



Mental Health in Flagler County – *A Call to Action*

Welcome

Colleen Conklin, Flagler
School Board Member

Lynette Shott, Executive
Director, Student and
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The Vision



"Providing for and supporting good mental health is a public health issue just like assuring the quality of drinking water or preventing and managing infectious diseases. Communities prosper when the mental health needs of community members are met."

Mental Health in Flagler County

Emerging as a Critical Health Priority

Flagler CHNA/CHIP Partnership



5 Health Priorities



Assessment Leadership Team



Community Survey Data

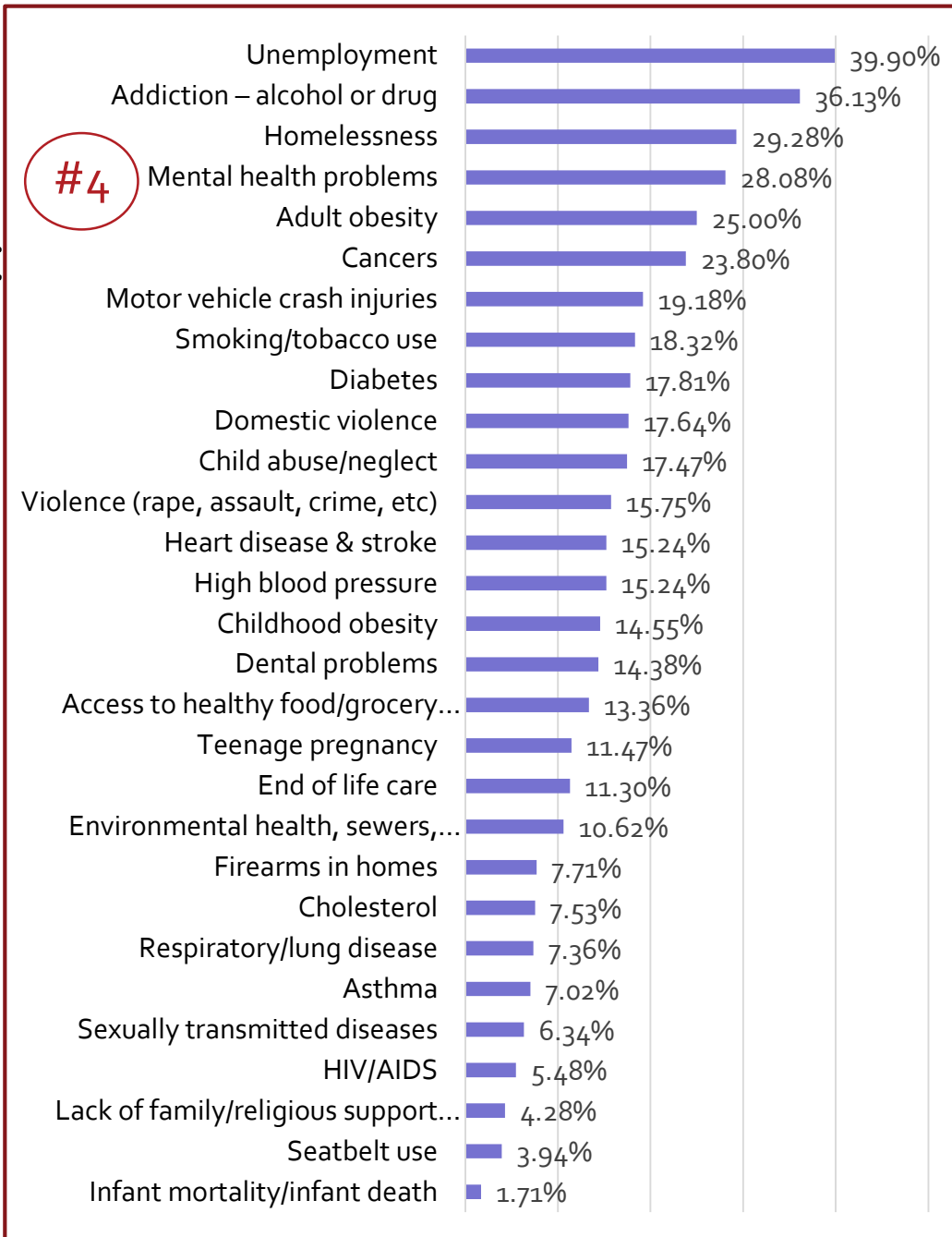
n=584

Health Issues YOU are Most Concerned About

Survey Question: Check up to 5 health issues YOU are most concerned about in your county:

