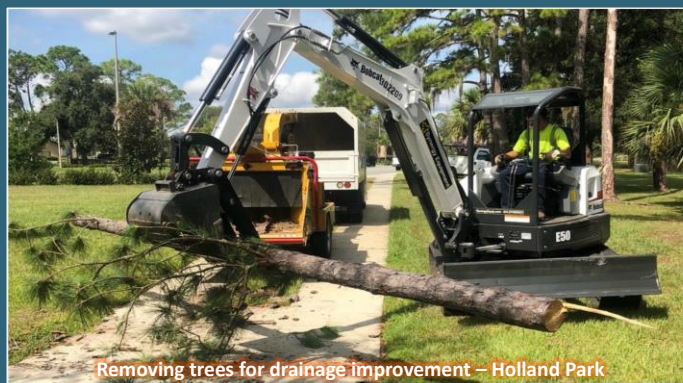
Swale grading  
Princess Ruth Lane



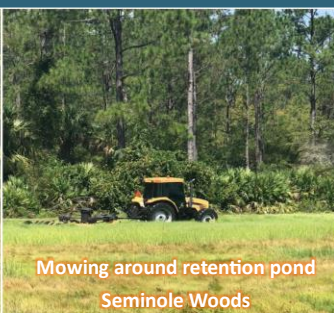
Swale grading  
Presidential Lane



Streets Division



Removing trees for drainage improvement – Holland Park



Mowing around retention pond  
Seminole Woods



Improving drainage along sidewalk  
Florida Park Drive



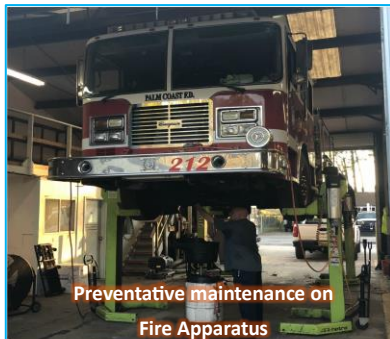
Repairing pedestrian bridge  
Rymfire Drive



Repairing pothole  
Shirley Place



Installing new traffic cameras – Old Kings Road & Palm Harbor Parkway

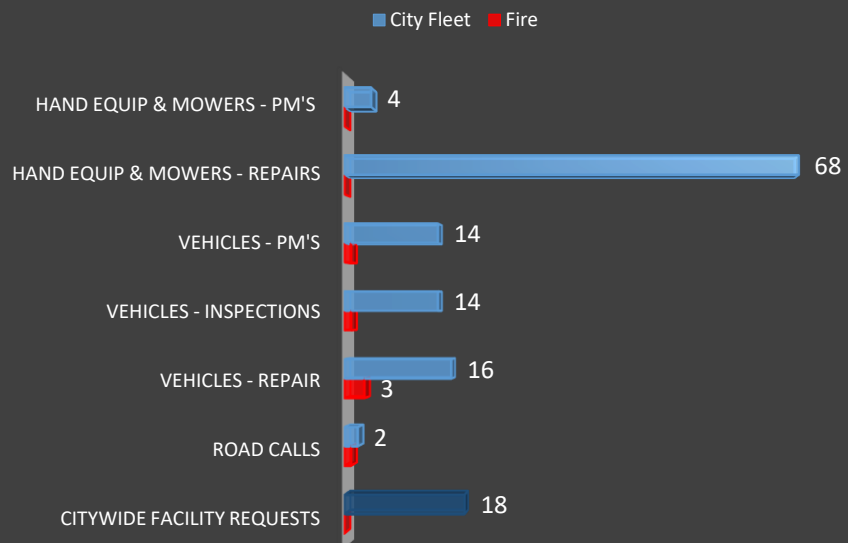


Preventative maintenance on  
Fire Apparatus



Plumbing repairs – FZ Pool

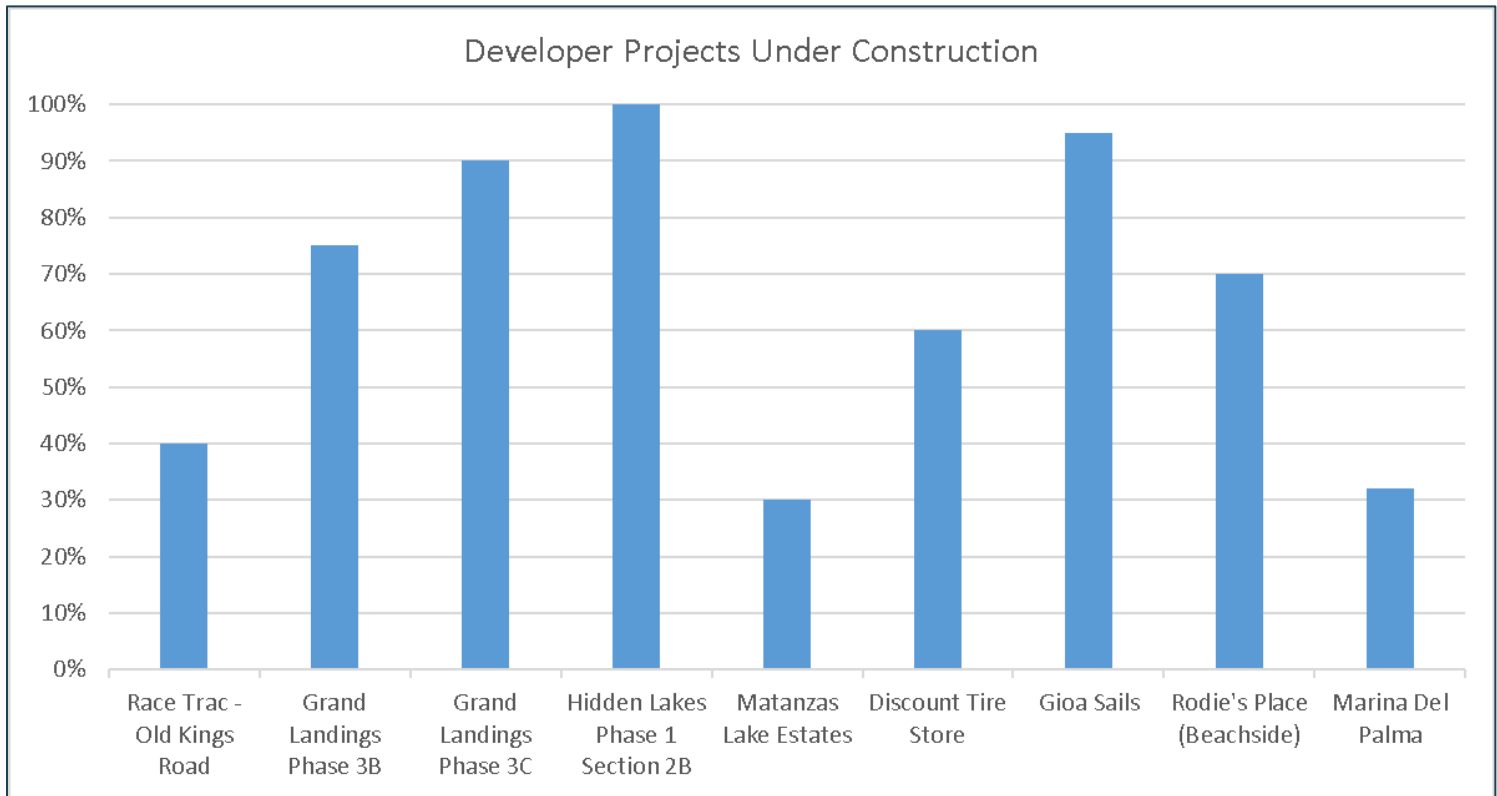
Facility & Fleet Service





## COMMUNITY DEVELOPMENT – Stephen Flanagan, Director

DEVELOPMENT FOR THE PROTECTION OF THE CITY'S  
NATURAL RESOURCES, PUBLIC HEALTH, SAFETY, AND WELFARE.



