

Janet O. McDonald, M.Ed., LMT IIc

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OBJECTIVE

To develop partnerships with developmental optometric, infant and special needs pediatric, remedial, rehabilitative, speech/language therapy, and academic support providers to facilitate patients' achievement of optimal form and function by providing effective foundational primary and life-long reflex integration, therapeutic bodywork, applied kinesiology, emotional release and acupressure techniques.

AREAS OF EXPERTISE

- Broad training in various modalities and techniques for performance development and enhancement
- Strategic organizational planning and transformation
- Cross-functional team leadership
- Formative and performance assessment and planning
- Program creation and implementation
- Teambuilding, coaching, and mentoring
- Professional development presentations

EDUCATION

- **Therapeutic Massage Certificate**
Daytona State College, 2011 *with training in wellness, stress release, infant, myofascial release, lymphatic drainage, reflexology, craniosacral & other massage foci*
- **Certified Hypnotist**, 2011
- **Rhythmic Movement Instructor**
Rhythmic Movement Training Int'l
2009-present
- **MNRI Core Specialist / Instructor**
Masgutova Educational Institute, 2004-11
- **Jin Shin Jyutsu Self-help Instructor**
Jin Shin Jyutsu, 2003-present
- **Brain Gym Consultant / Instructor**
Educational Kinesiology, 2001-present
- **Masters of Education (M.Ed.)**
Lehigh University, 1975
Reading Specialist/ Consultant
- **Bachelor of Arts Degree (B.A.)**
Muhlenberg College, 1972
*Social Sciences (Psychology/ Sociology)
Elementary Education Certification*

PROFESSIONAL SUMMARY

- Respected **Educator and Developmental Learning Expert** recognized for understanding components of effective learning and performance, translating curriculum into practice, developing and implementing organizational solutions (1972 to present).
- Extensive experience with learners of various abilities and labels.
- Keen ability to understand and interpret a client's performance for specific and appropriate therapy response to support development.
- At ease interfacing with technical and non-technical audiences from a range of disciplines and knowledge levels
- Member of Flagler County (FL) School Board, term 2014-2018.

PROFESSIONAL EXPERIENCE

Janet O. McDonald, M.Ed., LMT, CH 2001 to present
Neurodevelopmental Therapist & Instructor

- Provides individual and institutional consulting
- Provides assessment and re-education of learning challenges, ADD/ADHD behaviors, autism spectrum profiles, developmental delays, later life challenges, personal goals, and enrichment needs
- Creates and delivers presentations and workshops addressing organizational goals
- Creates, implements, and monitors effectiveness of movement programs to enhance functioning and learning

Highlighted Achievements:

- Successfully presented over 40 seminars on neurodevelopment, movement concepts and techniques; very effective where implemented
- Consulted with and provided therapy for over 1,000 clients, resulting in improved development and performance
- Current instructor and member of RMTi International Executive Board
- Former MNRI Core Specialist /Instructor of Tactile Integration, Auditory/Visual & Facial Reflexes, and Structural Integration courses
- Lead monthly Special Needs Support group in Jupiter, FL (300+) 2010-13

Danbury Public Schools Language Arts Specialist (2001-2008)

- Trained, coached, and monitored development of over 50 staff in Language Arts, Learning Enhancement, and Data Driven Instruction
- Created and implemented programs to improve learning and performing for all learners
- Served on collegial teams directing program improvement initiatives for all students and learning styles