



City of PALM COAST

Administration Department
Office of the City Manager

160 Lake Avenue
Palm Coast, FL 32164
386-986-3710

Memorandum

To: The Honorable Mayor and City Council
From: Jim Landon, City Manager
Date: September 9, 2016
Re: Week-In-Review

*Movie in the Park
Friday, September 9, 7:50pm
Central Park in Town Center*



*Intracoastal Waterway Cleanup
Saturday, September 10, 8am
Palm Coast Community Center*



*Saturday, September 10 thru Sunday, September 18
Various Locations*

*Fallen Heroes Memorial Service
Sunday, September 11, 8am
Heroes Memorial Park*



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Next Week:

- *Tuesday, September 13th, City Council Workshop, 9am, City Hall – Community Wing, 160 Lake Avenue*
- *Wednesday, September 14th, Leisure Services Advisory Committee Mtg, 5:30pm, City Hall – Community Wing, 160 Lake Avenue*

Attachments

- Administration & Economic Development Department Update
- BAC Update
- Information Technology Department Update
- Public Works Department Update
- Community Development Department Update
- Parks & Recreation Department Update
- Event Calendar
- Utility Department Update
- News Releases Sent: Council Member Robert Cuff sworn in, 2016 Floodplain Management Report released, Food Truck Tuesday/Pink Army Kickoff on Sept. 20, Cheer on the Senior Games Sept. 10-17



city of PALM COAST

Administration Department

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Week In Review Friday, September 9, 2016

City Clerk

- Processed 7 public records requests.
- Processed 1 litigation document.
- Prepared and processed 9 documents for recording.
- Prepared and posted 1 agenda and 2 sets of meeting minutes to the Web.
- Processed 4 resolutions.
- Released 3 bonds.
- Welcome letters to 2 new members of the Leisure Services Advisory Committee.
- Completed 1 Proof of Life document for a citizen.

Communications & Marketing

- Brand Plus: presented at new-hire orientation
- New releases sent: Council Member Robert Cuff sworn in, 2016 Floodplain Management Report released, Food Truck Tuesday/Pink Army Kickoff on Sept. 20, Cheer on the Senior Games Sept. 10-17
- Staffed Council Meeting – photography and presented Photo Contest Awards
- Responded to various media requests
- Coordinated advertising
- Finalized design of NEFRC flier
- Designed cover for Budget at a Glance
- Organized photos for birding rack card being created in coordination with the TDC
- Design in progress on International Festival flier, poster and ads; and on Fall Recreation Guide
- Posted to Facebook/Twitter/Instagram



- Videotaped, aired live - City of Palm Coast Council Meeting and Council Budget Hearing
- Editing in progress for International Festival video promo
- Imported/added the following programs to the PCTV line-up: Kayak Fishing in Florida - (introduction to), and Bike Safety - Cycling Along A1A



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- Added event promo pages to PCTV bulletin board for the 9/11 Ceremony and Intracoastal Waterway Cleanup
- Updated news and announcements on the PCTV ticker tape service

Purchasing and Contracts Management

Purchasing & Bidding:

- RFP-CM-16-01 SR 100 Redevelopment Opportunity Proposal 9/7/2016
- ITB-U-16-15 Sod Repairs in Right of Way 9/8/2016

Contracts:

- American Towers LLC and the City of Palm Coast, Ground Lease Agreement 07/13/2016-07/12/2016



The Palm Coast Business Assistance Center
Services Provided by the SBDC at UCF

Located at City Hall
160 Lake Avenue
Palm Coast, Florida 32164
(386) 986-2499
www.PalmCoastBAC.com

WEEK IN REVIEW

SEPTEMBER 5-9, 2016

HIGHLIGHTS

- None this Week

BUSINESS CONSULTING

- This Week - 5 Consulting Sessions, 2 Consulting Hours
- Total for Month - 5 Consulting Sessions, 22 Consulting Hours

PALM COAST BAC IMPACT

- Economic Impact This Fiscal Year - \$2,324,000
- Economic Impact To Date - \$28 Million
- Return on Investment - \$86 per Tax Dollar Invested

NEW PALM COAST COMMERCIAL BUSINESSES

- Millennium Grocery LLC – 9 Palm Harbor Village Way – Retail Sale

NEW PALM COAST HOME BASED BUSINESSES

- Steam Green Cleaning & Property Maintenance LLC – Janitorial Service
- Wayne Hillyard – Handyman Service
- Cristina's Home and Office Cleaning LLC – Janitorial Service
- Omega CK K Corp – Handyman Service
- Rainbow Painting & Handyman Services – Handyman Service
- Chris the Handyman – Handyman Service
- Roy E. Catlow – Handyman Service
- Gram's Unique Gifts – Arts & Crafts
- John Mac Donald – Entertainment Service
- Memedina Enterprises Inc – Group Home
- Memedina Enterprises Inc – Group Home



INFORMATION TECHNOLOGY

TO : Jim Landon, City Manager
FROM : Steve Viscardi, IT Director
DATE : 9/9/2016
RE : Week In Review

Department/Division Support

CITY CLERK

- GIS updated the voting maps and application for the addition of Councilman Robert Cuff.
- GIS worked with the City Manager's office to identify City-owned vacant lots that may accommodate the storage of storm debris.

