



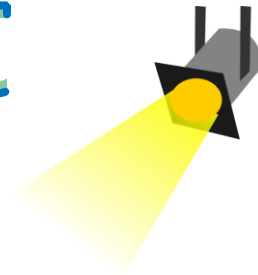
City Manager's

11/16/2018

WEEK-IN-REVIEW

in the

Spotlight



Community Cats Informational Mtg

This week the City hosted an informational meeting concerning the City supported Community Cat Diversion Pilot Program that is conducted in partnership with local organizations. Discussion included a presentation by Desiree Trist-Aragon of the *Best Friends Animal Sanctuary* where Desiree discussed best practice programs to enhance TNR (trap, neuter, release) while balancing the interests of neighbors. The event was well attended with 40 Palm Coast residents participating in the discussion.



Community Cats
Informational Meeting



Highlights

Gioia Sales Moves Into New Home:

This week Mayor Holland and City staff welcomed Gioia Sails South to their new home at their ribbon cutting event. This is a move for Gioia Sails into a custom built, larger home in Palm Coast. Gioia Sails has seen their business grow since relocating to Palm Coast several years ago and this 30,000 square foot warehouse allows for continued growth for their growing manufacturing business and their 55 employees.



**Gioia Sails South
Ribbon Cutting Event**



Palm Coast Honors America's Veterans:

This week we honored our Veterans for their service and devotion to our nation at the 2018 Veterans Day Ceremony at Heroes Memorial Park. The Palm Coast Community Choir provided patriotic music as speakers Mayor Milissa Holland, Representative Paul Renner, and others honored the sacrifice of our nation's heroes.



**Veteran's Day Ceremony
Honoring America's Heroes**



Announcements

*City Offices Closed Thursday, November 22 and Friday, November 23
In Observance of Thanksgiving*



*Thursday, November 22, 7:45am
Daytona State College*



*Small Business Saturday
Saturday, November 24
Palm Coast*

*Tree Lighting Ceremony
Saturday, December 1, 6pm
Central Park at Town Center*

*Annual Fantasy Lights Festival
Saturday, December 1 thru 30
Central Park at Town Center*

*Starlight Event – 4pm & Parade – 7pm
Saturday, December 8
Central Park at Town Center*

Next Week:

- *Tuesday, November 20, City Council Business Mtg, 9am, City Hall – Community Wing, 160 Lake Avenue*
- *Thursday, November 22, Beautification and Environmental Advisory Committee Mtg {CANCELLED}*

Attachments

- Administrative Services & Economic Development Department Update
- BAC Update
- Public Works Department Update
- Community Development Department Update
- Fire Department Update
- Parks & Recreation Department Update
- Utility Department Update
- Humane Society Update

News Releases

- Be Local, Buy Local – Small Business Saturday
 - Long Creek Nature Preserve grant public meeting (Nov. 27 event)
 - December calendar of events
-

Communications & Marketing

The City has officially launched its new Be Local, Buy Local campaign to encourage residents to shop at local businesses and eat at local restaurants. To support local retailers and restaurants as the holiday shopping season kicks off, the City is participating in the national celebration of Small Business Saturday on Nov. 24. The City Council is planning to issue a proclamation next week, and a news release about Small Business Saturday has gone out (see below).



In addition to supporting our local economy, shopping locally has the added benefit of generating money for amenities and projects for the community, because a portion of the sales tax collected returns back to Palm Coast to fund projects such as the new Community Center and Holland Park renovations, road repaving and street lights.

'Be Local, Buy Local' ads will run in local newspapers, websites and on the radio throughout the holiday season, and we have ordered new rack cards to distribute to local businesses. A Small Business Saturday social media campaign begins this weekend. Please engage with our Facebook posts so more residents will see them!

Also this week our Division staffed the Veterans Day ceremony, taking photos and videotaping it for Facebook Live and YouTube. Watch it here: <https://youtu.be/sd9iY7tsOvc>. The Veterans Day ceremony was also our social media focus of the week. Remember to follow us on Facebook, Twitter and Instagram.

In addition to designing ad copy for the new Be Local, Buy Local campaign, graphic design this week included the City's safety calendar and ads for upcoming holiday events. We participated in the Administrative Services & Economic Development Department's presentation for the Employee Academy. News releases that went out this week include Long Creek Nature Preserve grant public meeting (Nov. 27 event) and the December calendar of events.

City Clerk

- Prepared seven agenda items.
- Prepared two proclamations.
- Prepared and posted one agenda to the web.
- Presented on behalf of BAM at the State of the City meetings.



Central Services Division

Purchasing

Status	Ref. #	Project
Open	RFSQ-CD-19-12	Professional Utility Engineering Services
Open	RFSQ-CD-19-02 / ITB-CD-19-02	Pump Station "D" Improvement
Open	ITB-PW-19-15	Road Materials (Road Base, Stone, Shell and Rock) Master Price Agreement Contract
Open	ITB-UT-19-16	Rehabilitation of Wastewater Structures (Manholes, Wetwells, and other Wastewater Structures)
Open	ITB-PW-19-17	Culvert Pipes (Aluminized Corrugated Metal and High Density Polyethylene - HDPE)
Open	ITB-CD-19-04	Backup Power to Five (5) Pump Stations FEMA Contract #4283-27-R
Open	ITB-CD-19-05	Backup Power to Five (5) Pump Stations FEMA Contract #4283-31-R
Open	ITB-CD-19-06	Backup Power to Five (5) Pump Stations FEMA Contract #4283-33-R
Open	ITB-CD-19-07	Backup Power to Five (5) Pump Stations FEMA Contract #4283-34-R
Open	ITB-CD-19-08	Backup Power to Five (5) Pump Stations FEMA Contract #4283-35-R
Open	ITB-CD-19-09	Backup Power to Five (5) Pump Stations FEMA Contract #4283-36-R
Open	RFSQ-UT-19-18 / ITB-UT-19-18	2019 Sanitary Sewer Lining
Evaluating	RFSQ-CD-18-49 / ITB-CD-18-49	Palm Coast City Hall Emergency Generator
Evaluating	ITB-PW-19-13	Landscape Chemicals and Fertilizers
Completed	RFS-IT-18-65	Request for Solutions (RFS) for City Wide Security Assessment and Master Plan
Completed	RFSQ-SW-18-10	Professional Stormwater and Environmental Engineering Services

Contracts Processed:

- Various Piggyback Contracts for the purchase of new and replacement fleet vehicles per City Council Approval.
- Wells Fargo Bank, National Association – Piggyback Contract for Comprehensive Banking Services – C-18-0252-SM – 11/14/2018 – 07/31/2022
- Motion Industries, Inc. – Piggyback Contract for Operations Power Transmission Components & Related Supplies – 011614-MII – 11/13/2018 – 02/18/2019
- U.S. Submergent Technologies, LLC – Service Agreement for Cleaning of Ditches and Pump Stations – ITB-UT-18-72 – 11/14/2018 – 11/13/2019
- Ayres Associates – Piggyback Contract for Bridge Inspections – Contract # C-9J75 – 11/11/2018 – 05/14/2019
- Hill's Fencing – Piggyback Contract for Chain Link Fencing – 14-B-128VO – 11/14/2018 – 09/04/2019
- Processed 2 Contract Renewals.

