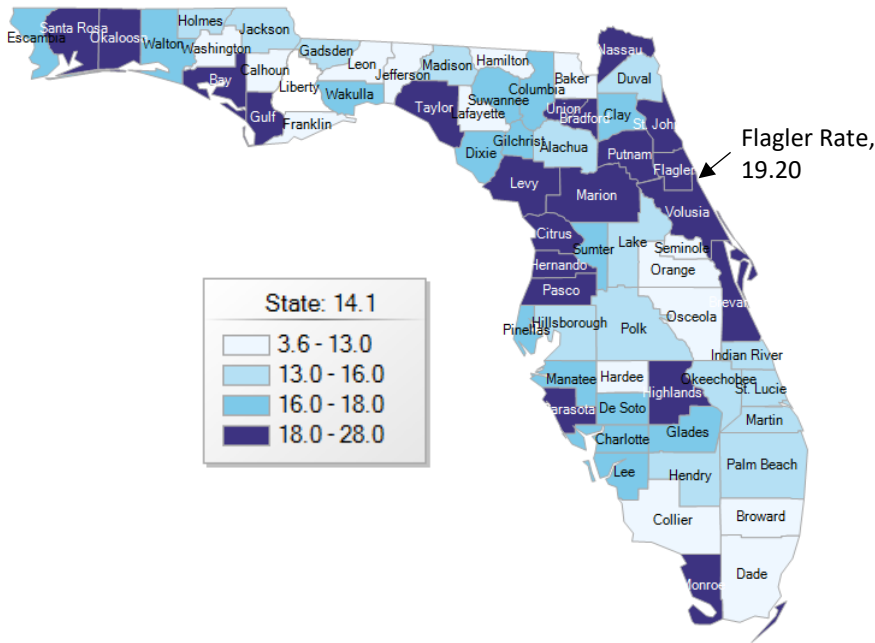


Flagler County Suicide Fact Sheet

Produced by Flagler Cares, www.flaglercares.org

Suicide is a major public health concern. Over 40,000 people die by suicide each year in the United States; it is the 10th leading cause of death overall. Suicide is complicated and tragic but it is often preventable.

Suicide Age-Adjusted Death Rate, 2013-15 (per 100,000)