Commercial Permits Applied			
2001 Waterside Pkwy	Addition-Grand Haven Community Development	Skyway Builders Inc	\$ 80,135.00
Commercial Permit Issued			
50 Plaza Dr unit #105	Interior Alteration-Jimmy Johns Restaurant	Adkins Construction	\$ 150,000.00
650 Colbert Ln	Emergency Generator - Tuscan Gardens	Core Construction Services Of FL	\$ 75,000.00
Occupancy Permits Issued			
160 Cypress Point Pkwy A-105	Natures Healthy Way Inc	Jessica L Warner	
Certificate of Occupancy Issued			
10 Florida Park Dr. Suite D	Florida Wealth Planning Group of Ameriprise Financial "office	Saro Kasturi	
11 Old Kings Rd n	"Strikers Bowling LLC"-Bowling Balls & Accessories	Marlene Hawkins	
10 Cypress Point Pkwy unit #106 & 107	"Physical Therapy Office" Office	Olympia Construction Inc	\$ 12,800.00
160 Cypress Point Pkwy C-216	"Recruiting Services Group Inc"-Professional Office	Whitney Hodges	
520 Palm Coast Pkwy unit #103	"East Coast Habilitation Options Inc"- Office Building	Alvin Collins	
Construction value improvements from October 1, 2017 to date			\$ 325,264,974.00
Residential Single Family / Duplex Residences			13

## Spotlight Projects

### **Community Center Awnings**

This week an outdoor feature, aluminum trellises, were added to the Palm Coast Community Center building entry ways and outdoor restroom areas.



**Community Center Aluminum Awnings**





## GUIDANCE

### Tip of the Month:

It is National Preparedness Month! Do you know your evacuation zones? Deputy Fire Chief Forte explains the evacuation signs around Palm Coast intersections. Hint: There is a difference between Palm Coast's neighborhood Section letters (W, C, F, B etc.,)...and Evacuation Zone letters, which have always held their own designations, related to emergencies.  
<https://www.youtube.com/watch?v=Bl61XJntBc>

### Volunteer Intern

“Become a Volunteer”

<http://www.palmcoastgov.com/government/fire/volunteer>

Register for Basic First Aid & CPR or Healthcare Provider:

<http://www.palmcoastgov.com/government/fire/cpr>

## COMMUNITY OUTREACH

### Basic First Aid & CPR:

October 27 <sup>th</sup>	6 openings
November 17 <sup>th</sup>	12 openings
December 22 <sup>nd</sup>	12 openings

### Healthcare Provider:

December 7 <sup>th</sup>	7 openings
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## DEPARTMENT ACTIVITIES

Flagler Palm Coast High School students and Volunteer Firefighter Intern applicants have a total of 53.5 “Ride-Along” hours this week.

Chief Beadle will be retiring in a week. Please join us for cake and transfer of command ceremony on Thursday, September 27<sup>th</sup> at 1pm at Station 25.

The Palm Coast Fire Department launched its official Facebook Page. You can visit the page at [www.facebook.com/palmcoastfire](http://www.facebook.com/palmcoastfire).



Chief Forte recently spoke to the Society of Former Special Agents of the FBI, Inc. Greater Daytona Beach Chapter about Palm Coast Fire Department & emergency operations



## HIGHLIGHTS

### **Alzheimer's Awareness Month**

During the Month of September, Palm Coast Firefighters will be wearing Purple Shirts in honor of Alzheimer's Awareness Month.

In photo (Left to Right)

Firefighter Anton Tagintsev, Fire Lieutenant Colin Craig, Fire Lieutenant Matt Stevens and Fire Captain Thomas Ascone



(L to R) Firefighter Anton Tagintsev, Fire Lieutenant Colin Craig, Fire Lieutenant Matt Stevens and Fire Captain Thomas Ascone

### **Confined Space Team Training**

Palm Coast Fire Department Confined Space Team's quarterly training at Water Treatment Plant. The team trained on new equipment for repelling.



DE Mark Davidson & FF Kalin Graham practice repelling from the Water Treatment Plant

### **Boy Scouts Learn CPR**

Working toward earning their First Aid Badge, Boy Scouts of America Troop 402 of the Palm Coast United Methodist Church & Troop 472 of Flagler Beach took part in First Aid & CPR Training at Station 25.



Lt. Colin Craig teaches boy scouts CPR

## Parks & Recreation – Alex Boyer, Director

Health & Wellness was the theme this week with many of our new programs kicking off. We had a Florida Hospital Flagler Wellness Screening and Workshop, Yoga, and Nature/Fitness Walks start. Tai Chi and Couch to 5K Challenge also continued for the season.

Our Awesome Alphabet Outing started this week and we had many participants who signed up for the entire session pass. Our Neck of the Woods took kids through Linear Park to learn about local wildlife. This hands-on program also ends with a craft. For this and other toddlers programs: [www.parksandrec.fun/toddlers](http://www.parksandrec.fun/toddlers).

We had our Pink Army 5K Proclamation at City Council on Tuesday, Sept. 18 and then carried that theme into our Food Truck Tuesday event that night. The Pink Army 5K Foundation was the beneficiary. More info on the Pink Army 5K on Sunday, Oct. 14 can be found here: [www.palmcoastgov.com/pinkarmy5k](http://www.palmcoastgov.com/pinkarmy5k).

STEM has returned to the pool. This partnership is mutually beneficial. Our staff is able to teach kids how to swim and continue to relay our water safety message through the community while the kids are able to safely have fun in the pool and work on their STEM projects.

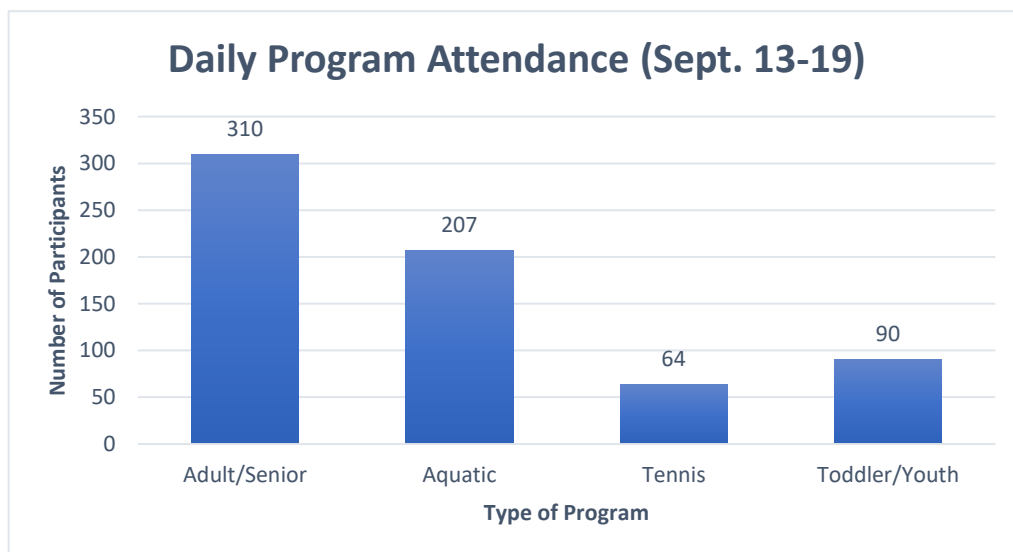
Our Senior Games event continued strong this week with Pickleball (our highest attended sport), Golf, and Cribbage. Our last Senior Games activity will be Ballroom Dancing on Sunday, Sept. 23.