BUSINESS ASSISTANCE CENTER



The Palm Coast Business Assistance Center Services Provided by the SBDC at UCF

Located at City Hall
160 Lake Avenue
Palm Coast, Florida 32164
(386) 986-2499
www.PalmCoastBAC.com

BUSINESS CONSULTING

- This Week – 10 Consulting Sessions, 32 Consulting Hours
- Total for Month – 28 Consulting Sessions, 94 Consulting Hours

NEW PALM COAST COMMERCIAL BUSINESSES

- WTL Holdings Corp – 1 Hargrove Grade – Consultant

NEW PALM COAST HOME BASED BUSINESSES

- Yvonne Crawford – Janitorial Service
- Marycel Mena – Janitorial Service

PUBLIC WORKS – Nestor Abreu, Director



Painting fields for soccer tournament - ITSC



Measuring fields for soccer tournament - ITSC



Landscape bed maintenance – Palm Harbor Drive



Maintaining turf areas
Palm Coast Parkway



Landscape bed maintenance
ITSC



Athletic field maintenance - ITSC

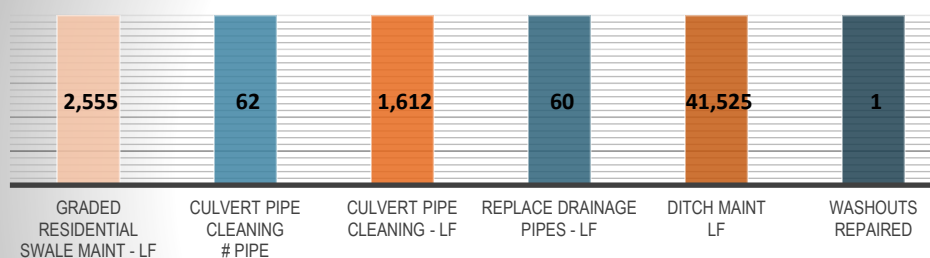


Power washing – Holland Park

Parks & Medians Division



Stormwater Division

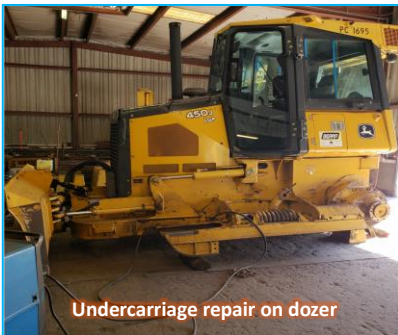
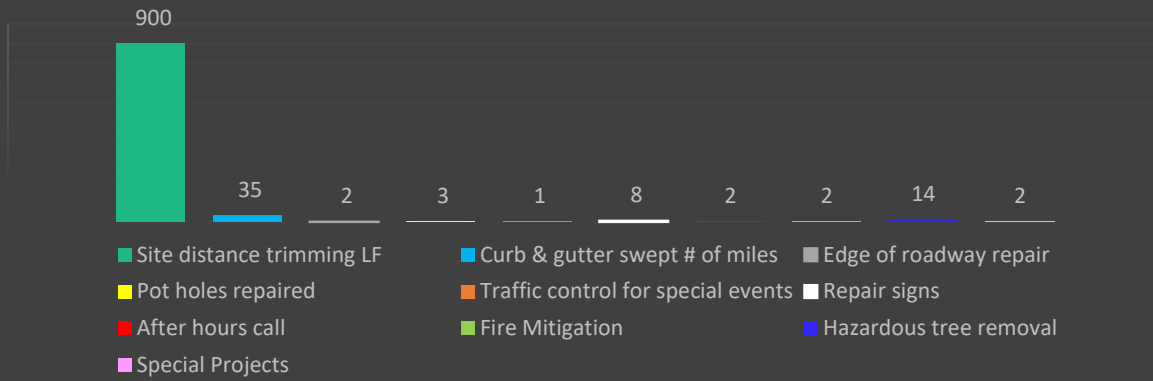


Swale grading
Bird of Paradise

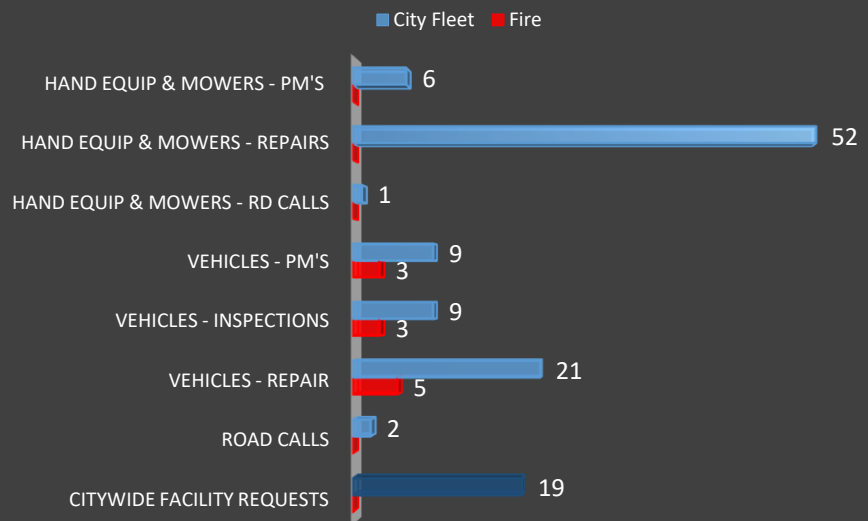


Installing new stormwater pipe – Porter Lane

Streets Division

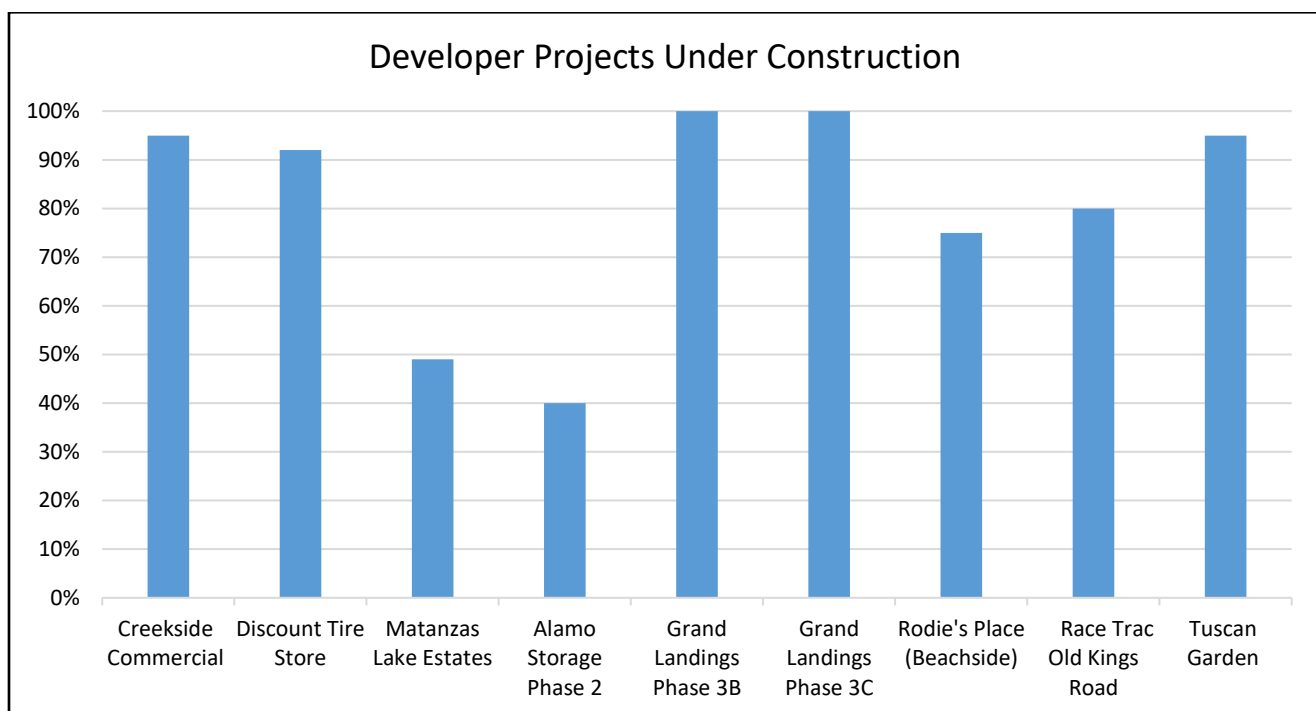
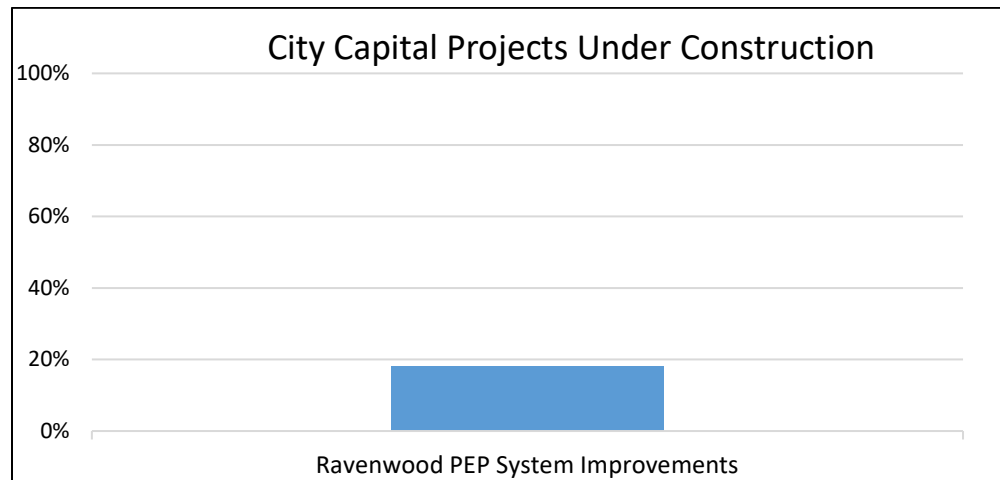