FINANCE

- GIS worked with Finance on a continuous project to analyze historical property values within the City.

COMMUNITY DEVELOPMENT

- GIS provided Community Services with a base map of planimetric features around the Palm Coast Pkwy / I-95 interchange.
- GIS provided for Community Services, an inventory by date of build, of single-family homes in the A zone.
- GIS provided for Community Services, an updated project map of Grand Landings phase 2B.

ENTERPRISE

- Operations Division completed numerous Track-its.
- Operations Division setup new APC's (18 Total)
- Operations Division provided support for:
 - Council Meeting
 - Budget Meeting
 - Active Shooter training
 - GPS training
- Applications Division made changes to the online employee evaluation process to display more information on the evaluation.

- Applications Division set up SQL backups for the new Skype server and moved the heavy lifting of backups to the new SQL server.
- Applications Division created the ability for the Building Dept to create "packets" for applications that will display on the website, once configured.
- Applications Division worked on issues related to Munis system:
 - Monthly end closing processes
 - PO printing issues
 - New project charter to user security standardization
 - Updated letters for Animal Control
 - Printer issues for Customer Service work order processing
 - Customer Service records update fix install
 - Recurring invoices
 - Research in installing new Cashier version
 - Various word merge issues
 - Reports validation post migration to 11.2
 - Misc. Track-it end user support requests
- Applications Division worked on Issues related to Kronos/Telestaff systems:
 - Fire Department staff schedules
 - Department Location changes and employee access
 - Location updates from Munis to Kronos on employee records
 - Time off request process validation



City of PALM COAST

Public Works Department

1 Wellfield Grade
Palm Coast, FL 32137
386-986-2360

Office of the Director

Activities for the Week of September 9, 2016



Silt Removal - BA-1 Water Control Structure



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Parks & Medians Maintenance

- Inspected 44,368 linear feet of park hiking trails and 239 signs
- Inspected 51 irrigation zones, cleaned, replaced, adjusted spray heads, repaired line breaks on Bulldog Drive, and performed bed maintenance along City medians
- Inspected 36 irrigation zones, cleaned, replaced, and adjusted spray heads in City parks
- Repairing bocce ball courts at Holland Park
- Replacing plantings on Belle Terre Parkway medians
- Replaced an irrigation valve box at Belle Terre Park and repaired a main irrigation line at Ralph Carter Park
- Cleaned and serviced all chain saws
- Performed safety inspections on playground equipment, parks, and trails at 22 locations
- All mulched playgrounds (6) were leveled
- Maintained center medians on Belle Terre Parkway, Palm Coast Parkway, SR-100, & Old Kings Rd
- All City parks (12) were mowed and maintained
- Grounds were maintained at 250 well sites and lift stations
- Maintained grounds at: 5-Fire Stations; 3-Water Treatment Plants; & 1-Wastewater Treatment Plant
- Mowed 16 sports fields, three times each, for a total of 56 acres
- Raked and prepared for play ten courts at the Palm Coast Tennis Center



Herbicide Spraying Cattails - Belle Terre Park

Streets Maintenance & Special Projects

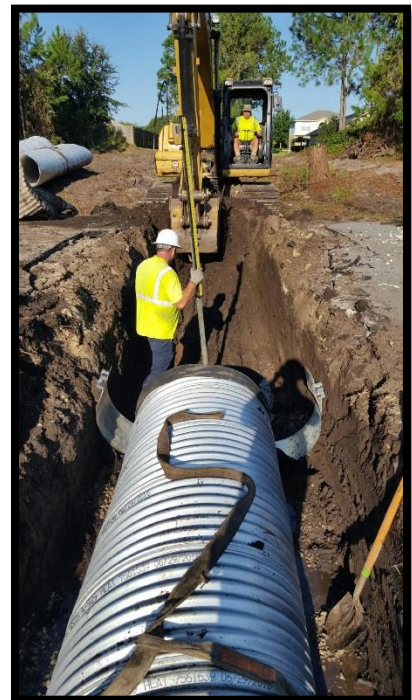
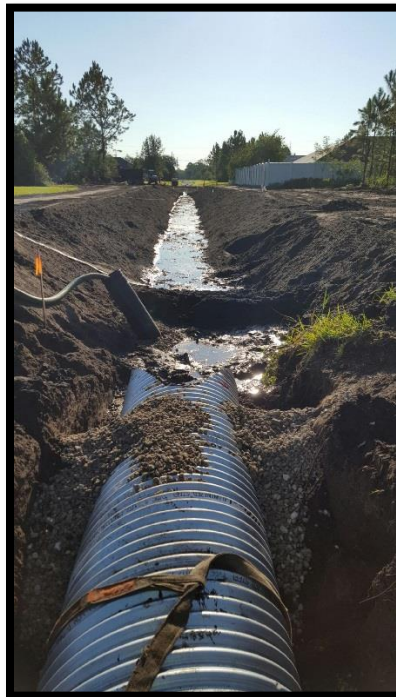
- Mowing the rights-of-way in all neighborhoods and Belle Terre, Seminole Woods and Pine Lakes Parkways
- Performed site distance trimming in the “F” and “W” neighborhoods
- Mechanically swept and cleared debris from 25 lane miles of curb and gutter on main arterial roadway
- Performed 60 linear feet of sidewalk repair on Palm Harbor Parkway
- Inspected and reported 9 street light outages to Florida Power & Light for repair
- Repaired two pot holes on Rymfire Drive and Belle Terre Parkway
- Performed traffic signal work – Re-lamped green light at Whiteview and Belle Terre
- Performed traffic control – Global Mission 5K event
- Performed fire mitigation on City owned parcel on Woodside Drive
- Repaired/replaced 18 street signs
- Responded to 1 after hours call – Traffic signal flashing Matanzas Woods & Palm Harbor
- Holland Park – Grading interior area for in preparation for irrigation