## Fall 2018 Activity Guide

<http://www.palmcoastgov.com/recreation>

## Online Registration & Activities List

<http://www.parksandrec.fun>



## Programs Offered this Week

### Adult/Senior

Weekly Senior Social Programs  
Line Dancing  
Discover Trip  
Women's Self-Defense  
Florida Hospital Flagler Wellness  
Workshop & Screening

### Health & Wellness

Couch to 5K Challenge  
Better Balance through Tai Chi  
Yoga for All & Gentle Yoga  
Nature/Fitness Walk

### Aquatics

Aqua Zumba  
Kid's Kayaking Class  
Water Aerobics

### Athletics

Adult Open Gym Volleyball & Basketball  
Open Pickleball  
Beginners' Pickleball  
Pickleball Ladder League

### Tennis - Adults

Beginner's Tennis  
Cardio Tennis  
Morning Blast Tennis  
Doubles Skills Tennis  
Round Robins

### Tennis - Youth

Tennis Tots  
Rookie Rallies  
Red Rallies  
Orange Rallies  
Green Rallies  
Junior Development

### Youth/Toddler

Musical Munchkins  
Little Kickers Soccer  
Eddie Eagle GunSafe Program  
Awesome Alphabet Outing  
Teddy Bear Picnic  
Our Neck of the Woods

### Teen

Palm Coast Shredders Mountain Biking

### Special Events

Movies in the Park  
Food Truck Tuesday  
Senior Games



Senior Games



STEM at the pool

## COMING UP

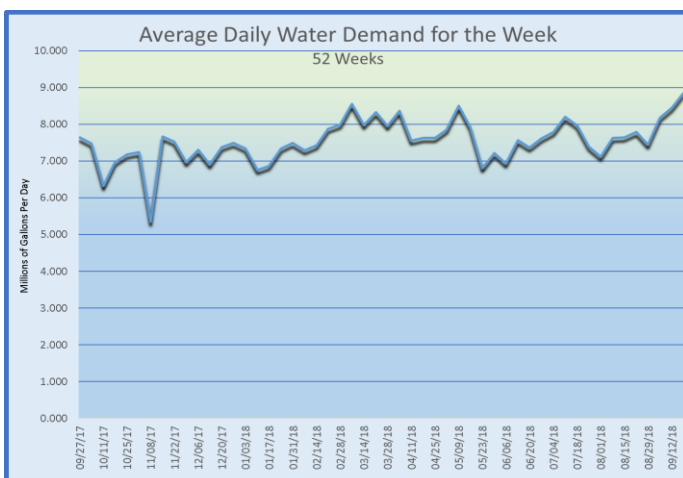
**Oct. 5** – Coffee Series  
**Oct. 12** – Discover Trip  
**Oct. 12** – Movies in the Park  
**Oct. 14** – Pink Army 5K  
**Oct. 16** – Food Truck Tuesday  
**Oct. 17** – Florida Hospital Flagler Wellness Screening  
**Oct. 19** – Lunch N' Lecture  
**Oct. 29** – Florida Hospital Flagler Wellness Workshop



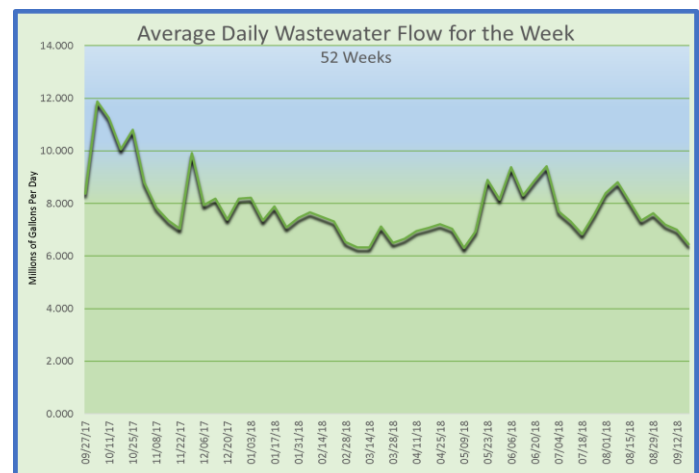
## Utility – Richard Adams, Director

9-20-2018

- In order to maintain the reliability of the water distribution system serving our customers, the Utility Department will temporarily change the disinfection process for the water supply. From September 19, through October 9, 2018 the utility will disinfect the water with free chlorine rather than combined chlorine/ammonia (chloramines). During this period, customers may experience a slight increase in the taste and odor of chlorine.
- Unidirectional flushing to remove mineral deposits and sediment that accumulate in the water mains continues. This week Water Quality crews were flushing in the Pine Lakes section. They will continue next week in the Parkview section.
- The average water demand for this week was 8.856 million gallons per day.
- The average wastewater flow for the week was 6.453 million gallons per day.
- Water Distribution crews installed 14 new water meters.
- There are 240 new meter installations pending, with 51 cleared and an average installation time of 4 weeks.
- Installed 4 new PEP tanks and replaced 5 tanks.
- There are 33 new PEP tanks pending and 10 PEP tank replacements pending. Currently all new tanks are being installed within 3 days of site ready.
- There were 63 calls after hours.
- Water Distribution crews repaired 6 water service lines, 5 manifolds, completed 8 meter pit adjustments/replacements, 3 water service line replacements and tested and repaired 88 backflow preventers.
- Wastewater crews installed 3 risers and inspected 10 manholes, replaced 23 PEP pumps, 24 floats, 14 cleanout caps, 2 back lids, 3 ball valves and boxes and 1 PEP panel and repaired 2 service laterals.
- On September 16th, Water Treatment Plant #2 started the pilot of specialty coagulant #804 from Chemical Systems of Orlando. This chemical is being utilized in the Zero Liquid Discharge (ZLD) process for a 3-day trial run to compare total organic carbon reduction results against current supplier.
- Wastewater Operations staff delivered 962 door tags for pending smoke testing in Section 24, Pritchard.
- Staff from Wastewater Treatment Plant #2 used a crane truck to pull effluent transfer pump #1. The pump is being sent back to the manufacture to repair a defective seal and shaft bushing.



The average water demand for the week was 8.856 million gallons per day.