Facility & Fleet Service



COMMUNITY DEVELOPMENT – Stephen Flanagan, Director

DEVELOPMENT FOR THE PROTECTION OF THE CITY'S
NATURAL RESOURCES, PUBLIC HEALTH, SAFETY, AND WELFARE.



Commercial Permits Issued			
2125 Palm Harbor Parkway - Protea Senior Center	Covered Awnings for weather protection	First Coast Awnings	\$8,500
Commercial Permits Applied			
250 Palm Coast Parkway NE Unit 209	Interior Renovations - PT Solutions	Hannon Construction Company	\$250,000
Occupancy Permits Issued			
31 Old Kings Road Suite 1	M Louis & Co. Hair Salon	Louanne Vardakas	
Construction value improvements from October 1, 2018 to date			\$39,510,859
Residential Single Family / Duplex Residences			15

Spotlight Projects

City of Palm Coast Earns StormReady Status

The StormReady local advisory board established by the National Weather Service (NWS) in Jacksonville recently visited the Flagler County Emergency Operations Center to review the City's StormReady renewal application. The City of Palm Coast demonstrated that it meets the criteria to be re-recognized as StormReady by the NWS.

City of Palm Coast Hosts CDBG Application Workshop

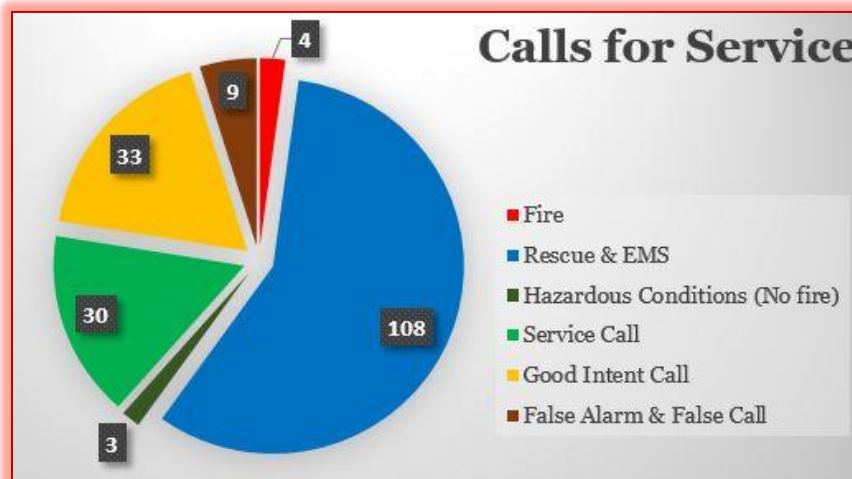
On November 8, 2018 the Annual CDBG Application workshop was held at the Community Wing of City Hall. The event is the kickoff to the four week application period November 13, 2018 to December 14, 2018.

Approximately twenty-two people attended the event to learn about basic program eligibility requirements to receive needed housing repairs for single family homes. Applications may be accepted by making an appointment with Ms. Lydia Gregg, Mid Florida Housing Partnership, at 386-274-4441 ext. 301. The City has received an estimated \$400,000 in housing repair monies from HUD to be committed over the next two years.

Applicants do have to be income qualified. For one person, the 2018 income limit was \$33,000 and for a family of four the income limit was \$47,000. For more information, please see the following link:

<https://www.palmcoastgov.com/housing-programs/housing-rehabilitation-program>





GUIDANCE

Tip of the Month:

During the month of November, we encourage you to exercise safety in the kitchen. Especially as we prepare our Thanksgiving meals! Check out this PSA on how to properly deep-fry a turkey.

PSA - "Dangers of Turkey Fryers" National Fire Protection Agency

<https://www.youtube.com/watch?v=kjUynqoHXdQ&t=1s>

Volunteer Intern

"Become a Volunteer"

<http://www.palmcoastgov.com/government/fire/volunteer>

Register for Basic First Aid & CPR or
Healthcare Provider:

<http://www.palmcoastgov.com/government/fire/cpr>

COMMUNITY OUTREACH

Basic First Aid & CPR:

November 17th 0 openings
December 22nd 12 openings

Healthcare Provider:

December 7th 3 openings

DEPARTMENT ACTIVITIES

Flagler Palm Coast High School students have a total of 37 "Ride-Along" hours this week.

Veteran's Day gives most Americans the opportunity to thank a veteran who has served in the military. What we see through the interactions with our veterans is a common thread binding each of them. Dedication! It is because of these individuals, we celebrate the rededication of this lobby from what was once the administrative image of the fire department to now, what will be known as "Our Common Valor".

The Palm Coast Fire Department launched its official Facebook Page. You can visit the page at www.facebook.com/palmcoastfire for more photos and updates on the department's activities.



Our Common Valor Wall at Fire Station 25

HIGHLIGHTS

We Salute our Military

Investing time and training into a veteran is something Palm Coast Fire Department is seriously pursuing; there are a few reasons why we should take advantage of these amazing people:

1. They are proven leaders.
2. They do well under pressure. These employees are solid; they react and perform well under difficult circumstances.
3. They deserve it. These individuals served our nation for us. They risked their lives and left their families. Many saw terrible things and overcame huge obstacles. As leaders in the fire service, we owe it to them to give them a chance.

We want to thank every veteran who has served our country in the past or is currently in the active reserves. We also want to thank those department members who have family in active service protecting our freedoms throughout the world. The freedom we enjoy is because of them and we should all be forever grateful.