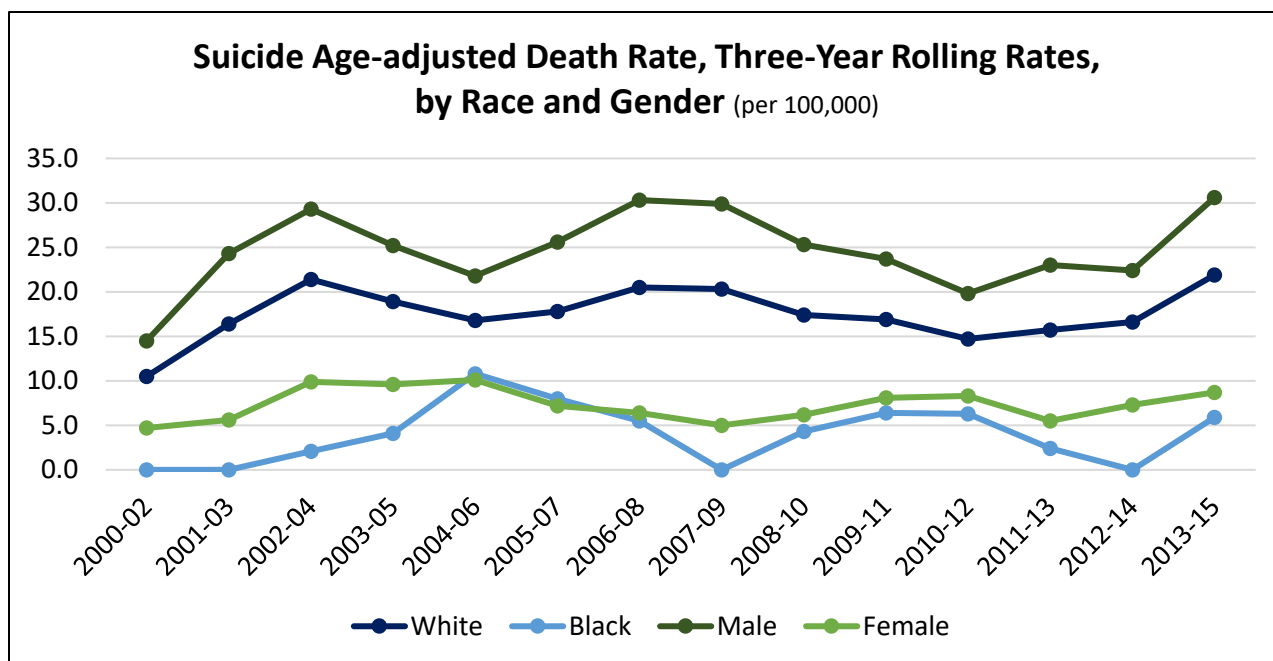


Flagler Suicide Crude Death Rate (per 100,000)

Year	Count	Rate
2000	5	9.9
2001	3	5.5
2002	6	10.3
2003	13	20.4
2004	14	19.7
2005	6	7.6
2006	13	15
2007	20	21.8
2008	13	13.9
2009	17	17.9
2010	18	18.8
2011	15	15.5
2012	11	11.2
2013	17	17
2014	20	19.7
2015	26	25.3

Suicide Crude Death Rates, Three-Year Rolling Rates, By Age (per 100,000)

	Under Age 18		Age 18-25		Age 26-60		Age 60 and Older		Total (All Ages)	
	Count	Rate	Count	Rate	Count	Rate	Count	Rate	Count	Rate
2000-02	2	7	1	10.4	7	10.9	4	6.6	14	8.6
2001-03	1	3.3	1	9.3	14	20.3	6	9.1	22	12.5
2002-04	0	0	1	8.1	22	28.7	10	14.1	33	17.1
2003-05	0	0	1	7	23	26.8	9	11.8	33	15.4
2004-06	0	0	3	18.4	21	21.9	9	11	33	14
2005-07	0	0	2	11.1	24	23.2	13	14.6	39	15.2
2006-08	0	0	3	15.6	29	26.8	14	14.7	46	16.9
2007-09	0	0	2	10	29	26.2	19	19.2	50	17.8
2008-10	0	0	3	14.8	24	21.3	21	21.3	48	16.9
2009-11	0	0	4	19.4	24	21	22	22.6	50	17.4
2010-12	0	0	4	18.9	21	18.1	19	19.8	44	15.1
2011-13	1	1.7	5	22.4	25	21.3	12	12.3	43	14.6
2012-14	1	1.7	4	17	28	23.6	15	15.2	48	16
2013-15	1	1.7	11	44.9	29	24.3	22	21.7	63	20.7



Suicides, By Mechanism and Age

Mechanism	5-14	15-19	20-24	25-34	35-44	45-54	55-64	65-74	75-84	85+	Total
Firearm	0	0	0	0	*	*	*	*	*	0	9
Other Spec & Classifiable	0	0	0	*	0	0	0	0	0	0	*
Poisoning	0	0	0	*	0	*	*	*	0	0	6
Suffocation	0	*	0	0	0	*	0	0	0	*	*
Total Suicides	0	*	0	*	*	6	*	*	*	*	20

Non-Fatal Self-Inflicted Injury Emergency Department Visits, By Mechanism & Age

Mechanism	5-14	15-19	20-24	25-34	35-44	45-54	55-64	65-74	75-84	85+	Total
Cut, Pierce	*	*	*	*	*	*	0	0	0	0	9
Other Spec & Not Elsewhere Classifiable	0	*	0	0	0	0	0	0	0	0	*
Poisoning	6	9	9	5	6	*	*	*	0	0	44
Suffocation	0	0	0	0	0	*	0	0	0	0	*
Total Self-Inflicted	7	13	10	6	8	6	*	*	0	0	56

* small incidence numbers not provided

Flagler County Involuntary Exam (Baker Act) Initiations (All Ages)

Calendar Year	Number of Exams
2011	539
2012	547
2013	460
2014	466
2015	525

The Florida Mental Health Act of 1971, commonly known as the **Baker Act**, allows for the involuntary examination and commitment of an individual when there is evidence that the person possibly has a mental illness and is a harm to self, harm to others or self-neglectful.