The average wastewater flow was 6.453 million gallons per day

## HIGHLIGHTS

### WATER DISTRIBUTION

- On September 19<sup>th</sup>, staff installed an 8" system valve located on Rymfire Drive using an inserta valve. The valve had to be installed due to an ongoing project involving replacements of storm pipes. The project did not require any service interruptions because the installation was conducted under pressure.
- The purpose of this project was to temporarily remove the 8-inch pipe in order for the storm pipe to be put in. The pipe will be re-installed at a later date after the storm pipe installation is completed.



### WASTEWATER TREATMENT PLANT #1

- Two operators from the City of Palm Coast Wastewater Treatment Plant #1 disassembled the covers of the oxidation ditch rotor #3C, so it could be removed for repairs. PBM Construction used a crane to remove the 24 foot Magna Rotor.
- PBM Construction along with assistance from Wastewater Treatment Plant #1 staff removed bolts from discfilter #4 which will be taken offsite for repairs. The discfilter weighs over 6,000 pounds when it is empty.





## **NEWS RELEASE – City of Palm Coast**

Contact: Cindi Lane, Communications & Marketing Manager  
386-986-3708; cell 386-214-4729

**Sept. 17, 2018**

## **City of Palm Coast announces events, activities for October 2018**

**Palm Coast** – The City of Palm Coast has a variety of upcoming events and recreational and sports activities that are open to the public. See a list of programs at [www.parksandrec.fun](http://www.parksandrec.fun).

For activities that require advance registration, space may be limited, so please register early. Palm Coast Parks & Recreation can be reached at 386-986-2323.

### **Special Events for October:**

**Oct. 1 – Teddy Bear Picnic** – Monday, Oct. 1, 10-10:30 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Children ages 2-5 can bring their favorite teddy bear out to different themed sessions while enjoying a snack, story time and game playing or craft. The theme for Oct. 1 is Show N' Tell. Free but please pre-register at [www.parksandrec.fun/toddlers](http://www.parksandrec.fun/toddlers). More info: 386-986-2323.

**Oct. 2 through 23 – Awesome Art** - Tuesdays, Oct. 2-23, 2:15-3:15 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Inspired by your own world and the work of artistic geniuses, this program provides youth ages 8-17 with the techniques and confidence to build up your art portfolio. \$5/class with pre-registration required at [www.parksandrec.fun/youth](http://www.parksandrec.fun/youth). More info: 386-986-2323.

**Oct. 2 through 23 – Physical Recreation** – Tuesdays, Oct. 2-23, 3:15-4:15 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. For ages 8-17, this isn't your grandpa's old PE class! Free but please register at [www.parksandrec.fun/youth](http://www.parksandrec.fun/youth). More info: 386-986-2323.

**Oct. 2 through 23 – Palm Coast Apprentice Builders: WeDo 2.0 Robots** – Tuesdays, Oct. 2-23, 4:30-5:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Youth ages 8-11, build your science skills! This hands-on course using Lego WeDo 2.0 construction sets is designed for participants to be an active part of the learning process, collaborate to solve problems, and develop critical thinking skills. \$35 for the four-week session; pre-registration required at [www.parksandrec.fun/youth](http://www.parksandrec.fun/youth). More info: 386-986-2323.

**Oct. 2 through 23 – Palm Coast Shredder: Teen Mountain Biking Program** – Tuesdays, Oct. 2-23, 6-7 p.m. at Linear Park, 31 Greenway Court, Palm Coast. Participants ages 12-18 will learn basic off-road skills, explore trails, improve fitness, and understand teamwork and goal-



setting. Please bring your own mountain bike and helmet. \$5 for the four-week session. Register at [www.parksandrec.fun/teens](http://www.parksandrec.fun/teens). More info: 386-986-2323.

Oct. 2 through 30 – **Nature/Fitness Walks** – Tuesdays, Oct. 2-30, 8:30-9:30 a.m. at Palm Coast Community Center Trail Head, 305 Palm Coast Pkwy. NE, Palm Coast. Get your steps in with easy, weekly walks through Palm Coast's beautiful Linear Park, offered by Palm Coast Parks & Recreation. Free, but please pre-register 48 hours in advance of each walk (while space available): [www.parksandrec.fun/wellness](http://www.parksandrec.fun/wellness). More info: 386-986-2323.

Oct. 2 through 30 – **Awesome Alphabet** – Tuesdays, Oct. 2-30, 10-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Children ages 3-5 with their parents will have an enjoyable experience about the alphabet through hands-on exposure. \$40 for all classes through Dec. 11 or \$5/class. Register at [www.parksandrec.fun/toddlers](http://www.parksandrec.fun/toddlers). More info: 386-986-2323.

Oct. 3 – **Our Neck of the Woods** – Wednesday, Sept. 19, 10-11 a.m. at Linear Park, 31 Greenway Court, Palm Coast. Parents will join their children ages 3-5 in this fun way of learning about what treasures can be found in our wooded park. There will be story time, crafts and a short exploration walk. This program will support cognitive learning, communication skills and eye/hand coordination. Free but please pre-register at [www.parksandrec.fun/toddlers](http://www.parksandrec.fun/toddlers). More info: 386-986-2323.

Oct. 5 – **Coffee Series sponsored by Florida Hospital Flagler** – Friday, Oct. 5, 9-10 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. This month: "Elder Nutrition and Food Safety, MyPlate for Older Adults" with Margaret Cruz. The coffee and lecture are free, but pre-registration is required (while space available) by 11 a.m. Oct. 3: [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

Oct. 5 – **Freaky Fridays** – Friday, Oct. 5, 5-10:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Parents, are you in need of a date night or just wish for peace and quiet around the house on a Friday night? Let us watch your kids, ages 5-12, so you can have a night to yourselves. Kids will eat pizza, play games, watch movies, and have fun. \$15/first child and \$5/additional sibling (in the same transaction). Other dates include Nov. 2 and Dec. 7. Register at [www.parksandrec.fun/youth](http://www.parksandrec.fun/youth). More info: 386-986-2323.

Oct. 5 – **The Chill Zone** – Friday, Oct. 5, 5-10:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Hey teens ages 13-17, tired of sitting around bored on a Friday night? Come hang out, eat pizza, listen to music, watch movies, play video games, and otherwise chill. \$5/night and other dates include Nov. 2 and Dec. 7. Register at [www.parksandrec.fun/teens](http://www.parksandrec.fun/teens). More info: 386-986-2323.

Oct. 5 through Nov. 2 – **Little Kickers Session 5** – Fridays, Oct. 5-Nov. 2, 10:15-11 a.m. at Holland Park, 18 Florida Park Drive, Palm Coast. This five-week, child-with-parent program teaches children ages 3-5 about an organized sport that highlights sequential directions and gross motor skills necessary to play soccer. This program is designed for parents to assist children during the lesson. \$35/person. Register at [www.parksandrec.fun/toddlers](http://www.parksandrec.fun/toddlers). More info: 386-986-2323.

Oct. 8 – **Monday Funday** – Monday, Oct. 8, 10-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. This child-with-parent program will provide an enjoyable and educational environment for children ages 3-5 to explore social, emotional, physical and cooperative play

opportunities through movement, music, interactions and problem-solving skills while having fun with their peers! Free but please pre-register at [www.parksandrec.fun/toddlers](http://www.parksandrec.fun/toddlers). More info: 386-986-2323.