Firefighters Fight Cancer

The Palm Coast Fire Department is taking steps to help to prevent cancer in the fire service. New post decontamination buckets were placed in all of our Fire Engines. The contents help crews decontaminate themselves & gear following a fire.

These buckets were all made possible by a grant from Florida State Fire Marshals Office, the Sylvester Comprehensive Cancer Center through the University of Miami Health System.



Chief Forte & DE Patrick Shakes who served in the United States Marine Corps



The oldest Veteran, Volunteer Associate Charles Esposito & Volunteer Intern Joshua Meeker, the youngest military personnel cutting the cake



Lt. Dan Driscoll educates the department on the new post decontamination buckets

Parks & Recreation – Alex Boyer, Director

On Wednesday, Nov. 14, we hosted an event for World Diabetes Day, the world's largest diabetes awareness campaign. Thank you to Mayor Holland, City of Palm Coast, DiaBEATes Alliance, Florida Hospital Flagler, Oceanside Beach Bar and Grill, and MPower Fitness for their support and partnership in our event. Thank you to Flagler County Fire Rescue and our participants who attended as well! We have uploaded a photo album from the event on our Facebook page at www.facebook.com/palmcoastrec.

Our adults and seniors got into the holiday spirit yesterday! This month's Discover Trip was to the Festival of Trees in Orlando. It features the most beautiful decorated trees and holiday treasures. Several rooms in the Orlando Museum of Art are transformed into a winter wonderland of holiday traditions. Local artists and designers decorate dozens of trees with glitter lights, homemade ornaments, and holiday vignettes, along with custom-made wreaths and gingerbread houses.

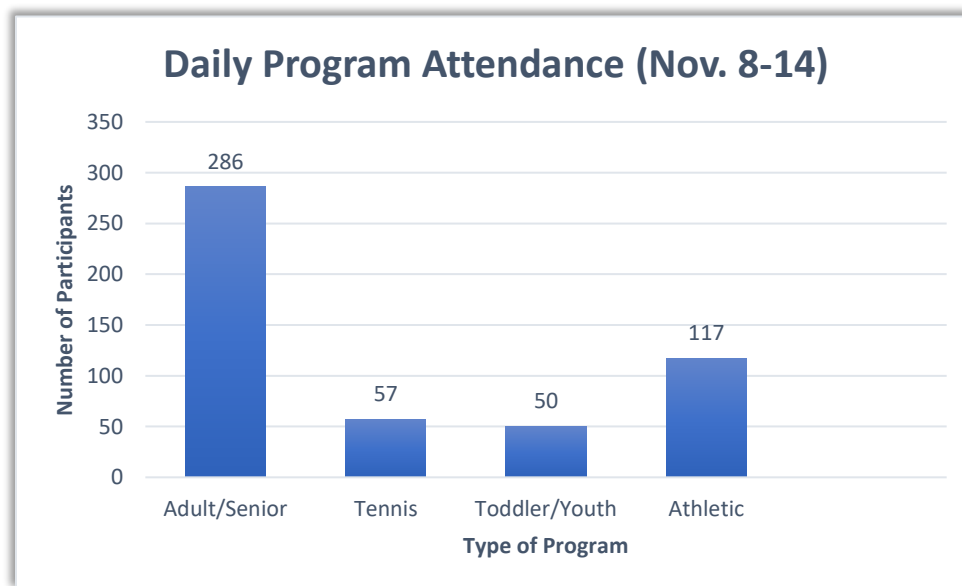
Next week we are looking forward to our fall break camps and Thanksgiving Feet to Feast 5K. Both our Fall Fun Camp and Thanksgiving Break Tennis Camp are held Monday, Nov. 19 through Wednesday, Nov. 21. For more information or for registration, visit www.parksandrec.fun/camps. Our Thanksgiving Feet to Feast 5K takes place on Thanksgiving morning Nov. 22. It is held at Daytona State College Palm Coast starting at 7:45am. There will be a costume contest with prizes, so we encourage all participants to dress up!

Winter/Spring 2018-19 Activity Guide

<http://www.palmcoastgov.com/recreation>

Online Registration & Activities List

<http://www.parksandrec.fun>



Programs Offered this Week

Adult/Senior

Weekly Senior Social Programs
Line Dancing
Dance with Me Ballroom Dance Classes
Coffee Series
Discover Trip – Festival of Trees

Health & Wellness

Better Balance through Tai Chi
Yoga for All & Gentle Yoga
REFIT Revolution Family Fitness
World Diabetes Day
Florida Hospital Flagler Wellness
Screening

Athletics

Adult Open Gym Volleyball & Basketball
Pickleball (Open, Beginner's, & Ladder)

Tennis - Adults

Beginners, Cardio, Morning Blast,
Doubles Skills, & Round Robins

Tennis - Youth

Tennis Tots
Rallies (Rookie, Red, Orange, & Green)
Junior Development

Toddler/Youth/Teen

Musical Munchkins
Munchkin Soccer
Awesome Alphabet Outing
Awesome Art for Young Minds
Eddie Eagle GunSafe Program
Playground Pals



Discover Trip – Festival of Trees (Orlando)