Involuntary Exam (Baker Act) Initiations (Under Age 18), FY 2014-15

	Number	Population 10-17	Rate per 1,000
Flagler County	148	9,291	15.93
Florida	32,350	1,894,341	17.08

Flagler Schools Baker Act Data, by Grade

Grade	2014-15			2015-2016		
	Count	On Campus	In Community	Count	On Campus	In Community
PK	0	0	0	0	0	0
K	1	1	0	2	1	1
01	0	0	0	2	2	0
02	5	3	2	0	0	0
03	3	0	0	0	0	0
04	3	1	2	1	1	0
05	2	2	0	3	2	1
06	12	4	8	2	2	0
07	13	4	8	4	3	0
08	18	9	9	5	0	5
09	14	3	11	8	5	3
10	10	2	8	9	3	6
11	8	1	7	3	1	2
12	6	3	3	1	1	0
Total	92	34	58	39	21	18

Data Sources

- Florida Charts, www.floridacharts.com
- Florida Department of Health, Bureau of Vital Statistics
- Florida Injury Surveillance Data System
- Department of Mental Health Law and Policy, de la Parte Florida Mental Health Institute
- Flagler Schools

Suicide Risk & Protective Factors

Adapted from Suicide Prevention Resource Center, www.sprc.org

Suicide prevention seeks to reduce the factors that increase suicide risk while increasing the factors that protect people from suicide.

Risk Factors

Risk factors are characteristics of a person or his or her environment that increase the likelihood that he or she will die by suicide (i.e., suicide risk).

Major risk factors for suicide include:

- Prior suicide attempt(s)
- Misuse and abuse of alcohol or other drugs
- Mental disorders, particularly depression and other mood disorders
- Access to lethal means
- Knowing someone who died by suicide, particularly a family member
- Social isolation
- Chronic disease and disability
- Lack of access to behavioral health care

Risk factors can vary by age group, culture, sex, and other characteristics. For example:

- Stress resulting from prejudice and discrimination (family rejection, bullying, violence) is a known risk factor for suicide attempts among lesbian, gay, bisexual, and transgender (LGBT) youth.
- The historical trauma suffered by American Indians and Alaska Natives (resettlement, destruction of cultures and economies) contributes to the high suicide rate in this population.
- For men in the middle years, stressors that challenge traditional male roles, such as unemployment and divorce, have been identified as important risk factors.

Protective Factors

Protective factors are personal or environmental characteristics that help protect people from suicide.

Major protective factors for suicide include:

- Effective behavioral health care
- Connectedness to individuals, family, community, and social institutions
- Life skills (including problem solving skills and coping skills, ability to adapt to change)
- Self-esteem and a sense of purpose or meaning in life
- Cultural, religious, or personal beliefs that discourage suicide

Precipitating Factors & Warning Signs

Precipitating factors are stressful events that can trigger a suicidal crisis in a vulnerable person. Examples include:

- End of a relationship or marriage
- Death of a loved one
- An arrest
- Serious financial problems

Warning Signs: Immediate Risk

Some behaviors may indicate that a person is at immediate risk for suicide.

- Talking about wanting to die or to kill oneself
- Looking for a way to kill oneself, such as searching online or obtaining a gun
- Talking about feeling hopeless or having no reason to live

Warning Signs: Serious Risk

Other behaviors may also indicate a serious risk—especially if the behavior is new; has increased; and/or seems related to a painful event, loss, or change.

- Talking about feeling trapped or in unbearable pain
- Talking about being a burden to others
- Increasing the use of alcohol or drugs
- Acting anxious or agitated; behaving recklessly
- Sleeping too little or too much
- Withdrawing or feeling isolated
- Showing rage or talking about seeking revenge
- Displaying extreme mood swings