**Oct. 10 – Playground Pals** – Wednesday, Oct. 10, 10-11 a.m. at Waterfront Park, 150 Waterfront Park Road, Palm Coast. Children ages 2-5 and parents will have the chance to meet new people in our wonderful community through fun, interactive games while playing on local playgrounds. Free but please pre-register at [www.parksandrec.fun/toddlers](http://www.parksandrec.fun/toddlers). More info: 386-986-2323.

**Oct. 10 – Creepy Crawlies** – Wednesday, Oct. 10, 4:30-5 p.m. at Linear Park, 31 Greenway Court, Palm Coast. For children ages 3-8, this educational, child-with-parent learning program is all about local insects. Free but please register at [www.parksandrec.fun/toddlers](http://www.parksandrec.fun/toddlers). More info: 386-986-2323.

**Oct. 12 – Discover Trip: Seniors at Sea on the Black Raven Pirate Ship** – Friday, Oct. 12, 11 a.m.-5 p.m. Join the Black Raven crew for an exciting journey on a full-sized pirate ship as they sing sea shanties and conduct sword training. Lunch will be at the participant's expense at A1A Ale Works. Registration fee includes round-trip motor coach transportation and admission. The cost is \$70. Register by Oct. 10 (while space is available) at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

**Oct. 12 – Movies in the Park** – Friday, Oct. 12, 7:15 p.m. in Central Park at Town Center, 975 Central Ave., Palm Coast. Families will enjoy a family friendly movie on the park's giant outdoor movie screen. Closed captioning is provided. This month's feature: Cars 3 (G). Bring your blanket, lawn chairs and snacks and invite your friends and neighbors to join you at this free, monthly family activity offered by Palm Coast Parks & Recreation and Flagler Schools. More info: 386-986-2323 and [www.palmcoastgov.com/movies](http://www.palmcoastgov.com/movies).

**Oct. 13 – Cornhole Tournament** – Saturday, Oct. 13, 9 a.m. start time at Palm Coast Tennis Center, 1290 Belle Terre Pkwy. Cornhole is a widely popular sport, even being featured on ESPN. Sign you and your partner up today! Bags and boards are provided. \$35 per two-person team. Ages 15 and up. Register at [www.parksandrec.fun/athletics](http://www.parksandrec.fun/athletics). More info: 386-986-2323.

**Oct. 14 – Pink Army 5K Run/Walk & 1 Mile Fun Walk** – Sunday, Oct. 14, 7:45 a.m. start time for the 5K at Florida Hospital Flagler, 60 Memorial Medical Pkwy., Palm Coast. The pet-friendly 1 Mile Fun Walk will begin at 8:30 a.m., and a Kids Fun Run will start at 8:45 a.m. Raising money for breast cancer awareness, education and screening, 100 percent of the proceeds raised will go toward diagnostic services and education to aid in the early detection of breast cancer. \$25 early bird registration (by Oct. 1); \$30 regular registration (Oct. 2-13); \$35 day of race registration (Oct. 14); \$10 student rate (18 and under); \$25 for the 1 Mile Fun Walk. Register at [www.palmcoastgov.com/pinkarmy5k](http://www.palmcoastgov.com/pinkarmy5k). More info: 386-986-2323.

**Oct. 15 – Teen Adventure Trip: Xplex Paintball in New Smyrna Beach** – Monday, Oct. 15, 8 a.m.-5 p.m. leaving from the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. When school is out, the fun is in for teens 13-17! Registration fee includes admission fees for the attraction and round-trip bus transportation. This month: Xplex Paintball in New Smyrna Beach. \$50/person with pre-registration required at [www.parksandrec.fun/teens](http://www.parksandrec.fun/teens). The last Teen Adventure Trip of the season will be on Nov. 6. More info: 386-986-2323.

Oct. 15 – **Teddy Bear Picnic** – Monday, Oct. 15, 10-10:30 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Children ages 2-5 can bring their favorite teddy bear out to different themed sessions while enjoying a snack, story time and game playing or craft. The theme for Oct. 15 is Wear Your Favorite Color. Free but please pre-register at [www.parksandrec.fun/toddlers](http://www.parksandrec.fun/toddlers). More info: 386-986-2323.

Oct. 15 – **I Love Lucy Day** – Monday, Oct. 15, 1-4 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. This Senior Special Event celebrates one of television's all-time greatest shows. Watch a marathon of I Love Lucy with popcorn and light refreshments. Free but please pre-register at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

Oct. 15 through Nov. 26 – **Awesome Art** - Mondays, Oct. 15-Nov. 26, 3:30-4:30 p.m. at Linear Park, 31 Greenway Court, Palm Coast. Inspired by your own world and the work of artistic geniuses, this program provides youth ages 8-17 with the techniques and confidence to build up your art portfolio. \$5/class with pre-registration required at [www.parksandrec.fun/youth](http://www.parksandrec.fun/youth). More info: 386-986-2323.

Oct. 16 – **Food Truck Tuesday** – Tuesday, Oct. 16, 5-8 p.m. at Central Park in Town Center, 975 Central Ave, Palm Coast. Purchase and enjoy delicious cuisine available from food trucks situated along Park Street next to Central Park. This month's beneficiary is the Family Life Center. More info: [www.palmcoast.gov.com/foodtruck](http://www.palmcoast.gov.com/foodtruck) or call 386-986-2323.

Oct. 17 – **Florida Hospital Flagler Wellness Screening** – Wednesday, Oct. 17, 9-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Florida Hospital Flagler, our official Health & Wellness event partner, is offering FREE monthly health screenings. Each screening will focus on a specific area of health. This month: blood pressure. Free but please register at [www.parksandrec.fun/wellness](http://www.parksandrec.fun/wellness). More info: 386-986-2323.

Oct. 17 – **Our Neck of the Woods** – Wednesday, Oct. 17, 10-11 a.m. at Linear Park, 31 Greenway Court, Palm Coast. Parents will join their children ages 3-5 in this fun way of learning about what treasures can be found in our wooded park. There will be story time, crafts and a short exploration walk. This program will support cognitive learning, communication skills and eye/hand coordination. Free but please pre-register at [www.parksandrec.fun/toddlers](http://www.parksandrec.fun/toddlers). More info: 386-986-2323.

Oct. 17 through Dec. 12 – **Better Balance through Tai Chi (Beginners)** – Wednesdays, Oct. 17-Dec. 12, 5:30-6:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Moving for better balance is a group program that focuses on improving functional ability, such as balance and physical function, to reduce risks and frequency of falls or other injuries. Good for all levels of fitness. \$7/class. Please pre-register at [www.parksandrec.fun/wellness](http://www.parksandrec.fun/wellness). More info: 386-986-2323.

Oct. 19 – **Lunch N' Lecture Series sponsored by Florida Hospital Flagler** – Friday, Oct. 19, 11 a.m.-12:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. This month: "The Search for Amelia Earhart" with Dr. Leo Murphy. The lecture and lunch are free, but pre-registration is required (while space available) by 11 a.m. Oct. 17: [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

Oct. 20 – **American Red Cross Babysitting Class** – Saturday, Oct. 20, 9 a.m.-3:30 p.m. at Frieda Zamba Swimming Pool, 339 Parkview Drive, Palm Coast. This class will prepare and teach teens the fundamentals of babysitting in a 6.5-hour course. Participants will receive a



handbook, reference guide and CD, and a two-year certification. \$50/person with pre-registration required at [www.parksandrec.fun/teens](http://www.parksandrec.fun/teens). More info: 386-986-4741.