Storm Cleanup - Hurricane Hermine

Stormwater Maintenance

- Graded and stabilized 3,238 linear feet of residential swales
- Replaced 1 driveway culvert with swale rehabilitation on Lee Drive
- Cleaned 19 culvert pipes for a total of 494 linear feet
- Maintained 20,850 linear feet of drainage ditches
- Performed ditch herbicide spraying 10,000 linear feet in the “R” neighborhood
- Stormwater Modeling Sec. 37 Trib. 3 – Start date 7-6-16 in the “L” neighborhood. Replaced 120 linear feet of drainage pipe and continue re-grading drainage ditch. Project is 70% complete



Stormwater Modeling - Sec. 37 Trib 3

Fleet and Facilities Maintenance

- Performed 3 fire fleet vehicle/equipment repairs and 2 preventive maintenance
- Performed 1 road call for repairs
- Performed preventative maintenance on 6 vehicles/equipment
- Repaired 9 City vehicles, heavy equipment, and trailers
- Repaired 50 pieces of small and hand-held equipment
- Completed 18 facility maintenance requests



Organizing Parts Room



Wench Repair

Community Development Department

PROVIDE GUIDANCE FOR WELL-PLANNED GROWTH AND
DEVELOPMENT FOR THE PROTECTION OF THE CITY'S
NATURAL RESOURCES, PUBLIC HEALTH, SAFETY, AND WELFARE.



Week-in-Review- September 9, 2016- Stephen Flanagan, Director

PERMITTING ACTIVITY

The following is an update of permit and development application activity in Palm Coast from September 1, 2016 through September 7, 2016:

- Total number of permits issued: 156
- Construction Value from October 1, 2015 to September 7, 2016 \$207,587,384.00

Commercial Permit Applications			
1 Yacht Club Drive	Dock renovations	Southern Construction of Bunnell	\$2,000.00
5220 State Hwy 100 E Unit 1	Interior Alterations - Bath and Body Works	Management Resource System	\$278,000.00
101 Palm Harbor Parkway B115	Interior Alterations - Sara's at Europena Village	Beacon Pointe Construction	\$45,000.00
4 Kingswood Drive (Cracker Barrel)	Walkway - improve handicap access	Atlantic Southern Paving	\$46,000.00
Commercial Permits Issued			
57 Town Court	Interior Demo of existing space to shell	Sunshine Medical Construction	\$35,000.00
Residential Permits Issued			
6 Laguna Forest Trail	Addition	Screen Concepts	\$9,000.00
3 Graham Woods Place	Addition	A Certified Screen	\$7,000.00

160 Lake Avenue, Suite 136, Palm Coast, FL 32164

Planning (386)986-3736 Building (386)986-3780 Code Enforcement (386) 986-3764

Construction Management & Engineering (386)986-3794

31 Edmond Place	Alteration	Screen Concepts	\$8,000.00
8 Village Lane	Alteration	Golden Fox Home Remodeling	\$15,000.00
6 Chickasaw Court	Alteration	Fontana Construction	\$28,000.00
140 Eric Drive	Alteration	A Certified Screen	\$21,000.00
1 Sea Garden Path	Single Family Residence	Skyway Builders	\$348,000.00
16 Bluejack Court	Single Family Residence	Skyway Builders	\$455,000.00
18 Birchwood Drive	Single Family Residence	Seagate Homes	\$179,000.00
118 Park Place Circle	Single Family Residence	Seagate Homes	\$261,000.00
26 Seamanship Trail	Single Family Residence	Humbert Builders	\$273,000.00
135 Park Place Circle	Single Family Residence	Holiday Builders	\$261,000.00
137 Park Place Circle	Single Family Residence	Holiday Builders	\$211,000.00
128 Wood Haven Drive	Single Family Residence	Holiday Builders	\$311,000.00
112 Spoonbill Drive	Single Family Residence	Dream Finders Homes LLC	\$250,000.00
100 Spoonbill Drive	Single Family Residence	Dream Finders Homes LLC	\$252,000.00
106 Spoonbill Drive	Single Family Residence	Dream Finders Homes LLC	\$283,000.00
47 Pine Crest Lane	Single Family Residence	Flagler Habitat	\$159,000.00
19 Riviera Drive	Single Family Residence	Flagler Habitat	\$164,000.00
Occupancy Permit			
24 Pinetree Drive	Gerdie's Adult Family Care Home	Maria Deguzman	
Certificate of Occupancy			
160 Cypress Point Parkway C210	Perfect Pizza Inc.	Rollings Construction	\$85,000.00
Development Project Applications			
Technical Site Plan Tier 1	Starbucks at Island Walk-216 Palm Coast Pkwy. N.E.	Branch Island Walk Associates LP	
Technical Site Plan Tier 1	Starbucks at Shoppes of Palm Coast – 100 Belle Terre Blvd.	PV –Palm Coast, LLC	

