

RUN INFORMATION

RACE COURSE

4 mi Run: 4 Mile loop beginning and ending at Wadsworth Park. This beautiful course leaves the park under the bridge thru a picturesque scenic preserve and onto Lambert Ave to the turn around and back to the park. Walker and stroller friendly!!

PACKETS: HAT AND TOWEL

NEW this year: Hat and towel for the first 250 participants.

Race packets with promotions for all participants while supplies last.

Early packet pick up on Saturday June 8 at Wadsworth Park 1-4pm

*\$5.00 Entry Fee for 12 & Under

AWARDS

*5K-First Overall
Male and Female

*Masters Division-
First Male and Female

First three finishers in the following age divisions male and female:

14 and under 15-19, 20-24, 25-29, 30-34,
35-39, 40-44, 45-49, 50-54, 55-59, 60-69,
70 and above.

Flagler County Free Clinic

The Flagler County Free Clinic was founded in 2005 by Dr John Canakaris & Faith Coleman, ARNP. The clinic provides free healthcare to hundreds in Flagler County

Our Sponsors

GOLD

Doctors Choice Home Health
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HEALTHY FLAGLER

Rotary Club
of
Palm Coast



7TH ANNUAL ROTARY
"RUN 4 THE FREE CLINIC"
4 MILE RUN/WALK

Presented By
HealthyFlagler.com

"Let Lifestyle be
Your Medicine"

**To Benefit the
Flagler County
Free Clinic**

*Sunday
June 9, 2013
Start Time: 7:30 AM*

**7TH ANNUAL ROTARY
"RUN 4 THE FREE CLINIC"
4 MILE RUN/WALK**

DATE AND TIME

Sunday, June 9, 2013

Sign In/Late Registration:

6:30 AM - 7:15 AM

Start Time: 7:30 AM

LOCATION

Wadsworth Park

Flagler Beach

DIRECTIONS

Off I-95 take exit 284- SR-100/Bunnell/Flagler Beach, proceed east toward Flagler Beach 2 miles. Wadsworth Park on the left

PARKING

Very limited parking at Wadsworth. Off-site parking located at the nearby Publix parking lot

REFRESHMENTS and FREEBIES

Post race healthy refreshments and giveaways will be provided.

SPECIAL THANKS

Flagler County Medical Reserve Corps

REACT Team 4800

Flagler County C.O.P

Flagler County SWAT Tobacco Prevention

Palm Coast Race Series

Race!!

7th Annual Rotary "Run 4 the Free Clinic" -- Sunday, June 9, 2013

Last Name

First Name

E-Mail

Address

City

State

Zip Code

Age(Day of Race)

Male

Female

Date of Birth (MM-DD-YY)

Entry Fees

Early Registration Postmarked by June 6th	\$20
Late Registration & Day of Race	\$25
Age 12 & Under before June 6	\$5
Age 12 & Under Day of Race	\$10

Total \$

For Additional Information Contact: (386) 316-1434

Daytime Phone Number

Make Check Payable To: Rotary Club of Palm Coast

Mail To: FCHD - C/O Patrick Johnson

301 Dr Carter Blvd., Bunnell, FL 32110

ON LINE REGISTRATION AVAILABLE AT REDPOINTERRUNNING.COM

I hereby release Rotary of Palm Coast and Flagler County Free Clinic, race sponsors and officials involved from any and all damages or injuries arising out of the participation in this run/walk, and further state that I am in proper physical condition to compete in said run/walk. I further agree to the publication of photos and video tape taken during event.

Signature (or parent if under 18)

Date