

Janet O. McDonald, M.Ed., LMT, CH, llc.

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OBJECTIVE

To develop partnerships with developmental optometric, infant and special needs pediatric, remedial, rehabilitative, educators, and speech/language therapy providers to facilitate patients' achievement of optimal form and function by providing effective foundational neurosensorimotor reflex integration, therapeutic bodywork, applied kinesiology, emotional release and acupressure techniques.

AREAS OF EXPERTISE

- Broad training in various modalities and techniques for performance development and enhancement
- Strategic organizational planning and transformation
- Cross-functional team leadership
- Formative and performance assessment and planning
- Program creation and implementation
- Teambuilding, coaching, and mentoring
- Professional development presentations

EDUCATION

- **Therapeutic Massage Certificate**
Daytona State College, 2011 *with training in wellness, stress release, infant, myofascial release, lymphatic drainage, reflexology, craniosacral & other massage foci*
- **Certified Hypnotist**, 2011
- **Rhythmic Movement Instructor**
Rhythmic Movement Training Int'l 2009
RMT 1,2,3, School Readiness, Rhythm, Movement & Play
- **MNRI Core Specialist / Instructor**
Masgutova Educational Institute, 2007
- **Jin Shin Jyutsu Self-help Instructor**
Jin Shin Jyutsu, 2003
- **Brain Gym Consultant / Instructor**
Educational Kinesiology, 2001
- **Masters of Education (M.Ed.)**
Lehigh University, 1975
Reading Specialist/Consultant
- **Bachelor of Arts Degree (B.A.)**
Muhlenberg College, 1972
Social Sciences (Psychology/Sociology)
Elementary Education Certification

References available upon request

PROFESSIONAL SUMMARY

- Respected **Educator and Developmental Learning Specialist** recognized for understanding components of effective learning and performance, translating curriculum into practice, developing and implementing organizational solutions (1972 to present).
- Extensive experience with learners of various abilities and labels.
- Keen ability to understand and interpret a client's performance for specific and appropriate therapy response to support development.
- At ease interfacing with technical and non-technical audiences from a range of disciplines and knowledge levels
- Member of Flagler County (FL) School Board, term 2014- present.

PROFESSIONAL EXPERIENCE

Janet O. McDonald, M.Ed., LMT, CH (2001 to present) **Neurodevelopmental Therapist & Instructor**

- Provides individual and institutional consulting
- Provides assessment and re-education of learning challenges, ADD/ADHD behaviors, autism spectrum profiles, developmental delays, later life challenges, personal goals, and enrichment needs
- Creates and delivers presentations and workshops addressing organizational goals
- Creates, implements, and monitors effectiveness of movement programs to enhance functioning and learning

Highlighted Achievements:

- Successfully presented over 50 seminars on neurodevelopment, movement concepts and techniques; very effective where implemented
- Consulted with and provided therapy for over 1,000 clients, resulting in improved development and performance
- Current instructor and member of RMTi board
- Former MNRI Core Specialist /Instructor of Tactile Integration, Auditory/Visual & Facial Reflexes Integration courses
- Lead monthly Special Needs Support group in Jupiter, FL (300+) 2010-13

Language Arts Specialist Danbury CT Schools (2001-2008)

- Trained, coached, and monitored development of over 50 staff in Language Arts, Learning Enhancement, and Data Driven Instruction
- Created and implemented programs to improve learning and performing for all learners. Served on collegial teams directing program improvement initiatives for all students and learning styles