

# Cyber Bullying: A Virtual Town Hall

with School Board Member and MOM -  
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The secret world our kids may be living in  
**WARNING: Adult content**

More than 30 million children in the United States use the Internet on a regular basis and often they are better at using the Internet than are their parents and teachers (Child Safety Online, n.d.). However, the Internet can be very dangerous.

# What is Cyberbullying??

# Some Facts

1. Over 80% of teens use a cell phone regularly, making it the most common medium for cyber bullying.
2. 68% of teens agree that cyber bullying is a serious problem.
3. 81% of young people think bullying online is easier to get away with than bullying in person.
4. 90% of teens who have seen social-media bullying say they have ignored it. 84% have seen others tell cyber bullies to stop.
5. Only 1 in 10 victims will inform a parent or trusted adult of their abuse.
6. Girls are about twice as likely as boys to be victims and perpetrators of cyber bullying.
7. About 58% of kids admit someone has said mean or hurtful things to them online. More than 4 out 10 say it has happened more than once.
8. About 75% have visited a website bashing another student.
9. Bullying victims are 2 to 9 times more likely to consider committing suicide.

# Different Types

- Gossip
- Exclusion
- Impersonation
- Harassment
- Cyberstalking
- Flaming (on-line fighting)
- Outing and Trickery
- Cyber Threats

Kids switch roles  
– victims become  
bullies in a single  
post

# What does it look like?

██████████  
I had a nice calm drama free day at school today that's nice why can't everyday be this way?  
Thursday at 2:18pm via iPhone · Like · Comment

██████████ likes this.

██████████ u have no friends so how do u have drama  
Thursday at 8:01pm · Like · 1 person

██████████ Shut up ██████████ and I do have friends  
Friday at 5:48am · Like

██████████ No u realy dont  
Friday at 5:49am · Like

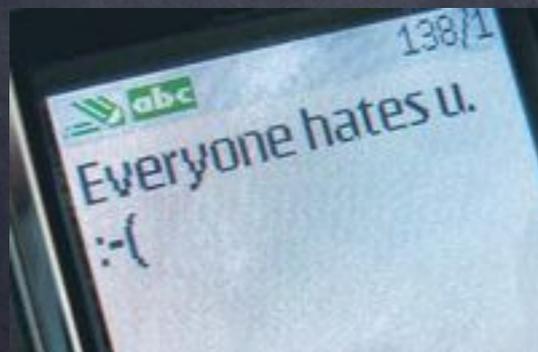
██████████ no u do not ██████████  
20 hours ago · Like

