

The following safety procedures are required for all of Flagler Schools athletic and other extracurricular programs holding activities beginning June 22, 2020. These procedures are broken into three phases. The District along with school based administration will determine when each phase will be initiated in accordance with State and local orders as well as additional guidance from the Centers for Disease Control and Prevention (CDC), Florida High School Athletic Association (FHSAA), or other governing bodies. Prior to any activity resuming, the coach or staff member in charge of the activity must submit a return plan to their school's Principal or Athletic Director explaining how they plan on meeting the guidelines listed below.

General Guidelines that must be followed throughout all phases and remain in effect until further notice. If safety protocols are not followed activities may be suspended at the discretion of school and district administration.

Important Note: ALL participation in extracurricular activities is voluntary

- If participating in a sport, an up to date sports physical and physical activity waiver must be on file before an athlete is able to participate in any school sponsored activity.
- All individuals must pass a daily screening upon arrival (See Daily Health Screening Form).
- All individuals MUST wash their hands or use hand sanitizer before and after practice/events. Regular hand washing breaks will be taken throughout the activity.
 - Proper handwashing techniques will be regularly reinforced.
- Areas being utilized within the facility will be cleaned/disinfected at least daily.
- Students are encouraged to bring their own (labeled with name) equipment.
 - All equipment a student brings must be stored in their own bag.
- When feasible staff members will be encouraged to wear a face-covering when social distancing is difficult.
 - If a staff member needs a face covering, one will be provided to them.
 - Gloves will also be provided upon request or if needed to perform specific job duties.
 - Students may wear face coverings when appropriate (not during high aerobic activities).
- Transitions throughout practice/facilities will be limited and staggered if needed to ensure proper social distancing.
- Where feasible, entrances and exits within facilities should be designated "One Way" to avoid congestion.
- Organize student arrival and departure in a manner that ensures social distancing is maintained.

- Specific locations and times for drop off/pick up may be needed to avoid congestion and wait time before daily health screenings.
- Anyone who is sick or showing symptoms associated with COVID-19 will be encouraged to stay home.
- Any individual having close contact with a person who has COVID-19 must be cleared by a medical physician prior to returning.
- If a student shows symptoms of COVID-19, that student will be isolated in a designated area and their parent must be contacted immediately.
- Any area occupied by an individual exhibiting symptoms of COVID-19 will be cleaned and disinfected prior to being reoccupied.

Phase 1 (Beginning June 22, 2020)

- All activities must be individualized (running, individual body weight strength training, individual drills, etc.). Close contact with others or the sharing of equipment is not permitted.
 - Close contact with others or the sharing of equipment is not permitted.
- Individuals will be placed similar groupings each day and when feasible, remain at least six feet apart in accordance with social distancing guidelines.
 - Field paint, tape or cones may be used as markings to ensure proper spacing.
- The number of individuals in a group will comply with current State Executive Orders.
- Sharing of equipment (balls, weights, towels, clothing, etc.) is discouraged. All equipment (including balls) must be cleaned prior to being reissued to another individual.
 - Water bottles/coolers of any kind are not to be shared.
 - All athletes are responsible for bringing a sufficient amount of water to each practice session in order to remain properly hydrated.
- Outdoor activities are encouraged whenever feasible.
- The use of locker rooms or showering facilities is not permitted. All individuals are encouraged to shower upon arriving home from their activity.
- No out of District travel will be allowed.
- Activity sessions will not exceed two hours.

Phase 2 (Beginning Date TBD)

- Activities will be expanded to include partner or small group activities WITHOUT physical contact (passing/shooting drills, skill drills, weight lifting with a spotter as appropriate, etc.)
- Sharing of equipment (balls, weights, etc.) will be permitted. All equipment must be cleaned/disinfected at the end of each practice session.
 - Water bottles/coolers of any kind are not to be shared.
 - All athletes are responsible for bringing a sufficient amount of water to each practice session in order to remain properly hydrated.
- Dressing out and showering in locker rooms is permitted. All individuals will be encouraged to shower after each practice session.
- No out of District travel will be allowed.

Phase 3 (Beginning Date TBD)

- Activities will resume in accordance with sport/activity specific rules.
 - Some activities may reach Phase 3 faster than others, depending on the risk associated with the activity.
 - Risk is determined by the amount of close contact required for the activity.