World Diabetes Day – Nov. 14

COMING UP

Nov. 19-21 – Fall Camps

Nov. 22 – Thanksgiving Feet to Feast 5K

Dec. 1 – Tree Lighting Ceremony

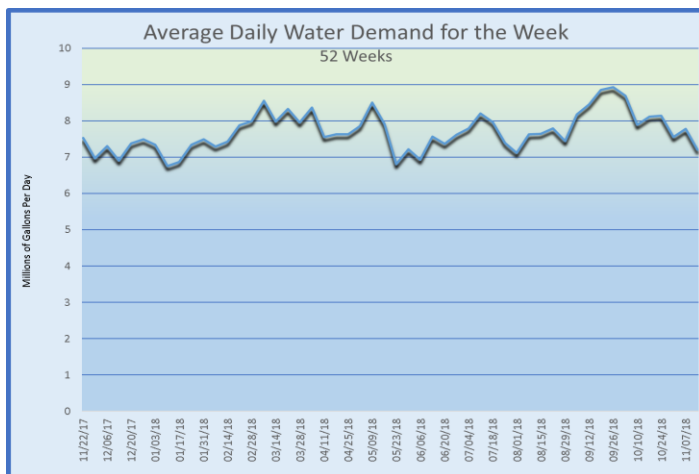
Dec. 8 – Starlight Parade

Dec. 19 – Multi-Generational Art Exhibition

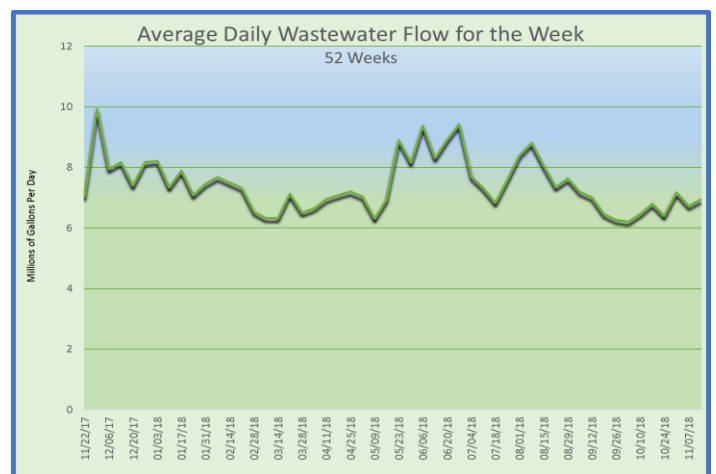
Utility – Richard Adams, Director

11-15-2018

- The average water demand for this week was 7.208 million gallons per day.
- The average wastewater flow for the week was 6.939 million gallons per day.
- Water Distribution crews installed 31 new water meters and 13 reuse meters.
- There are 220 new meter installations pending with 40 cleared and an average installation time of 4 weeks.
- Wastewater Operations installed 7 new PEP tanks and replaced 2 tanks.
- There are 16 new PEP tanks pending and 23 PEP tank replacements pending. Currently all new tanks are being installed within 5 days of site ready.
- There were 53 calls after hours.
- Water Distribution crews repaired 7 water service lines and replaced 3, repaired 3 manifolds, completed 6 meter pit adjustments/replacements and tested and repaired 70 backflow preventers.
- Wastewater crews replaced 25 PEP pumps, 31 floats and 11 cleanout caps, installed 4 new PEP pump assemblies and 4 PEP pump electric assemblies. Repaired 2 service laterals and inspected via CCTV 12,817 feet of gravity sewer and 56 manholes.
- On November 10th, vandalism occurred at well LW-107. The Flagler County Sheriff's Department was called, a report was taken and they are investigating. Staff collected Total Coliform samples from the Water Treatment Plant #2 Point of Entry and Wellsite LW-107 and the samples came back clear.
- Wastewater Operations completed rehabilitation of Pump Station 37-1 (Lakeview) and placed the station back online. Also, installed carbon scrubber at Pump Station 14-1 on (Cimmaron).
- Guardian completed core sampling test around unground fuel storage tank, and samples passed with no trace of fuel outside tank.



The average water demand for the week was 7.208 million gallons per day.

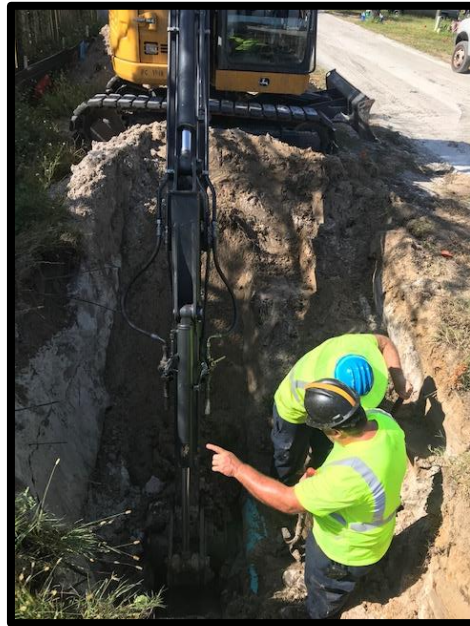


The average wastewater flow was 6.939 million gallons per day

HIGHLIGHTS WATER DISTRIBUTION

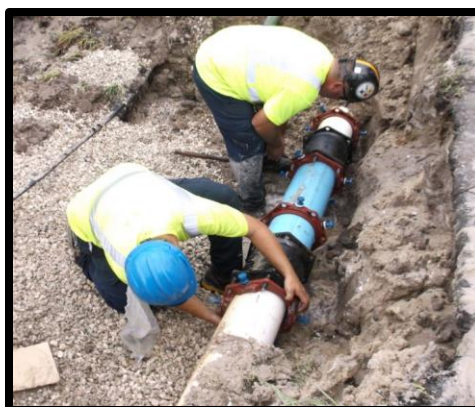
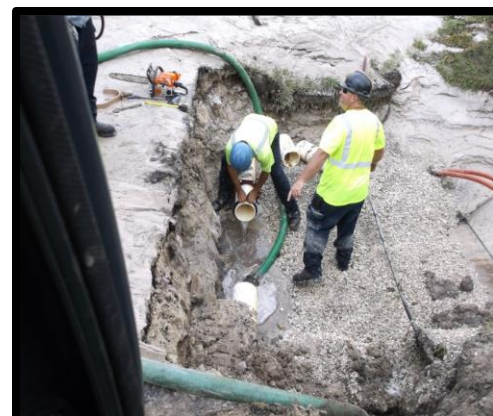
MALACOMPRA BASIN STORM WATER PROJECT

- On November 8th, staff from Water Distribution installed a 12" EZ insertion valve system on the main water line located along Bay Drive and State Road A1A. The insertion valve installation was necessary to accommodate the County's drainage project in Mala Compra Basin.
- Insertion valves are used to isolate a section of the existing water main line in the area where the work is being performed. This process eliminates, or reduces, the interruption of water distribution to residents and business.



WATER MAIN BREAK

- On November 14th, staff from Water Distribution was in the process of installing a water service line to a new home located on Bren Mar Lane. During the water service installation process, the main water line split causing a 3 hour interruption in water service to 13 homes. Due to the water main break and loss of pressure, these 13 homes were issued a two day boil water notice.



HIGHLIGHTS WATER QUALITY CHIRP PROGRAM

- Peter Roussell and Garann Hopkins took part in the Children Helping In Recourse Protection (C.H.I.R.P.) program on Tuesday, November 13th. The program involves a detailed demonstration fully explaining the hydrologic cycle, water shed, wetlands and educating the students from the Old Kings Elementary School. The model is an effective and unforgettable lesson which simplifies complex environmental science and pollution issues. Natural resources, erosion, and recycling topics are also covered. The model and demonstrations allow students to be creative and experiment with real world land management strategies while demonstrating how science can help lessen our impact on the environment. The event was stationed at Linear Park.



NEW LOGO attached for 'Be Local Buy Local.'



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, Communications & Marketing Manager

386-986-3708; cell 386-214-4729

Nov. 9, 2018

'Be Local Buy Local' on Small Business Saturday this Nov. 24

Palm Coast – The City of Palm Coast is a 'Be Local Buy Local' kind of community! To support local retailers and restaurants as the holiday shopping season kicks off, the City is participating in the national celebration of Small Business Saturday on Nov. 24.

The Palm Coast City Council is planning to proclaim Nov. 24 – the Saturday after Thanksgiving – as Small Business Saturday in Palm Coast.

"When our community shops locally, businesses thrive, jobs are created and it boosts our local economy," said Palm Coast Mayor Milissa Holland.

It also has the added benefit of generating money for amenities and projects for the community, because a portion of the sales tax collected returns back to Palm Coast to fund projects such as the new Palm Coast Community Center and Holland Park renovations, road repaving and street lights.

"I want to encourage all of our residents to get out with their family and friends on Small Business Saturday this November 24th and enjoy the local shops and restaurants you love," Mayor Holland said. "If every resident of Palm Coast were to spend \$25 at a local business on Small Business Saturday it would infuse \$1.462 million into our local economy!"

Let Small Business Saturday encourage everyone to shop small all year long!

For more information, visit the Palm Coast Business Assistance Center website at www.PalmCoastBAC.com.



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, Communications & Marketing Manager
386-986-3708; cell 386-214-4729

Nov. 15, 2018

Public invited to comment on trails project during public meeting Nov. 27

Palm Coast – The City of Palm Coast is planning to apply for a grant to fund new walking trails and paths at Long Creek Nature Preserve, and as part of the grant application process, the City will hold a public meeting to receive citizens' comments on the proposed project.

The public is invited to the meeting from 1 to 3 p.m. Tuesday, Nov. 27, at the Palm Coast Community Center, 305 Palm Coast Pkwy NE.

The City is seeking a Recreational Trails Program Grant for the upcoming phase of improvements to the park, which opened in 2015 at 1050 Palm Harbor Pkwy., Palm Coast. Plans call for a new 8-foot-wide shell path that includes overlooks into Long Creek.

For more information, contact Cindi Lane, Communications & Marketing Manager, at clane@palmcoastgov.com and 386-986-3708.