██████████ you are geting annoying  
20 hours ago · Like

██████████ your just 10 years old  
20 hours ago · Like

██████████ i wish you were here i would beat u  
17 hours ago · Like

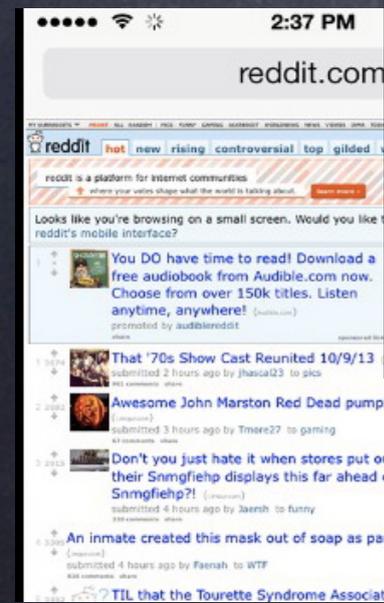
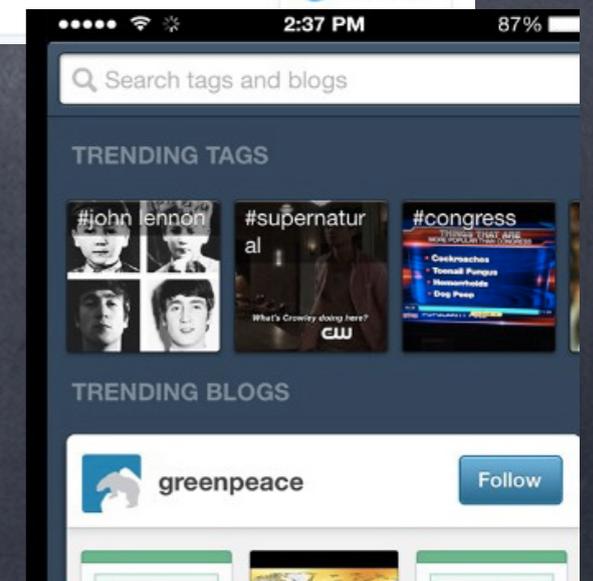
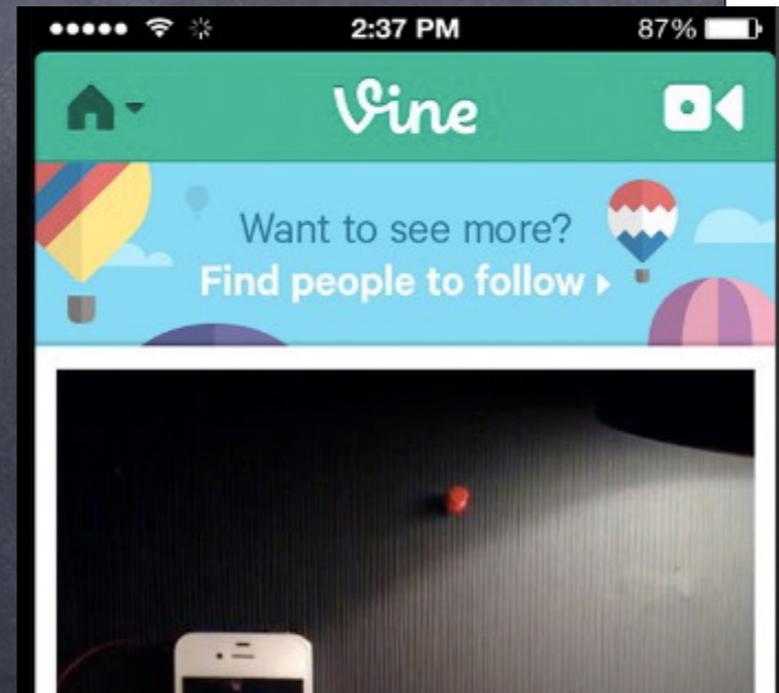
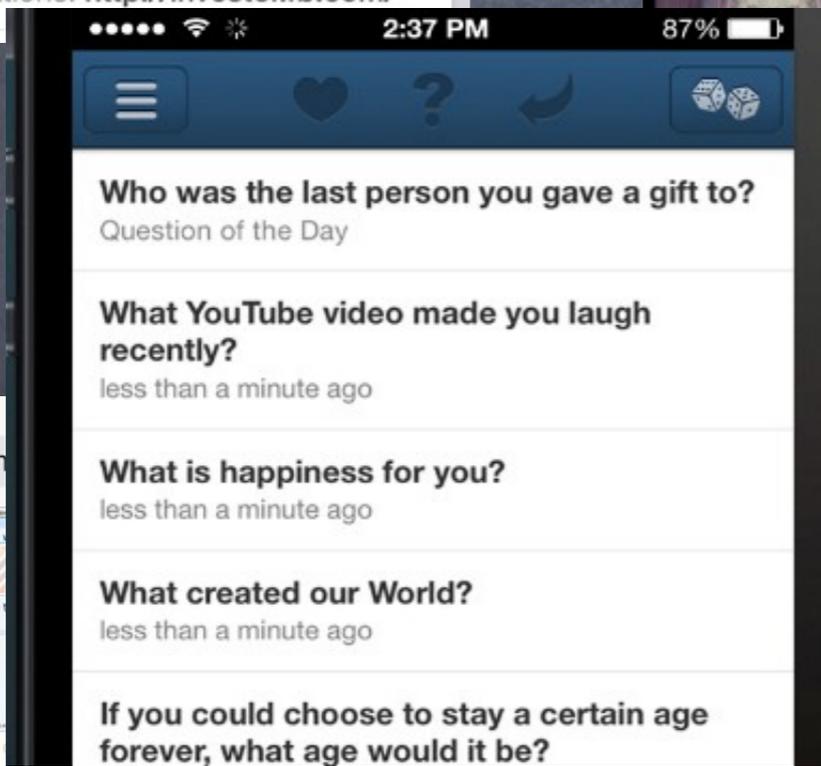
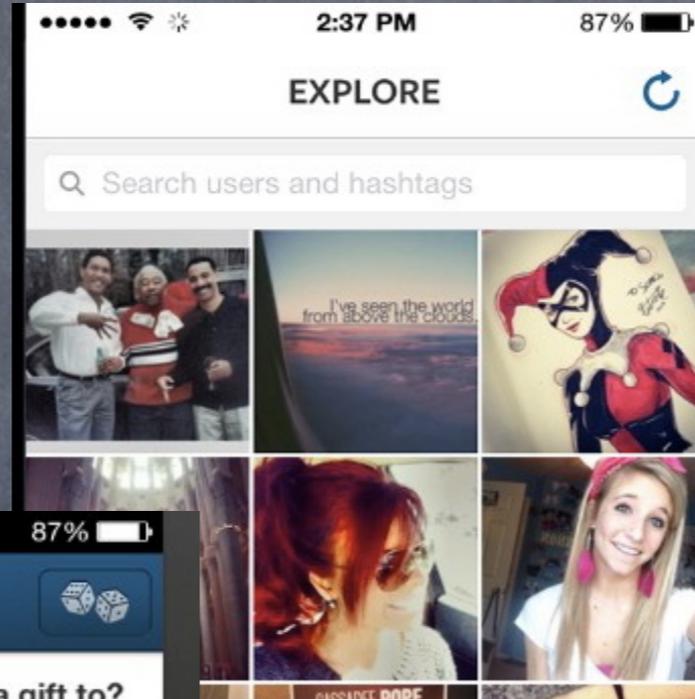
██████████ shut up right now is not a good time  
16 hours ago · Like