#4 Response

Mental Health Problems & Stress



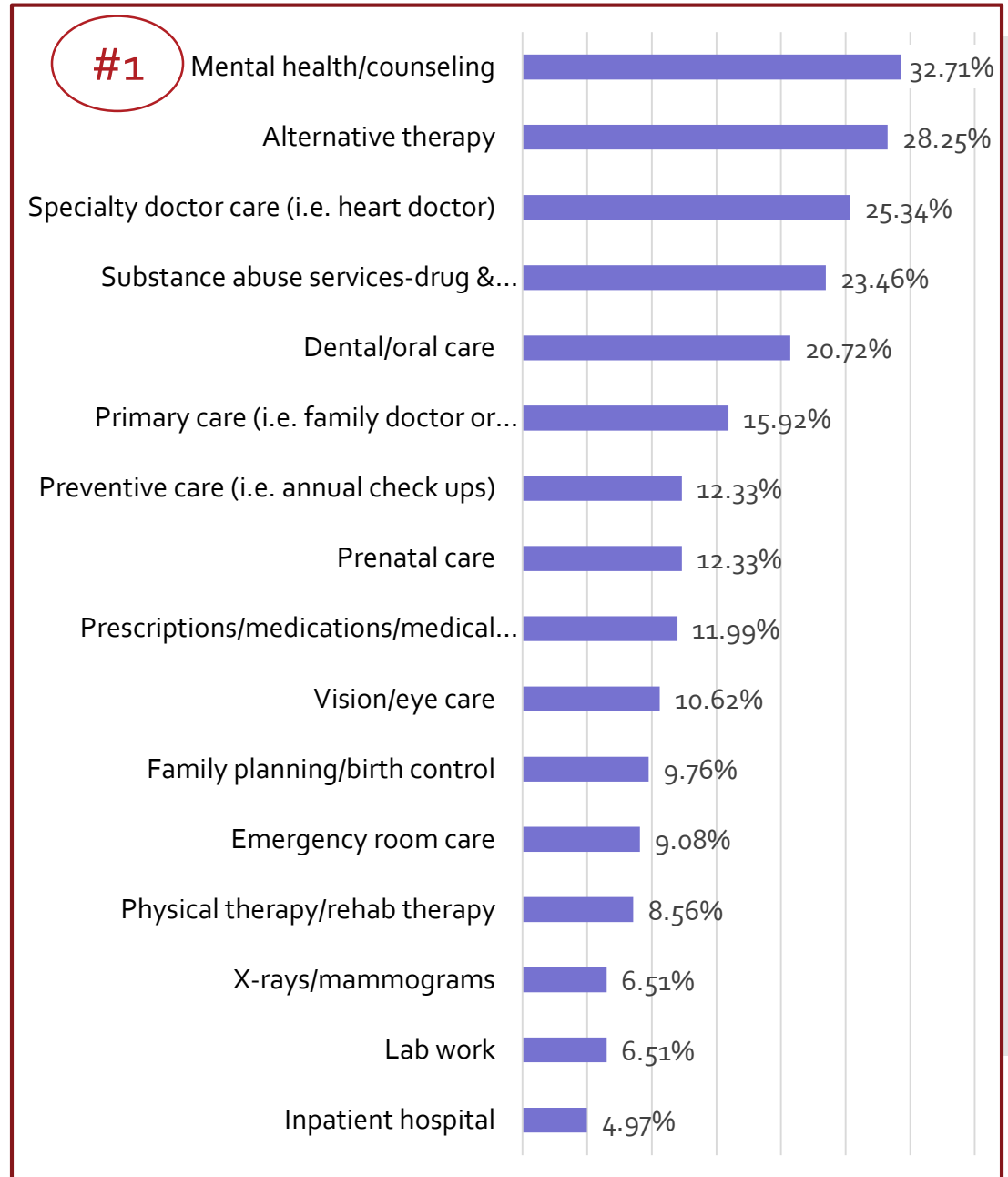
Community Survey Data

n=584

Health Services that are Difficult to Obtain

Survey Question: What health care services are difficult to obtain in your community? (Check ALL that apply)

