

## DECLARATION OF HEALTH

Mandatory Declaration of Health for participants and volunteer staff involved in the 2021 Race of the Runways. Must be signed within 2 days of the race.

I, \_\_\_\_\_, declare that today \_\_\_\_\_, I have not been diagnosed with COVID 19, have any symptoms or been in contact with someone experiencing any COVID 19 symptoms in the last 14 days prior to the Race of the Runways. Symptoms may include, but not limited to cough, shortness of breath, difficulty breathing, fever, chills, muscle pain, sore throat or new loss of taste or smell.

I also understand inherent risks may exist in participating in the race if I fall under or live with someone in the following categories:

Over 65 years of age.

Those who have chronic lung disease, moderate to severe asthma or severe heart disease.

People who are Immunocompromised, to include but not limited to: undergone or undergoing cancer treatment, bone marrow or organ transplantation, anyone with immune deficiencies, poorly controlled HIV, or had prolonged use of corticosteroids, and those who smoke.

People with any Class III or severe obesity.

Anyone diagnosed with the following underlying conditions: diabetes, liver disease and persons with chronic kidney disease undergoing dialysis.

I am fully aware of the Virtual Race option where I can participate on my own, register my time and receive a Race shirt and medal.

\_\_\_\_\_  
First and Last Name

\_\_\_\_\_  
Date of Signature