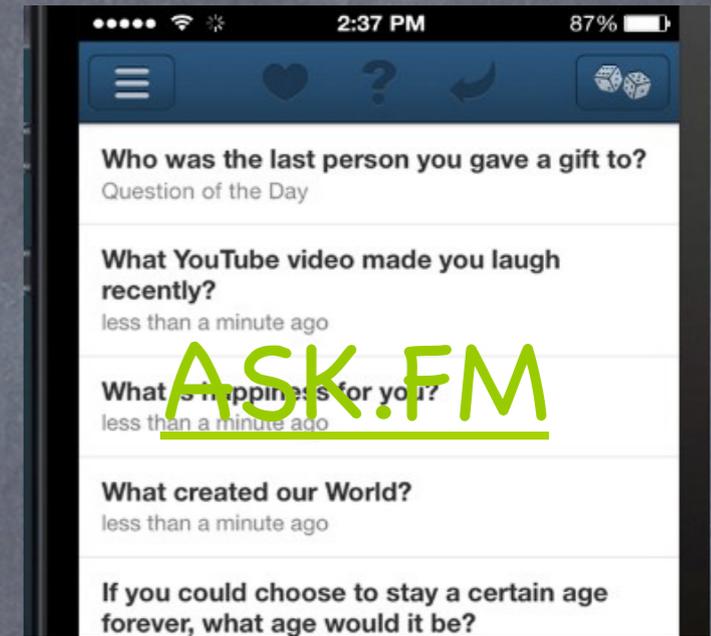


Where is it happening  
the most?