**Oct. 22 – Monday Funday** – Monday, Oct. 22, 10-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. This child-with-parent program will provide an enjoyable and educational environment for children ages 3-5 to explore social, emotional, physical and cooperative play opportunities through movement, music, interactions and problem-solving skills while having fun with their peers! Free but please pre-register at [www.parksandrec.fun/toddlers](http://www.parksandrec.fun/toddlers). More info: 386-986-2323.

**Oct. 22 – Learn the Basics of Your Computer** – Monday, Oct. 22, 1-3 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Want to learn more about your computer? These classes teach you all about the basic care of your computer, different programs you might have to use, and internet security. This class will be: Learning the Internet and Security. Free but please pre-register at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

**Oct. 24 – Playground Pals** – Wednesday, Oct. 24, 10-11 a.m. at Waterfront Park, 150 Waterfront Park Road, Palm Coast. Children ages 2-5 and parents will have the chance to meet new people in our wonderful community through fun, interactive games while playing on local playgrounds. Free but please pre-register at [www.parksandrec.fun/toddlers](http://www.parksandrec.fun/toddlers). More info: 386-986-2323.

**Oct. 24 – Creepy Crawlies** – Wednesday, Oct. 24, 4:30-5 p.m. at Linear Park, 31 Greenway Court, Palm Coast. For ages 3-8, this educational child-with-parent learning program is all about local insects. Free but please register at [www.parksandrec.fun/toddlers](http://www.parksandrec.fun/toddlers). More info: 386-986-2323.

**Oct. 26 – Spooktacular Luncheon** – Friday, Oct. 26, 11 a.m.-12:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. For this Senior Special Event, dress up in your favorite Halloween attire and enjoy Halloween-style treats and lunch, a costume contest, music, and prizes! \$5/person with pre-registration required at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

**Oct. 27 - First Aid & CPR/AED** - Saturday, Oct. 27, 9 a.m.-4 p.m. at Palm Coast Fire Station 25, 1250 Belle Terre Pkwy., Palm Coast. This class is a 7-hour course (one hour for lunch) designed to meet OSHA regulations and teach administering CPR to children and adults, using an Automated External Defibrillator (AED), using a mask or barrier device, assisting with bleeding, broken bones. \$50/person with pre-registration required by 9 a.m. Oct. 25. Sign up at [www.palmcoastgov.com/cpr](http://www.palmcoastgov.com/cpr). More info: [cprcertification@palmcoastgov.com](mailto:cprcertification@palmcoastgov.com) or 386-986-2300.

**Oct. 27 – Teddy Bear Picnic** – Saturday, Oct. 27, 10-10:30 a.m. at Holland Park, 18 Florida Park Drive, Palm Coast. Children ages 2-5 can bring their favorite teddy bear out to different themed sessions while enjoying a snack, story time and game playing or craft. The theme for Oct. 27 is Halloween/Dress-Up Hats. Free but please pre-register at [www.parksandrec.fun/toddlers](http://www.parksandrec.fun/toddlers). More info: 386-986-2323.

**Oct. 29 – Florida Hospital Flagler Wellness Workshop** – Monday, Oct. 29, 10-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Stay firm and get more flexible. Work your muscles to move better, bend more easily and reach higher. Take control, stretch to the next level and relax. Florida Hospital Flagler, our official Health & Wellness event partner, is offering this workshop led by PT Solutions. Free but please register at [www.parksandrec.fun/wellness](http://www.parksandrec.fun/wellness). More info: 386-986-2323.

Oct. 29 – **Teddy Bear Picnic** – Monday, Oct. 29, 10-10:30 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Children ages 2-5 can bring their favorite teddy bear out to different themed sessions while enjoying a snack, story time and game playing or craft. The theme for Oct. 29 is Halloween Dress-Up. Free but please pre-register at [www.parksandrec.fun/toddlers](http://www.parksandrec.fun/toddlers). More info: 386-986-2323.

Oct. 30 and 31 – **Hall of Terror** – Tuesday, Oct. 30, 7-9 p.m., and Wednesday, Oct. 31, 7-10 p.m., at Fire Station 21, 9 Corporate Drive, Palm Coast (behind Kohl's). Hall of Terror takes those who dare through a haunted house and show at Palm Coast Fire Station 21. Volunteer characters, many of whom are firefighters and other City employees, provide the scares. Free and no registration required. More info: 386-986-2300 or [www.palmcoastgov.com/events](http://www.palmcoastgov.com/events).

Oct. 30 through Nov. 27 – **Dance with Me! Ballroom Dance Classes** – Tuesdays, Oct. 30-Nov. 27, 6:30-7:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Don't just sit and watch Dancing with the Stars this year, be part of the action! Instructors Tom and Jo Sanders will teach you the Waltz, Foxtrot, Tango, Cha Cha, Rumba, and East Coast Swing dance styles. Beginners welcome and partners not required. \$10/class at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

Oct. 31 through Dec. 12 – **Better Balance through Tai Chi (Intermediate)** – Wednesdays, Oct. 31-Dec. 12, 9-10 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Moving for better balance is a group program that focuses on improving functional ability, such as balance and physical function, to reduce risks and frequency of falls or other injuries. Good for all levels of fitness. \$7/class. Please pre-register at [www.parksandrec.fun/wellness](http://www.parksandrec.fun/wellness). More info: 386-986-2323.

Nov. 1 – **Nature/Fitness Walk for Mobility Week** – Thursday, Nov. 1, 8:30-10:30 a.m. at Palm Coast Community Center Trail Head, 305 Palm Coast Pkwy. NE, Palm Coast. Take a free, guided walk along Palm Coast's trail system and learn about the interconnectivity of Palm Coast's parks, trails, and residential and commercial areas. River to Sea Transportation Planning Organization Community Outreach Coordinator Pam Blankenship will speak, and healthy refreshments will be served after the walk. Free to participate, but please pre-register 48 hours in advance at [www.parksandrec.fun/wellness](http://www.parksandrec.fun/wellness). More info: 386-986-2323.

### **Ongoing Weekly Programs**

Mondays – **Sit, Stitch 'N Give** – Mondays, 9-11 a.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Does life have you all tied up in knots? Join us for a chance to unwind. Come chat, knit, crochet, embroider, etc., and laugh with those who understand your desire to take a long piece of thread fiber and create a beloved "work of heart." All levels of experience are welcomed. Free but please register at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

Mondays – **Color Me Happy** – Mondays, 9-11 a.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Think you're too old to color? Well, think again! Seniors coloring is a great, fun way to combat stress, promote mindfulness, allow creativity and activate different areas of the brain. Bring your favorite coloring book or pages and colored pencils or use the supplies we have available. Free but please register at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

Mondays – **Line Dancing from the Ground Up (Beginners)** – Mondays, 6-8 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy NE. Enjoy this line dancing program made for beginners! No previous experience is necessary. Admission is \$3 per week. Pre-registration is required at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

Mondays – **Line Dancing from the Ground Up (Intermediate)** – Mondays, 6-8 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Now that you have learned the steps, let's learn some dances! Enjoy this line dancing program made for the intermediate level. Admission is \$3/pre-registered class or \$5/drop-in. Pre-registration is required at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

Mondays and Wednesdays – **Junior Development (youth tennis program)** – Mondays and Wednesdays, 6-7:30 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players ages 11 to 18 years, with focus on refining techniques and tactics for doubles and singles. \$252/session or \$18/day. Pre-register at [www.parksandrec.fun/tennis](http://www.parksandrec.fun/tennis). More info: 386-986-2550.