CONSTRUCTION MANAGEMENT & ENGINEERING

The following is an update since last week for projects in the City from September 1, 2016 through September 7, 2016

City Capital Projects Under Construction		
Wastewater Treatment Plant #2	15%	Contractor continues to work on the chlorine contact chamber, biological process, sludge holding and ground storage tanks.
Holland Park -Florida Park Drive	82%	Dog park fence work continues. Site grading and cleanup continues. Sidewalk and concrete pad grading and forming continues. Additional colored stamped decorative pad sections poured in front of restroom building.
Seminole Woods Pkwy Reclaim Water Main Phase 2	18%	2,000 lf of reclaimed water main has been installed from the new RaceTrac to Utah Place September 7, 2016.

Seminole Woods MUP Phase 6	10%	September 6, 2016 onsite to locate water valves and existing Air Release Valves near planned sidewalk area.
Developer Projects Under Construction		
Tractor Supply Store	30%	Building work continues on site.
Palm Coast Arts Foundation	20%	September 6, 2016 contractor built stage footers with steel.
Shoppes of Palm Coast - SR 100 & Belle Terre	40%	September 6, 2016 contractor has finished the installation of water main along SR 100.
Park Place Recreation Center	11%	Concrete blocks were delivered and contractor poured footers September 7, 2016.
Airport Entrance - Belle Terre	55%	On September 6 th and 7 th , 2016 contractor graded around the swales and behind curbing for placement of sod.



HOLLAND PARK - COLORED CONCRETE PAD



WASTE WATER PLANT 2 SCAFFOLD FOR GROUND STORAGE TANK



195 Cats

63 Dogs

2 Guinea Pigs

1 Rabbit

Animals ready for homes

Do you have a disaster plan for a natural disaster? Do you have a plan for your pets in the case of a disaster? Don't forget that in the case of an emergency that you have provisions ready for your furry friend. Be prepared. Make multiple disaster plan routes out of town noting the hotels that are pet friendly. Don't be stuck with nowhere to go with your furry family member.

Donation Opportunities: The *Flagler Humane Society Thrift Store* always accepts donations. They cannot take in any computers/printers or large appliances at this time. Call 386-597-2839 and leave a message. All proceeds from the sales go to directly care for the homeless pets of Flagler County.

"*Doghouse Donation Boxes*" are found at all the fire stations in Flagler County. You can drop off donations anytime at your nearest fire station. FHS appreciates all donations, especially those from our Wish List (available at flaglerhumane.org/wish-list). You can also purchase items via the Amazon.com link on the FHS website and ship them directly to the shelter.

Outreach Adoption Events: Don't forget that FHS have volunteers and adoptable pets at the Farmer's Market in Flagler Beach every Friday and at PetSmart in Palm Coast every Saturday and Sunday.

Interested in becoming a volunteer? Attend at volunteer orientation. They are held at noon in the Humane Society education room every second Saturday of the month. We would love to see you there!

Interested in helping at Outreach Adoption Events? Join the SPOT Team (Stray Pet Outreach Team) and help to find the homeless animals loving homes. If you are interested in volunteering at these events, email kshare@flaglerhumane.org.

Adoption Specials: Check out the FHS Facebook page for any upcoming adoption specials.

Upcoming Fundraisers/Events: We hope to see you at the FHS Annual "Fast & Furiest" walk / run. It will be held this year at Princess Place on Sept. 17th. See the FHS website for more information on registration.

Public Announcements: The Flagler Humane Society has a variety of *Subsidized Spay & Neuter Programs* for members of the community that need to have their pets or community pets sterilized. Please call FHS at 386-445-1814, email info@flaglerhumane.org for questions.

FHS has a *Wellness Clinic* for minor veterinary issues. Call 386-445-1814 for Appointments. *Low Cost Vaccination Clinics* will still be held on the 1st and 3rd Saturdays of every month from 1pm-3pm. No appointments are necessary for the Low Cost Vaccination Clinics.

FHS also offers a "*Pet Food Pantry*" for those that are in need of assistance. Please call for more information.

To keep up with Flagler Humane Society happenings – visit us on the FHS Facebook/Twitter, our website at www.flaglerhumane.org, or via email at info@flaglerhumane.org.

Pet of the Week



LAHNI

Lahni is a sweet shy kitten that is only 5 months old. She is spayed, microchipped, and up to date on all her vaccinations. She came in not very socialized and went into a foster home. She was found as a stray. She is still a little shy but can be lovable. She gets along with other cats and is currently in a cat colony room with other kittens. Come and see with sweet little girl today.