#1 Response Mental Health & Counseling



Mental Health in Flagler County

Health Indicator Statistics

Flagler Adults Who Reported Poor Mental Health (poor mental health days on 14 or more of the past 30 days)

Source: Florida Behavioral Risk Factor Surveillance System

4.6% of men &
17.4% of women

17.3% of people
age 18-44

24.2% of people earning
less than \$25,000 a year

Flagler Baker Act Involuntary Exam Initiations

(Baker Act Reporting Center, USF)

Year	Number of Exams (All Ages)	Number of Exams (Under Age 18)
2015-2016	552	133
2014-2015	497	148
2013-2014	434	128

Mental Health and Suicide

Year 2017 - 25*
unofficial

Suicide Crude Death Rates, By Age (per 100,000)

	Under Age 18		Age 18-25		Age 26-60		Age 61 and Older		Total (All Ages)	
	Count	Rate	Count	Rate	Count	Rate	Count	Rate	Count	Rate
2016	0	0	2	24.7	16	38	2	5.7	20	19
2015	0	0	8	95.1	7	16.9	11	33.2	26	25.3
2014	0	0	1	12.1	12	28.9	7	22	20	19.7
2013	1	5.1	2	25.5	11	26.7	3	9.5	17	17
2012	0	0	1	13.5	5	12.3	5	16.3	11	11.2
2011	0	0	2	28.4	10	24.9	3	9.9	15	15.5
2010	0	0	1	14.9	7	17.5	10	33.3	18	18.8



Suicide Prevention: National Best Practices

A Local Response to Suicide



www.flaglerlifeline.com

Community Education and Awareness: everyone should understand how to recognize the warning signs of someone in crisis, know how to reach out and offer help to someone in need and know where to turn for crisis services

Training and Support: Key sectors of the community should receive Suicide Prevention Training to improve the community's response to individuals in crisis

Access to Mental Health Services: Everyone in Flagler County should know how to access effective mental health services for themselves and others

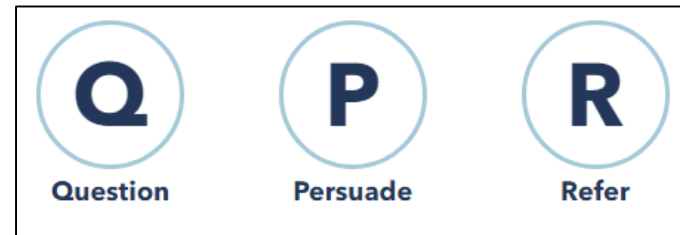
Committee Participants

- American Foundation for Suicide Prevention
- Chrysalis Health
- City of Bunnell
- Department of Children and Families/Substance Abuse and Mental Health
- Department of Juvenile Justice
- FL LINC/Florida Council for Community Mental Health
- Flagler Cares
- Flagler County Sheriff's Office
- Flagler Schools
- Focus on Flagler Youth Coalition
- Girlfriends Connected Inc.
- Halifax Health
- North East Florida Community Action Agency
- SEDNET
- Stewart-Marchman-Act Behavioral Healthcare
- Vitas Healthcare



How Can Flagler County Respond Together?

- A few suggestions:
 - Participate on an Intergovernmental Committee
 - Share a message of hope in Flagler County video project
 - Provide prevention and awareness information and training to your employees (and HR staff)



- Walk Out of Darkness, April 21

Next Steps

Where do we go from here?



*Mental health is essential to wellbeing & health.
Prevention works. Treatment is effective.
People recover from mental health disorders.*