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, Communications & Marketing Manager
386-986-3708; cell 386-214-4729

Nov. 16, 2018

City of Palm Coast announces events, activities for December 2018

Palm Coast – The City of Palm Coast has a variety of upcoming events and recreational and sports activities that are open to the public. See a list of programs at www.parksandrec.fun.

For activities that require advance registration, space may be limited, so please register early. Palm Coast Parks & Recreation can be reached at 386-986-2323.

NOTE: The Palm Coast Community Center, Palm Coast Tennis Center and Palm Harbor Golf Club will be closed Dec. 25. Both the tennis center and the golf course will be open a half day on Dec. 24.

Special Events for December:

Nov. 27 through Dec. 18 – **Cooking is Fun** – Tuesdays, Nov. 27-Dec. 18, 5-6:15 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Have fun while preparing dishes from scratch! \$35/person. Pre-registration required at www.parksandrec.fun/youth. More info: 386-986-2323.

Nov. 28 through Dec. 19 – **Palm Coast Master Builders: Mindstorm EV3 Robots** – Wednesdays, Nov. 28-Dec. 19, 5-6 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. This hands-on program using the Lego Mindstorm EV3 Robots is designed to introduce youth 11-14 to coding and computational thinking while also encouraging collaboration. Build, program and command robots that can drive, shoot, slither, walk, slam, and spin! \$35/person with pre-registration required at www.parksandrec.fun/teens. More info: 386-986-2323.

Nov. 29 through Dec. 20 – **Cooking is Science** – Thursdays, Nov. 29-Dec. 20, 5-6:15 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. For ages 11-14, learn the science behind cooking! \$35/person. Pre-registration required at www.parksandrec.fun/youth. More info: 386-986-2323.

Nov. 30 through Dec. 14 – **REFIT Revolution Family Fitness** – Fridays, Nov. 30-Dec. 14, 5-6 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. REFIT is a judgment-free fitness experience that uses powerful movements and positive music combined with resistance-training elements to give you and your family a total body workout! FREE but please pre-register due to space at www.parksandrec.fun/wellness. More info: 386-986-2323.

Dec. 1 – **Tree Lighting Ceremony** – Saturday, Dec. 1, 6 p.m. start time at Central Park in Town Center, 975 Central Ave., Palm Coast. Kick off your holiday season with the annual tree lighting. In partnership with the Rotary Club of Flagler County, the Tree Lighting Ceremony leads the start of the Fantasy Lights display. Also, enjoy a visit with Santa! Free. More info: 396-986-2323 or www.palmcoastgov.com/events.

Dec. 3 – **Monday Funday** – Monday, Dec. 3, 10-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. This child-with-parent program will provide an enjoyable and educational environment for children ages 3-5 to explore social, emotional, physical and cooperative play opportunities through movement, music, interactions and problem-solving skills while having fun with their peers! Free but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Dec. 3 – **Christmas Movie Monday (Senior Special Event)** – Monday, Dec. 3, 1-3 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. There's nothing like a good Christmas movie to get you into the holiday spirit! The Dec. 3 movie is "It's a Wonderful Life." Other dates include Dec. 10 and 17 with different movies. Free, with light refreshments served, but please pre-register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Dec. 5 – **Our Neck of the Woods** – Wednesday, Dec. 5, 10-11 a.m. at Long Creek Nature Preserve, 1050 Palm Harbor Pkwy, Palm Coast. Parents will join their children ages 3-5 in this fun way of learning about what treasures can be found in our wooded park. There will be story time, crafts and a short exploration walk. This program will support cognitive learning, communication skills and eye/hand coordination. Free but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Dec. 7 – **Healthcare Provider** – Friday, Dec. 7, 9 a.m.-1:30 p.m. at Palm Coast Fire Station 25, 1250 Belle Terre Pkwy., Palm Coast. This basic life support program for healthcare providers course provides the ability to recognize several life-threatening emergencies, administer CPR, use an AED, and relieve choking in a safe, effective and timely manner. Examples of those who may need this certification are: EMS personnel, physician assistants, dentists, nurses, respiratory therapists and others. All must have a credential (card) documenting successful completion of a CPR course. \$65/person with pre-registration required by 9 a.m., Dec. 4. Sign up at www.parksandrec.fun/adults. More info: cprcertification@palmcoastgov.com or 386-986-2300.

Dec. 7 – **Parents' Night Out (formerly Freaky Fridays)** – Friday, Dec. 7, 5-10:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Parents, are you in need of a date night or just wish for peace and quiet around the house on a Friday night? Let us watch your kids, ages 5-12, so you can have a night to yourselves. Kids will eat pizza, play games, watch movies, and have fun. \$15/first child and \$5/additional sibling (in the same transaction). Register at www.parksandrec.fun/youth. More info: 386-986-2323.

Dec. 7 – **The Chill Zone** – Friday, Dec. 7, 5-10:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Hey teens ages 13-17, tired of sitting around bored on a Friday night? Come hang out, eat pizza, listen to music, watch movies, play video games, and otherwise chill. \$5/night. Register at www.parksandrec.fun/teens. More info: 386-986-2323.

Dec. 7 – **Coffee Series sponsored by Florida Hospital Flagler** – Friday, Dec. 7, 9 a.m.-10 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. This month: "Know Your Numbers. They Could Just Save Your Life!" The coffee and lecture are free, but pre-registration

is required (while space available) by 11 a.m. Dec. 5: www.parksandrec.fun/seniors. More info: 386-986-2323.

Dec. 8 – Starlight Parade – Saturday, Dec. 8, at Central Park in Town Center, 975 Central Ave., Palm Coast. Parade starts at 7 p.m., with pre-parade event starting at 4 p.m. Celebrate the holiday season with your friends and neighbors at the City of Palm Coast Starlight Event & Parade. Before the parade, visitors will enjoy live entertainment and performances; arrival of Santa and pictures with Santa until 6:30 p.m. Bring your own camera! The 7 p.m. parade features colorful lighted floats, marching bands and more. Free. More info: 396-986-2323 or www.palmcoastgov.com/events.

Dec. 10 – Teddy Bear Picnic – Monday, Dec. 10, 10-10:30 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Children ages 2-5 can bring their favorite teddy bear out to different themed sessions while enjoying a snack, story time and game playing or craft. The theme for Dec. 10 is “Holiday Sweater.” Free but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Dec. 10 – Christmas Movie Monday (Senior Special Event) – Monday, Dec. 10, 1-3 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. There’s nothing like a good Christmas movie to get you into the holiday spirit. The Dec. 10 movie is “Miracle on 34th Street.” Another movie will be shown Dec. 17. Free, with light refreshments served, but please pre-register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Dec. 12 – Playground Pals – Wednesday, Dec. 12, 10-11 a.m. at Seminole Woods Neighborhood Park, 350 Sesame Blvd., Palm Coast. Children ages 2-5 and parents will have the chance to meet new people in our wonderful community through fun, interactive games while playing on local playgrounds. Free but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Dec. 12 – Creepy Crawlies – Wednesday, Dec. 12, 4:30-5 p.m. at Linear Park, 31 Greenway Court, Palm Coast. This educational child-with-parent learning program (ages 3-8) is all about local insects. Free but please register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Dec. 14 – Lunch N’ Lecture Series sponsored by Florida Hospital Flagler – Friday, Dec. 14, 11 a.m.-12:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. This month: “The Benefits of Exercise.” The lecture and lunch are free, but pre-registration is required (while space available) by 11 a.m. Dec. 12: www.parksandrec.fun/seniors. More info: 386-986-2323.