Adoption specialist:

Katrina Geigley
adopt@flaglerhumane.org

Outreach Manager:

Katie Share
kshare@flaglerhumane.org



Parks and Recreation

To: Jim Landon, City Manager
From: Alex Boyer, Recreation Superintendent
Date: Sept 9, 2016
Re: Week in Review

In the past week, the department has been preparing for the fall programs and events.

Upcoming events and programs

The City of Palm Coast Fire Department offers CPR and First Aid Training

1. The Healthcare Provider course -- a professional certification course -- includes a multiple-choice written exam and a practical exam.
2. Workbooks for use during the class are provided. It is highly recommend that participants purchase a course workbook. The American Heart Association recommends that each student review the course information for two weeks prior to the course. Workbooks can be found at : <http://www.aha.channing-bete.com/>
3. Course available to those ages 13 and up.
4. All courses begin at 9:00 a.m. Participants should arrive a few minutes ahead of time for check-in.
5. A minimum of six persons is required for each course date. If fewer than six persons have registered, each person will be contacted to reschedule or to receive a refund.
6. Please contact CPRcertification@palmcoastgov.com with any questions.

First Aid and CPR/AED

Heartsaver First Aid is a 7-hour classroom course (**includes 1 hour for lunch**) that is designed to meet OSHA regulations. The course teaches basic first aid skills:

- Administering CPR to an infant, young child, or an adult.
- Using an Automated External Defibrillator (AED).
- Using a mask or barrier device.
- How to stop visible bleeding.
- Assist with possible sprain or broken bone.
- Securing the scene for safety.

Date: Saturday, September 24
Saturday, October 1 (Palm Coast Community Wing- 160 Lake Blvd Palm Coast FL 32164)
Saturday, November 5
Saturday, December 3
Time: 9 am-4 pm
Fee: \$5/person; Pre-Registration required at least 48 hours in advance.
Location: Palm Coast Community Center (305 Palm Coast Pkwy NE. Palm Coast FL 32164)

Healthcare Provider

The Basic Life Support (BLS) for Healthcare Providers Course provides healthcare professionals the ability to recognize several life-threatening emergencies, administer CPR, use an AED, and relieve choking in a safe, effective and timely manner.

Examples of those who may need this certification are: EMS personnel, physician assistants, dentists, nurses, respiratory therapists and others. All must have a credential (card) documenting successful completion of a CPR course.

The 4.5-hour course is video-based with instructor-led discussion and simulation. Students participate, practice, and complete various skills and learning stations. We will provide a workbook for you to borrow during the course. However, we recommend you purchase a workbook two weeks prior to the course and review the information.

Date: Friday, October 21
Time: 9 am-1:30 pm
Fee: \$50; Pre-Registration required at least 72 hours in advance.
Location: Palm Coast Fire Station #25, (1250 Belle Terre Parkway, Palm Coast, FL 32164)

ADULT PROGRAMS

AARP Driver Safety Program

The nation's first and largest classroom course for motorists ages 50 and older. This one-day course identifies ways that older drivers can compensate for the physical changes that occur as they age and helps older drivers update their driving knowledge and skills. To register contact AARP Representative Karen Zimmerman 386-585-4116.

Dates: Friday, October 14
Friday, November 18
Friday, December 16
Time: 9:00 am – 4:00 pm
Location: Palm Coast Community Center
Fee: \$20/Session (\$15/Session/AARP Member)

Adult Open Gym Basketball*

The adult co-ed basketball program is a non-competitive recreation program.

Days/ Dates: Tuesdays, September 13- December 20, 14 Meetings- \$22
 Thursdays, September 15- December 22, 14 Meetings- \$22
Time: 7:00 pm – 9:30 pm
Location: Indian Trails Middle School
Ages: 18 & Up

* No Basketball Nov 22 & 24

Adult Open Gym Volleyball*

Come with friends or come alone and play Adult recreational co-ed volleyball open gym creates new “teams” weekly. Usually two nets, with teams rotating in and out of play. One net is for competitive style play and the second net is for recreational style play.

Days/Dates: Mondays, September 12- December 19, 14 Meetings- \$22
 Wednesdays, September 14- December 21, 14 Meetings- \$22
Time: 7:00 pm – 9:30 pm
Location: Indian Trails Middle School
Ages: 18 & Up

**Disclaimer:* Flagler Schools may cancel program due to school activity. We will make every effort to notify participants of cancellations.

* No Volleyball Nov 21 & 23

Critic’s Choice Dinner Club

Each month this “Club” visits a new restaurant, chosen by the group, to spend quality time with friends enjoying a casual dinner while rating the food and service. New members are always welcomed. Dinner and/or transportation are the participant’s responsibility. Pre-Registration Required

Days/Dates: Thursday, October 13 – Lisbon Nights Restaurant
 Thursday, November 10 –
 Thursday, December 8 –
Time: Meet at restaurant 5:30 pm

Game Day Social

As the name suggests, Game Day Social is comprised of a lively, spirited group of individuals who enjoy the camaraderie and competition of dominos, a variety of card games or board games. Participants are encouraged to bring their favorite game or play one provided by the Parks and Recreation Department. Light refreshments are served.

Days: Tuesdays & Thursdays
Time: 12:30 – 4 pm
Location: Palm Coast Community Center
Fee: Free

Pickleball

The fastest growing sport in North America. Pickleball is sport for all ages. Played with small racquets and whiffle balls, this game is perfect for all ages. Equipment is available for rent and will be provided on the days and times below.