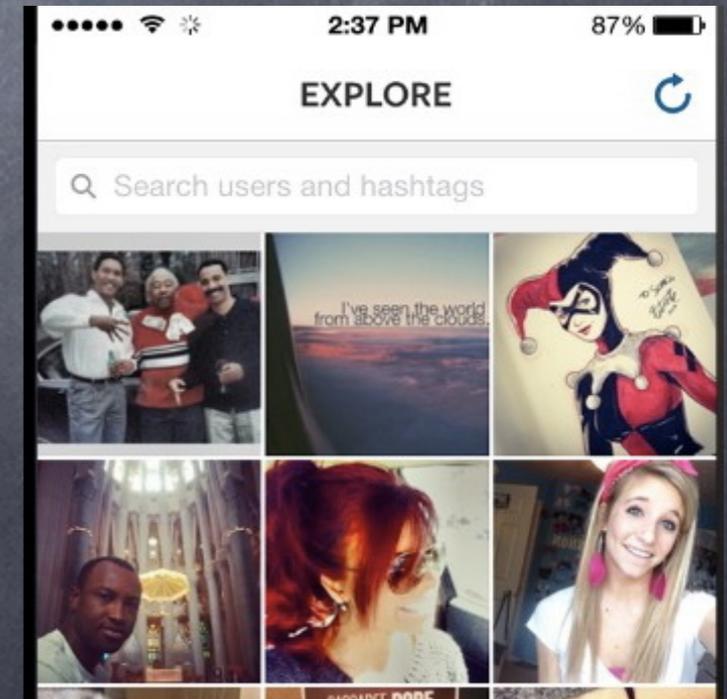
# How many of these look familiar?



# Most Popular



Snap Chat Video



# How teens go from Texting to SEXTING!



# Secret Language

LOL      BTW      ASAP      IMO

BBFN      PIR      CUL8R      RUOK

- <http://transl8it.com/sms-and-chat-lingo/>

# Sexting, Shame and Suicide

- Sexting, Shame and Suicide  
<http://www.common sense media.org/videos/allys-story-video-second-thoughts-on-sexting>
- Florida Girl Commits suicide after cyberbullying <http://youtu.be/5rjufPxC6nA>

# A child may be experiencing cyber bullying if he or she:

- appears sad, moody, or anxious
- avoids school
- withdraws from or shows a lack of interest in social activities
- experiences a drop in grades or decline in academic performance
- appears upset after using the computer or being online
- appears upset after viewing a text message on a cell phone

# How do I find out if my child is being bullied?

- Google your child's name – Put their name in quotes.
- Add location
- Email address
- Nicknames
- Cell phone number
- IM screen names
- Search Images

*Don't underestimate the pain cyber attacks can create*

# What if I found "STUFF"?

- Ask google to disable information
- Contact the offending sites webmaster
- Report it
- After exhausting all resources email [privacy@wiredsafety.org](mailto:privacy@wiredsafety.org) – if your child is under 13 mention that to the webmaster and that under COPPA the Children's Online Privacy Protection Act requires that they remove it. If they still don't contact the FTC.ORG

# Protect your child

- Ask yourself – is someone threatening to harm your child? OR How is your child emotionally handling the attacks.
- Take a screenshot, print it out, contact law enforcement and your school district.
- Remind them to keep passwords PRIVATE
- On Line friends should be REAL friends – know the people on your child's buddy list
- View the history on your PC – Control/Shift/H keys together or
- Click on the VIEW tab in the tool bar and look at history
- They will begin to figure out that you do this. If so, consider monitoring software.
- Be supportive – this is REAL!
- Alert your pediatrician, school counselor or anyone else you feel should know.

# Report it!

- Tell your kids to:
- STOP
- BLOCK
- TELL
- REPORT it to the school districts hotline and complete an online report

# Talk to your kids