Dec. 17 – Monday Funday – Monday, Dec. 17, 10-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. This child-with-parent program will provide an enjoyable and educational environment for children ages 3-5 to explore social, emotional, physical and cooperative play opportunities through movement, music, interactions and problem-solving skills while having fun with their peers! Free but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Dec. 17 – Christmas Movie Monday (Senior Special Event) – Monday, Dec. 17, 1-3 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. There’s nothing like a good Christmas movie to get you into the holiday spirit! The movie is “White Christmas.” Free, with light refreshments served, but please pre-register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Dec. 19 – **Florida Hospital Flagler Wellness Screening** – Wednesday, Dec. 19, 9-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Florida Hospital Flagler, our official Health & Wellness event partner, is offering FREE monthly health screenings. Each screening will focus on a specific area of health. This month: height, weight, and BMI. Free but please register at www.parksandrec.fun/wellness. More info: 386-986

Dec. 19 – **Our Neck of the Woods** – Wednesday, Dec. 19, 10-11 a.m. at Linear Park, 31 Greenway Court, Palm Coast. Parents will join their children ages 3-5 in this fun way of learning about what treasures can be found in our wooded park. There will be story time, crafts and a short exploration walk. This program will support cognitive learning, communication skills and eye/hand coordination. Free but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Dec. 21 – **Christmas Party with Santa (Senior Special Event)** – Friday, Dec. 21, 11 a.m.-12:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Put on your favorite Christmas sweater and enjoy a visit from jolly ole' St. Nick. Bring your favorite cookie recipe for a cookie crumble game. Other highlights include lunch catered by Carrabba's and a bingo game. \$5/person. Pre-registration required at www.parksandrec.fun/seniors. More info: 386-986-2323.

Dec. 21, 27, 28, and 31 – **Jack Frostivities Holiday Break Camp** – Dec. 21, 27, 28, and 31, 7:30 a.m.-4:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Your child's day will be filled with a variety of themed activities such as arts and crafts, stories, recreational games and nature hikes. Campers must bring their own lunch and snack each day. There will be additional camp days on Jan. 2-4. For students in grades K-8. \$25/day (\$10 for extended care 4:30-6 p.m.). Registration required 48 hours in advance at www.parksandrec.fun/camps. More info: 386-986-2323.

Dec. 22 - **First Aid & CPR/AED** - Saturday, Dec. 2, 9 a.m.-4 p.m. at Palm Coast Fire Station 25, 1250 Belle Terre Pkwy., Palm Coast. This class is a 7-hour course (one hour for lunch) designed to meet OSHA regulations and teach administering CPR to children and adults, using an Automated External Defibrillator (AED), using a mask or barrier device, assisting with bleeding, broken bones. \$50/person with pre-registration required by 9 a.m. Dec. 20. Sign up at www.parksandrec.fun/adults. More info: cprcertification@palmcoastgov.com or 386-986-2300.

Dec. 22 – **Teddy Bear Picnic** – Saturday, Dec. 22, 10-10:30 a.m. at Holland Park, 18 Florida Park Drive, Palm Coast. Children ages 2-5 can bring their favorite teddy bear out to different themed sessions while enjoying a snack, story time and game playing or craft. The theme for Dec. 22 is "Show N' Tell Favorite Holiday Ornament." Free but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Dec. 26 through 28 – **Winter Break Tennis Camp** – Wednesday through Friday, Dec. 26-28, 9 a.m.-4 p.m. at Belle Terre Park, 339 Parkview Drive, Palm Coast. This camp uses team games and activities to introduce campers to tennis and develop athletic skills while fostering a love for the sport. Campers should come with athletic clothes and shoes, water bottle, sunscreen, lunch, snacks and drinks. There will be additional camp days on Jan. 2-4. Sibling discount is available in the same transaction. Ages 6-13 years. \$105/week or \$40/day. Registration required 48 hours in advance at www.parksandrec.fun/camps. More info: 386-986-2550.

Ongoing Weekly Programs – NOTE: Most ongoing Weekly Programs will take a holiday break from Dec. 18 through Jan. 6. See below for details.

Mondays (through Dec. 17) – **Sit, Stitch ‘N Give** – Mondays, 9-11 a.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Does life have you all tied up in knots? Join us for a chance to unwind. Come chat, knit, crochet, embroider, etc., and laugh with those who understand your desire to take a long piece of thread fiber and create a beloved "work of heart." All levels of experience are welcomed. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Mondays (through Dec. 17) – **Color Me Happy** – Mondays, 9-11 a.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Think you're too old to color? Well, think again! Seniors coloring is a great, fun way to combat stress, promote mindfulness, allow creativity and activate different areas of the brain. Bring your favorite coloring book or pages and colored pencils or use the supplies we have available. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Mondays (through Dec. 17) – **Line Dancing from the Ground Up (Intermediate)** – Mondays, 6-8 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Now that you have learned the steps, let's learn some dances! Enjoy this line dancing program made for the intermediate level. Admission is \$3/pre-registered class or \$5/drop-in. Pre-registration is required at www.parksandrec.fun/seniors. More info: 386-986-2323.

Mondays and Wednesdays (through Dec. 19) – **Junior Development (youth tennis program)** – Mondays and Wednesdays, 6-7:30 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players ages 11 to 18 years, with focus on refining techniques and tactics for doubles and singles. \$252/session or \$18/day. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Mondays and Wednesdays (through Dec. 19) – **Green Rallies (youth tennis program)** – Mondays and Wednesdays, 5-6 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For students in grades 7-10, with cooperative and competitive partner and team activities, students develop match skills and make tennis friends. \$162/session or \$12/day registration. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Mondays and Thursdays (through Dec. 20) – **Cardio Tennis (tennis for adults)** – Mondays, 9:30-10:30 a.m. and Thursdays, 7-8 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. Get your heart rate up with tennis drills and games. \$10/day for pre-registration or \$12/day for same-day registration. More info: 386-986-2550 or www.parksandrec.fun/tennis.

Tuesdays (through Dec. 18) – **Beginners Clinic (tennis for adults)** – Tuesdays, 9:30-10:30 a.m. at Holland Park tennis courts, 18 Florida Park Drive, Palm Coast. A social clinic that teaches the fundamentals of tennis. \$9/day for pre-registration or \$12/day for same-day registration. More info: 386-986-2550 or www.parksandrec.fun/tennis.

Tuesdays (through Dec. 18) – **Wood Carvers** – Tuesdays, 1-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. The art of wood carving has a history that spans centuries. At its core, wood carving transforms a piece of wood into a masterfully crafted work of art. This program is open to men and women of all levels and abilities. Participants must bring their own materials. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Tuesdays (through Dec. 18) – **Pinochle** – Tuesdays, 1-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Pinochle is a trick-taking card game typically for two to four players and played with a 48-card deck. Derived from the card game bezique, players score points by trick-taking and also by forming combinations of cards into melds. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Tuesdays, Wednesdays, Fridays (through Dec. 21) – **Pickleball Open Court** – 1-3 p.m. Tuesdays; 6-8 p.m. Wednesdays; and 11 a.m.-1 p.m. Fridays. Try out the paddle sport that combines tennis, badminton and ping-pong! This adult program is offered free at Belle Terre Park tennis courts, 339 Parkview Drive, Palm Coast. Equipment is provided during Open Court. More info: Palm Coast Parks & Recreation at 386-986-2323.