Days/Dates: September 6- December 16
Tuesdays, 1:00pm-3:00pm
Wednesdays, 6:00 pm – 8:00 pm
Fridays, from 11:00 am – 1:00 pm

Location: Belle Terre Park

Ages: 18 & up

Fee: Free

Wellness with Chrissy

Join Chrissy Powell, certified fitness instructor, for her fun and effective Wellness Classes! She will coach and inspire you to become healthier and stronger and to lead a more active and happier life. For more information contact instructor, Chrissy Powell at phone 386-931-7153 or Email cpowell54@cfl.rr.com

Class Schedule

- Pilates 8:30am Monday, Wednesday & Friday (Bring own mats)
- Aerobics 9:30am Monday, Wednesday & Friday
- Pilates Versa-tube 10:30am Monday & Wednesday

Women's Self Defense

Learn effective methods to ward off attackers in this three day class. Sergeant Lutz from the Flagler County Sheriff's Office will teach you skills that will make you more aware of your surroundings and methods to protect yourself and provide safety tips to implement right away. Pre-registration required and participants must attend all three classes. **Pre-Registration required at least 48 hours prior to start date and time.**

Days/Dates: Mondays: Session 1: Sep 26-Oct 10
Session 2: Nov 7-Nov 21
Session 3: Dec 5-Dec 15 (Dec 15 will be Thursday)

Times: 6 - 8 pm

Location: Palm Coast Community Center

Ages: 12 & Up

Fee: Free

Wood Carvers

The art of woodcarving has a history that spans centuries. At its core, woodcarving transforms a piece of wood into a masterfully crafted work of art. Join this group of gifted carvers as they share their skill and know how in this informal teaching atmosphere. The woodcarving group is a mixed group of men and women at all levels and abilities. Visitors are welcome.

Days/Time: Tuesdays from 1pm - 4pm

Location: Palm Coast Community Center

Fee: Free

Discover Trips

The registration fee includes: round-trip, motor coach transportation to and from destination and admission fees for the attraction. Payment is due at time of registration. Limited number of spaces available so register early. Registration is on a first come, first serve basis.

Northern Florida Wine & Vineyard Tour (FULL)

The Dakotah Winery, a Central Florida spiritual, romantic experience grows its grapes on 17 acres. Then enjoy a lunch on your own at a local restaurant on our way to The Bluefield Estate Winery; where you can sample an array of blueberry wines. **Pre-Registration required by Monday August 29, 2016**

Day/Date: Friday, September 16, 2016
Time: Depart the Palm Coast Community Center: 8:30 am
Return to the Palm Coast Community Center at approx.: 6:00 pm
Location: Various in Northern Florida
Fee: \$38/person

Fall Foliage St. John's River Tour (ONLY ONE SPACE AVAILABLE)

Enjoy a two hour tour down river through Blue Creek in the Ocala National Forest. This creek is a unique habitat and in the warm months this is a prime feeding area for the manatee. Alligator encounters are plentiful year around. We will leave this creek behind to re-enter the St. Johns River by the pristine Lake George, Florida's second largest lake which is surrounded by the Ocala National forest on the west and the Lake George State Forest on the east. After Lake George we will return on the St. Johns River to Astor. We will enjoy lunch provided by the Blackwater Inn. **Pre-Registration required by Friday, October 7, 2016**

Day/Date: Friday, October 21, 2016
Time: Depart the Palm Coast Community Center: 8:30 am
Return to the Palm Coast Community Center at approx.: 6:00 pm
Location: Astor, Florida
Fee: \$57/person

Winter Garden Museum Tour

We will enjoy a visit to Winter Garden with its environmental sensibility, diverse restaurants, and charming boutiques; The Winter Garden Heritage Museum features a three-dimensional walk through Winter Garden's glorious past; The Central Florida Railroad Museum contains an expansive collection of local, state and national railroad memorabilia. We will enjoy lunch on our own at a local restaurant. **Pre-Registration required by Friday, November 10, 2016**

Day/Date: Friday, November 18, 2016
Time: Depart the Palm Coast Community Center: 8:30 am
Return to the Palm Coast Community Center at approx.: 6:00 pm
Location: Winter Garden, Florida
Fee: \$35/person

Gaylord Palms ICE Show

Marvel at dozens of lavish holiday displays that include more than 2 million twinkling Christmas lights and acres of larger-than-life decorations at our Orlando Christmas celebration. Enjoy heartwarming visits with Santa, Cirque Dreams Unwrapped Live Stage Show, ICE! featuring the classic poem 'Twas the Night Before Christmas. We will enjoy lunch on our own in one of the Gaylord Palms restaurants. Dress warm as temperatures are below freezing in the ICE museum. **Pre-Registration required by Friday, December 2, 2016**

Day/Date: Friday, December 16, 2016
Time: Depart the Palm Coast Community Center: 8:30 am (Performance begins at 1:00 pm)
Return to the Palm Coast Community Center at approx.: 6:30 pm
Location: Orlando, Florida
Fee: \$57/person