Mondays and Wednesdays – **Green Rallies (youth tennis program)** – Mondays and Wednesdays, 5-6 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players ages 11 to 14 years, with cooperative and competitive partner and team activities, players develop match skills and make tennis friends. \$162/session or \$12/day registration. Pre-register at [www.parksandrec.fun/tennis](http://www.parksandrec.fun/tennis). More info: 386-986-2550.

Mondays and Thursdays – **Cardio Tennis (tennis for adults)** – Mondays, 9:30-10:30 a.m. and Thursdays, 7-8 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. Get your heart rate up with tennis drills and games. \$10/day for pre-registration or \$12/day for same-day registration. More info: 386-986-2550 or [www.parksandrec.fun/tennis](http://www.parksandrec.fun/tennis).

Tuesdays – **Beginners Clinic (tennis for adults)** – Tuesdays, 9:30-10:30 a.m. at Holland Park tennis courts, 18 Florida Park Drive, Palm Coast. A social clinic that teaches the fundamentals of tennis. \$9/day for pre-registration or \$12/day for same-day registration. More info: 386-986-2550 or [www.parksandrec.fun/tennis](http://www.parksandrec.fun/tennis).

Tuesdays – **Wood Carvers** – Tuesdays, 1-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. The art of wood carving has a history that spans centuries. At its core, wood carving transforms a piece of wood into a masterfully crafted work of art. This program is open to men and women of all levels and abilities. Participants must bring their own materials. Free but please register at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

Tuesdays – **Pinochle** – Tuesdays, 1-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Pinochle is a trick-taking card game typically for two to four players and played with a 48-card deck. Derived from the card game bezique, players score points by trick-taking and also by forming combinations of cards into melds. Free but please register at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

Tuesdays, Wednesdays, Fridays – **Pickleball Open Court** – 1 p.m. to 3 p.m. Tuesdays; 6-8 p.m. Wednesdays; and 11 a.m.-1 p.m. Fridays. Try out the paddle sport that combines tennis, badminton and ping-pong! This adult program is offered free at Belle Terre Park tennis courts, 339 Parkview Drive, Palm Coast. Equipment is provided during Open Court. More info: Palm Coast Parks & Recreation at 386-986-2323.



Tuesdays and Thursdays – **Senior Social Corner** – Tuesdays and Thursdays, 10 a.m.-Noon at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Looking to get out of the house and mingle? Join our Senior Social Corner and make new friends! Sit and relax in the comfort of our Community Center and chat about whatever is on your mind that day. This is also a great opportunity for seniors who are looking for a meeting space to come and discuss specific topics. Free but please register at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

Tuesdays and Thursdays – **Red Rallies (youth tennis program)** – Tuesdays and Thursdays, 5-6 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players in 2<sup>nd</sup> and 3<sup>rd</sup> grades, with cooperative and competitive partner and team activities, players develop match skills and make tennis friends. \$162/session or \$12/day. Pre-register at [www.parksandrec.fun/tennis](http://www.parksandrec.fun/tennis). More info: 386-986-2550.

Tuesdays and Thursdays – **Orange Rallies (youth tennis program)** – Tuesdays and Thursdays, 6-7 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players in 4<sup>th</sup> through 6<sup>th</sup> grades, with cooperative and competitive partner and team activities, players develop match skills and make tennis friends. \$162/session or \$12/day. Pre-register at [www.parksandrec.fun/tennis](http://www.parksandrec.fun/tennis). More info: 386-986-2550.

Tuesdays and Sundays – **Tennis Round Robins** – Round Robins are Tuesdays, 6-8 p.m. and Sundays, 9:30-11 a.m. at Palm Coast Tennis Center, 1290 Belle Terre Pkwy. \$5/day; free for Pass-Holders. More info: 386-986-2550.

Wednesdays – **Doubles Skills Clinic (tennis for adults)** – Wednesdays, 9-10:30 a.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. Situational drills and games for doubles. \$15/day for pre-registration or \$17/day for same-day registration. More info: 386-986-2550 or [www.parksandrec.fun/tennis](http://www.parksandrec.fun/tennis).

Wednesdays – **Open Art Studio** – Wednesdays, 9 a.m.-noon at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Need a space to create your next work of art? Stop by the Community Center for some creative time. Please bring your own materials. Free but please register at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

Wednesdays – **Mah Jongg** – Wednesdays, 1-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Mah Jongg is a game that originated in China. Join in on this game of skill, strategy, and calculation and make new friends. Free but please register at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors). More info: 386-986-2323.

Wednesdays – **Tennis Tots** – Wednesdays, 5-6 p.m. at Palm Coast Tennis Center, 1290 Belle Terre Pkwy. This clinic engages students and their parents with explorative activities that develop fundamental athletics and movement skills necessary for success in any sport! \$81/session or \$12/day. Pre-register at [www.parksandrec.fun/tennis](http://www.parksandrec.fun/tennis). More info: 386-864-2550.

Wednesdays – **Rookie Rallies (youth tennis program)** – Wednesdays, 6-7 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players in Kindergarten and 1<sup>st</sup> grades, with focus on the Athletic ABCs (agility, balance, and coordination). \$81/session or \$12/day. Pre-register at [www.parksandrec.fun/tennis](http://www.parksandrec.fun/tennis). More info: 386-986-2550.

Thursdays – **Game Day Social** – Thursdays, 12:30-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Game Day Social is comprised of a lively, spirited group of individuals who enjoy the camaraderie and competition of dominos, a variety of card games or

board games. Participants are encouraged to bring their favorite game or play one provided by the Parks & Recreation Department. Light refreshments are served. Free. More info: 386-986-2323.

Fridays – **Beginner's Pickleball** – Fridays, 9-11 a.m. Try out the paddle sport that combines tennis, badminton and ping-pong! This adult program is offered free at Holland Park tennis courts, 18 Florida Park Drive, Palm Coast. Equipment is provided during Open Court. More info: Palm Coast Parks & Recreation at 386-986-2323.

Fridays – **Morning Blast** – Fridays, 9:30-10:30 a.m. at Palm Coast Tennis Center, 1290 Palm Coast Pkwy. For players ages 18 and up, enjoy a fun and energetic start to your day that combines tennis drills with point play. \$10/day for pre-registration or \$12/day for same-day registration. Pre-register at [www.parksandrec.fun/tennis](http://www.parksandrec.fun/tennis). More info: 386-986-2550.

Fridays, Saturdays, and Sundays – **FootGolf** – Fridays, Saturdays, and Sundays, 5-8 p.m. at Palm Harbor Golf Club, 20 Palm Harbor Pkwy., Palm Coast. Soccer+golf=FootGolf! The cost is \$8 per person, with the cart included. Official rules require a No. 5 size soccer ball; players can bring their own, or rent one for \$3. FootGolfers will need to make a tee time by calling the Pro Shop at 386-986-GOLF (4653) or online at [www.palmharborgolfclub.com](http://www.palmharborgolfclub.com).