Tuesdays and Thursdays (through Dec. 20) – **Senior Social Corner** – Tuesdays and Thursdays, 10 a.m.-Noon at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Looking to get out of the house and mingle? Join our Senior Social Corner and make new friends! Sit and relax in the comfort of our Community Center and chat about whatever is on your mind that day. This is also a great opportunity for seniors who are looking for a meeting space to come and discuss specific topics. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Tuesdays and Thursdays (through Dec. 20) – **Red Rallies (youth tennis program)** – Tuesdays and Thursdays, 5-6 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players in 2nd and 3rd grades, with cooperative and competitive partner and team activities, players develop match skills and make tennis friends. \$162/session or \$12/day. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Tuesdays and Thursdays (through Dec. 20) – **Orange Rallies (youth tennis program)** – Tuesdays and Thursdays, 6-7 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players in grades 4-6, with cooperative and competitive partner and team activities, players develop match skills and make tennis friends. \$162/session or \$12/day. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Tuesdays and Sundays (through Dec. 23) – **Tennis Round Robins** – Round Robins are Tuesdays, 6-8 p.m. and Sundays, 9:30-11 a.m. at Palm Coast Tennis Center, 1290 Belle Terre Pkwy. \$5/day; free for Pass Holders. More info: 386-986-2550.

Wednesdays (through Dec. 19) – **Doubles Skills Clinic (tennis for adults)** – Wednesdays, 9:30-11 a.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. Situational drills and games for doubles. \$15/day for pre-registration or \$17/day for same-day registration. More info: 386-986-2550 or www.parksandrec.fun/tennis.

Wednesdays (through Dec. 19) – **Open Art Studio** – Wednesdays, 9 a.m.-noon at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Need a space to create your next work of art? Stop by the Community Center for some creative time. Please bring your own materials. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Wednesdays (through Dec. 19) – **Mah Jongg** – Wednesdays, 1-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Mah Jongg is a game that originated in China. Join in on this game of skill, strategy, and calculation and make new friends. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Wednesdays (through Dec. 19) – **Tennis Tots** – Wednesdays, 5-6 p.m. at Palm Coast Tennis Center, 1290 Belle Terre Pkwy. This clinic engages students and their parents with explorative activities that develop fundamental athletics and movement skills necessary for success in any sport! \$81/session or \$12/day. Pre-register at www.parksandrec.fun/tennis. More info: 386-864-2550.

Wednesdays (through Dec. 19) – **Rookie Rallies (youth tennis program)** – Wednesdays, 6-7 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players in Kindergarten and 1st grades, with focus on the Athletic ABCs (agility, balance, and coordination). \$81/session or \$12/day. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Thursdays (through Dec. 20) – **Game Day Social** – Thursdays, 12:30-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. Game Day Social is comprised of a lively, spirited group of individuals who enjoy the camaraderie and competition of dominos, a variety of card games or board games. Participants are encouraged to bring their favorite game or play one provided by the Parks & Recreation Department. Light refreshments are served. Free. More info: 386-986-2323.

Fridays (through Dec. 7) – **Beginner's Pickleball** – Fridays, 9-11 a.m. Try out the paddle sport that combines tennis, badminton and ping-pong! This adult program is offered free at Holland Park tennis courts, 18 Florida Park Drive, Palm Coast. Equipment is provided during Open Court. More info: Palm Coast Parks & Recreation at 386-986-2323.

Fridays (through Dec. 21) – **Morning Blast** – Fridays, 9:30-10:30 a.m. at Palm Coast Tennis Center, 1290 Palm Coast Pkwy. For players ages 18 and up, enjoy a fun and energetic start to your day that combines tennis drills with point play. \$10/day for pre-registration or \$12/day for same-day registration. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Fridays, Saturdays, and Sundays – **FootGolf** – Fridays, Saturdays, and Sundays, 5-8 p.m. at Palm Harbor Golf Club, 20 Palm Harbor Pkwy., Palm Coast. Soccer+golf=FootGolf! The cost is \$8 per person, with the cart included. Official rules require a No. 5 size soccer ball; players can bring their own, or rent one for \$3. FootGolfers will need to make a tee time by calling the Pro Shop at 386-986-GOLF (4653) or online at www.palmharborgolfclub.com.

Saturdays – **Junior Golf Clinics** – Saturdays, 9-11 a.m. at Palm Harbor Golf Club, 20 Palm Harbor Pkwy., Palm Coast. Get out on the course with an instructor to learn the game of golf! Kids ages 8-16 will learn basic golf skills in this weekly clinic. \$15/week with pre-registration required. Space is limited, so sign up early by calling 386-986-4653 (GOLF).

Wondering what's after this? The winter/spring season of programs (January to May) is already open for registration. See the new Activity Guide at www.palmcoastgov.com/recreation. All programs that require registration can be found at www.parksandrec.fun. Palm Coast Parks & Recreation can be reached at 386-986-2323.



334 Cats

81 Dogs

2 Rabbits

2 Guinea Pigs

Animals ready for homes

For all the animal lovers out there, it is hard not to become attached to any and all animals you see. However, there are some cases where you may witness an act of animal cruelty. The biggest question is what does one do when they suspect an animal cruelty case? While it may be hard to determine if an animal is the victim of abuse, there are telltale signs that can push one towards officially reporting the behavior. First, examine the environment around the animal, check for signs of sanitation issues, animal hoarding, lack of shelter from extreme weather conditions, or if the home has been abandoned. Check the physical look of the animal. Some signs of physical abuse include, severe matting and a filthy coat, open sores or obvious wounds, or flea or tick infested. It's underweight with bones clearly visible. It might be limping or unable to walk at all, or have congested eyes or ears. It is in obvious physical distress and in need of veterinary care. If you want to learn more about reporting animal abuse, call FHS at (386) 445-1814.

Donation Opportunities: The *Flagler Humane Society Thrift Store* always accepts donations. They cannot take in any computers/printers or large appliances. Call 386-597-2839 and leave a message. Call for our new store location where we will soon be collecting donations.

"General Donations" can be dropped off anytime at your convenience. FHS appreciates all donations, especially those from our Wish List (available at flaglerhumanesociety.org/wish-list). You can also purchase items via the Amazon.com link on the FHS website and ship them directly to the shelter.

Outreach Adoption Events: Don't forget that FHS have volunteers and adoptable pets at Petco, PetSmart, PetSupermarket and Tractor Supply in Palm Coast. Stop by and see our adoptable pets! Want to be a volunteer? Attend an orientation! Orientations are held at noon in the Humane Society education room every second Saturday of the month. Applications can be found on the FHS website. Interested in fostering? Contact our adoption specialist at adopt@flaglerhumanesociety.org.

Adoption Specials: Check out the FHS Facebook for upcoming adoption specials. **Upcoming Fundraisers/Events:** See the FHS Website for information on our upcoming Putt for Paws Golf event. Be sure to check our website for information on the Yoga & a Movie event.

Offered Services: The Flagler Humane Society has a variety of *Subsidized Spay & Neuter Programs* for members of the community that need to have their pets or community pets sterilized. Please call FHS at 386-445-1814, email info@flaglerhumanesociety.org for questions.

FHS has a *Wellness Clinic* for minor veterinary issues. Call 386-445-1814 for Appointments. *Low Cost Vaccination Clinics* are held on the 1st and 3rd Saturdays of every month from 1pm-3pm.

FHS also offers a *"Pet Food Pantry"* for those that are in need of assistance. Please call for more information.

To keep up with Flagler Humane Society happenings – visit us on the FHS Facebook/Twitter/Instagram/Website at www.flaglerhumanesociety.org, or via email at info@flaglerhumanesociety.org.

Pet of the Week



CHER

Cher is approximately 3 years old. She is up to date on vaccinations and will be spayed soon. She came in with another dog and gets along with most dogs. She was turned into another shelter and then transferred to FHS for adoption. Come and meet her today!

Adoption specialist:

Katrina Geigley
adopt@flaglerhumanesociety.org

Outreach Manager:

Katie Share
kshare@flaglerhumanesociety.org