Lunch N' Lecture Series

Join professionals during lunch for informational discussions on topics that may affect the lives of our adult community. **Pre-Registration required 48 hours prior to the program date and while space is available.**

Time: 11:00 am -12:30 pm
Location: Palm Coast Community Center, 305 Palm Coast Parkway, NE
Fee: FREE

Wednesday, September 21, CORA "Understanding Fall Risk and Balance Disorders

LOCATION: City Hall, Community Wing, 160 Lake Street, Palm Coast, 32164

Presented by CORA Rehabilitation Clinics. Join our speaker Ward Daron, PT as he discusses Fall Risk and Balance Disorders. Statistically, falls are the primary cause of injury for those age 55 and older. Dizziness is the 2nd primary reason for seniors' physician appointments. You don't have to be the next statistic. Information presented will discuss the risks and reasons for falls and dizziness and prevention techniques all can utilize.

Our speaker Ward Daron, PT graduated from the Catholic University in Leuven, Belgium in 1992. He has been practicing as a physical therapist for over 20 years with experience in acute setting and outpatient setting. He has a special interest in sports medicine and has developed a balance and dizziness correction program. This program complements the guidelines set forth by the CDC and American Geriatric Society.

Friday, September 30, Understanding Osteoporosis Prevention and Treatment

LOCATION: Community Center, 305 Palm Coast Parkway NE, Palm Coast FL 32137

In partnership with the People's Friendship Club, Cody Grady: Clinic Director and Board-Certified Physical Therapist at PT Solutions @ Florida Hospital Flagler, will be speaking about the benefits of exercise and a healthy lifestyle on the prevention and treatment of patients with Osteoporosis/Osteopenia. He will be answering any questions

in regards to what we can do to help prevent osteoporosis as well as fall prevention to prevent fractures due to complications of Osteoporosis.

Cody graduated from Capital University in Columbus, OH with a Bachelors of Arts in Biology and supplemental studies at the National University of Ireland Galway in Galway, Ireland. Graduated with Doctor of Physical Therapy Degree from the University of St. Augustine for Health Sciences.

A video will be shown in which I will primarily do a Q&A regarding Osteoporosis and how physical therapy can help.

Friday, October 14, First Coast Heart and Vascular Center

LOCATION: Community Center, 305 Palm Coast Parkway NE, Palm Coast FL 32137

Dr. J. Caracciolo, MD., F.A.C.C, a board certified cardiologist with First Coast Heart & Vascular Center will be the guest speaker. Dr. Caracciolo received his medical degree from St. George's University School of Medicine, Grenada, WL and completed his residency at Yale University's, Norwalk Hospital Program in Norwalk, CT., He was a Fellow in cardiovascular diseases at Stony Brook University Hospital in NY.

Presently he is the Owner/Managing partner of First Coast Heart and Vascular Center, PA, in St. Johns County.

First Coast is in the process of opening an office in Palm Coast.

TODDLER PROGRAMS

Pre-Registration required at least 48 hours prior to start date and time of all Toddler Programs

Teddy Bear Picnic

Children will bring their favorite teddy bear for story time, game playing or craft and a snack. This monthly programs offers a unique experience for toddlers and their parent.

Day: Mondays

Dates/Theme: October-3rd Pumpkin Patch Picnic
November- 7th Fall for fun, fun for all
December- 5th Snow much fun.

Time: 10 – 10:30 am

Location: Palm Coast Linear Park

Age: 2 - 5 years old

Fee: Free

Little Chefs

Bring your “Little Chef” to the Palm Coast Community Center, where they will learn how to make a healthy, tasty snack and learn cognitive skills.

Days/Dates: Tuesdays

October- 11th

November- 15th

December- 20th

Times: 10 – 11am

Location: Palm Coast Community Center

Age: 2 - 3 years old

Fee: \$8

Little Picassos

Lil Picassos is designed to help your little artists discover their inner Picasso as they discover own unique style. Children will learn fundamental art concepts by creating a fun & unique work of art.

Days/Dates: Thursdays

October- 20th

November- 17th

December- 15th

Time: 10 – 11am

Location: Palm Coast Community Center

Age: 2 - 3 years old

Fee: \$8

Little Kicker Soccer

This child with parent (5-week) program teaches toddlers the basic motor skills necessary to play organized sports such as soccer. The program is designed for parents to assist the child during the lessons.

Ages: 3 - 4 years old

Fee: \$35 per session

Days/Dates: Wednesday, September 21- Wednesday, October 19

Time: 4-5pm

Location: Belle Terre Park

YOUTH PROGRAMS

Pre-Registration required at least 48 hours prior to start date and time of all Youth Programs

Kindercooks

Bring your “Kindercook” to the Palm Coast Community Center where they will learn to make foods, tasty treats, and gain important motor skills. Your “Kindercook” will grow in confidence and soon be able to assist in the kitchen.

Days/Dates: Tuesdays
October-11th
November- 15th
December-20th
Time: 11am-12pm
Location: Palm Coast Community Center
Age: 4 – 5 years old
Fee: \$8

Munchkin’ Sports

This child with parent program teaches the basic motor skills necessary to play organized sports such as soccer, baseball, golf, football, and tennis. This 5-week program is designed for parents to assist the child.