Saturdays – **Junior Golf Clinics** – Saturdays, 9-11 a.m. at Palm Harbor Golf Club, 20 Palm Harbor Pkwy., Palm Coast. Get out on the course with an instructor to learn the game of golf! Kids ages 8-16 will learn basic golf skills in this weekly clinic. \$15/week with pre-registration required. Space is limited, so sign up early by calling 386-986-4653 (GOLF).

See the Activity Guide at [www.palmcoastgov.com/recreation](http://www.palmcoastgov.com/recreation). All programs that require registration can be found at [www.parksandrec.fun](http://www.parksandrec.fun). Palm Coast Parks & Recreation can be reached at 386-986-2323.



**Sept. 19, 2018**

**Temporary road closure: Post Tree Lane on Tuesday, Sept. 25**

**Palm Coast** – The City of Palm Coast Public Works Department is planning a temporary road closure in front of 15 Post Tree Lane from 7:30 a.m. to 3:30 p.m. Tuesday, Sept. 25, for a drainage pipe replacement.

Residents will have access to their homes, but the road will be closed to through traffic during the daytime hours.

The City of Palm Coast appreciates the patience and cooperation of residents and motorists during these important drainage project.

For more information, call Customer Service at 386-986-2360.





**Sept. 21, 2018**

**Smoke testing of sewer lines set for Sept. 24-28 on Pritchard Drive, connecting streets**

To improve sewer service to citizens, the City of Palm Coast will be smoke testing the sanitary sewer lines for the homes on Pritchard Drive and all connecting streets. This smoke testing will be done from Sept. 24 through 28. This test, which involves forcing smoke into the sanitary sewer lines, will check for leaks, breaks and defects in the system.

The smoke is odorless, creates no fire hazard and will not enter your home or business unless you have defective plumbing or dried-up sink traps or floor drains. The smoke test should only affect your home for approximately 15 minutes. Homes affected by smoke testing will find a door tag hanging on the front door.

The smoke used for this test is manufactured strictly for this purpose, leaves no residuals or stains and has no effect on plants and animals. Direct contact with the smoke may cause minor respiratory irritation in some people.

If people in your building suffer from a heart condition, asthma, emphysema or some other respiratory condition and are planning to stay in the building during testing, notify the City of Palm Coast at 386-986-2371 to discuss your specific case.

Prior to testing, please pour two gallons of water in the seldom-used sinks or floor drains to prevent sewer gases, smoke or odors from entering the premises. If smoke does enter your home during testing, immediately remove yourself from the building, notify the crews that are conducting the test or call the City. Again, if smoke enters your home, it is an indication of a plumbing defect, so you should also notify a plumber. While we can assist in the location of any defects on private property, the correction of any defects are the responsibilities of the property owner.

Smoke that you will see coming from the vent stacks on houses is normal. However, smoke coming from holes in the ground IS NOT normal and is considered a defect. All such defects will be photographed and logged. The City will then contact the property owners if a defect is located on private property.

This smoke testing is part of the City's continuing effort to provide a safe, economical, efficient and environmentally sound sewer system throughout Palm Coast. The smoke testing procedure has been recommended by the U.S. Environmental Protection Agency as an effective means of identifying problem areas in the sewer system. Eliminating system defects and illegal connections will help our community remain in compliance with the new federal legislation regarding sewer systems maintenance and sanitary sewer overflows.

Thank you for your cooperation.



297 Cats

68 Dogs

2 Rabbits

1 Guinea Pig

## *Animals ready for homes*

What does one visualize when the subject of aggressive dogs comes up? Pit Bulls? Rottweilers? German Shepherds? The list can go on. In actuality, the reason for most bite cases in dogs isn't due to aggressive behavior, but for more investigative purposes. Before going into the details on how to train dogs known to express themselves through biting, one must first address why most dogs bite in the first place. Most dogs that bite in their adulthood most likely never learned otherwise as a puppy. It is up to the parent to encourage the puppy to channel their chewing instincts towards toys or dog bones. Better yet, teach the dog to be gentler through "bite inhibition". Biting is much more difficult to address in adult dogs due to the fact that they are not nearly as sensitive to a human's reaction. For more information contact FHS at 445-1814.

**Donation Opportunities:** The *Flagler Humane Society Thrift Store* always accepts donations. They cannot take in any computers/printers or large appliances. Call 386-597-2839 and leave a message. Call for our new store location where we will soon be collecting donations. "*General Donations*" can be dropped off anytime at your convenience. FHS appreciates all donations, especially those from our Wish List (available at [flaglerhumanesociety.org/wish-list](http://flaglerhumanesociety.org/wish-list)). You can also purchase items via the Amazon.com link on the FHS website and ship them directly to the shelter.

**Outreach Adoption Events:** Don't forget that FHS have volunteers and adoptable pets at Petco, PetSmart, Pet Supermarket and Tractor Supply in Palm Coast. Stop by and see our adoptable pets! Want to be a volunteer? Attend an orientation! Orientations are held at noon in the Humane Society education room every second Saturday of the month. Applications can be found on the FHS website. Interested in fostering? Contact our adoption specialist at [adopt@flaglerhumanesociety.org](mailto:adopt@flaglerhumanesociety.org).

**Adoption Specials:** Check out the FHS Facebook for upcoming adoption specials.

**Upcoming Fundraisers/Events:** See the FHS Website for information on our upcoming Putt for Paws Golf event. Be sure to check back for information on our upcoming Halloween Yappy Hour and our upcoming Yoga and Paws event.

**Offered Services:** The Flagler Humane Society has a variety of *Subsidized Spay & Neuter Programs* for members of the community that need to have their pets or community pets sterilized. Please call FHS at 386-445-1814, email [info@flaglerhumanesociety.org](mailto:info@flaglerhumanesociety.org) for questions. FHS has a *Wellness Clinic* for minor veterinary issues. Call 386-445-1814 for Appointments. *Low Cost Vaccination Clinics* are held on the 1<sup>st</sup> and 3<sup>rd</sup> Saturdays of every month from 1pm-3pm. FHS also offers a "*Pet Food Pantry*" for those that are in need of assistance. Please call for more information.

**To keep up with Flagler Humane Society happenings** – visit us on the FHS Facebook/Twitter/Instagram/Website at [www.flaglerhumanesociety.org](http://www.flaglerhumanesociety.org), or via email at [info@flaglerhumanesociety.org](mailto:info@flaglerhumanesociety.org).

## Pet of the Week



### MAX BLACK

Max Black is approximately 4 years old and is neutered, microchipped, vaccinated and ready for a forever home. He came to the shelter as a stray from the unincorporated county. Max has been in play group and does great with other dogs. He is a sweetie that is in need of a loving home to call his own. Stop by and meet this gentleman today!

#### *Adoption specialist:*

Katrina Geigley  
[adopt@flaglerhumanesociety.org](mailto:adopt@flaglerhumanesociety.org)

#### *Outreach Manager:*

Katie Share  
[kshare@flaglerhumanesociety.org](mailto:kshare@flaglerhumanesociety.org)