Days/Dates: Tuesdays, September 27-October 25
Time: 5:30-6:30pm
Location: Belle Terre Park
Age: 4-5 years old
Fee: \$35

Munchkin’ Soccer

Bring your Munchkin’ Soccer player to this high energy, fun, age appropriate introduction to soccer. Munchkin Soccer is not a league, rather an introduction to the fundamentals of soccer focusing on skill development and confidence building that your child will use as he/she transitions to league play.

Days/Dates: Wednesdays, September 21- Wednesday, October 19
Time: 5-6pm
Location: Belle Terre Park
Age: 5 - 6 years old
Fee: \$35 per session

Recreation on the Go

Come join us as we schedule recreation activities at a variety of parks throughout Palm Coast. We will be providing recreation equipment and encouraging participants in a variety of games and activities.

Day: Saturdays
Dates/Location: September 10 – Palm Harbor Golf Course
October 8 – Palm Coast Tennis Center
Time: 10am – 12pm
Age: 5 and older
Fee: FREE

Fall Fun Camp

Your child's day will be filled with a variety of age appropriate fun-filled themed activities such as arts and crafts, stories, recreational games, nature hikes, Campers must bring their own lunch and snack each day.

Days/Dates: Fall Fun Camp – November 21 – 23 (all day)
Times: 9am-4:30pm (extended care 7:30am-9:00am & 4:30pm-6:00pm)
Location: Palm Coast Community Center
Grades: K-8 (grade currently enrolled)
Fee: \$15 per day/ \$65 for week (extended care \$10 each) **Registration**
Deadline: 48 hours prior to start date

Jack Frostivities- Holiday Break Camp

Your child's day will be filled with a variety of age appropriate fun-filled themed activities such as arts and crafts, stories, recreational games, nature hikes. Campers must bring their own lunch and snack each day.

Day/Dates: Week 1- Monday-Wednesday December 26th-30th
Week 2- Monday-Wednesday January 2nd-6th
Times: 9am-4:30pm (extended care 7:30am-9:30am & 4:30pm-6:00pm)
Location: Palm Coast Community Center
Grades: K-8 (grade currently enrolled)
Fee: \$15 per day/ \$65 for week (extended care hours \$10 each) **Registration**
Deadline: 48 hours prior to start date

SPECIAL EVENTS

For information on all events visit our website at: <http://www.palmcoastgov.com/events>

Intracoastal Waterway Cleanup

Equipped with a \$5,000 Florida Inland Navigation District (FIND) grant award, City staff will be asking local volunteers to protect and enjoy nature by removing trash within their developments or along City paths, walkways and waterways. Boaters can work in saltwater canals and Intracoastal waters and walkers can clear the paths and trails alongside the waterway.

Day/Date: Saturday, September 10
Time: 8am-1pm
Location: Palm Coast Community Center.

Fallen Heroes Memorial

The Fallen Heroes Memorial, held annually in Palm Coast, honors emergency responders killed during the Sept. 11, 2001, terrorist attacks and recognizes the selfless acts of courage exemplified by the members of the Police, Fire and EMS departments.

Day/Date: Sunday, September 11th
Time: 8am
Location: Fallen Heroes Memorial Service

Movies in the Park

Bring your blanket, lawn chairs and snacks and invite your friends and neighbors to join you at this monthly free, family activity. Relax and enjoy an “oldie but goodie” or a recent hit as we watch movies on the giant, outdoor movie screen. And, take it from us you don’t want to forget your bug spray!

Day/Date/Time: Friday, September 9 Jurassic World (PG-13) 7:50pm
Friday, October 14 Hotel Transylvania 2 (PG) 7:15pm
Location: Central Park in Town Center

Palm Coast & the Flagler Beaches Senior Games

Presented by: Cora Health Services Inc.

The focus of the Senior Games is not winning, but participating. The Florida Senior Games is dedicated to:

- Encouraging and promoting healthy lifestyles for Florida's Seniors
- Providing Florida's Seniors with the opportunity to compete at the local, state and national levels
- Providing all Senior citizens of Florida with an affordable and quality multi-sport festival they can call their own Games

The Palm Coast & the Flagler Beaches Sr. Games is sanctioned by the Florida Sports Foundation and a qualifier for the Florida Senior Games State Championships.

Day/Date: September 10th- September 18th
Time: Varies per Event
Location: Varies per Event
Information: www.palmcoastgov.com/seniorgames

Food Truck Tuesdays

Free entertainment along with gourmet food available for purchase from a variety of specialty food trucks. Proceeds from Food Truck Tuesdays benefits a local organization whose work supports our children and families.

Day/Date: Tuesday, September 20
Tuesday, October 18
Tuesday, November 15
Time: 5 - 8 pm
Location: Central Park in Town Center

Palm Coast International Festival

Palm Coast's International Fest will bring a smile to your face as you travel the world across Central Park in Town Center. The community will celebrate the proud traditions of our City's unique cultural heritage, partaking in the music, cuisine and dance from the countries represented.

Day/Date: October 1st

Time: 12-9pm

Location: Central Park in Town Center

Pink Army 5k Run/Walk & 1 Mile Support Walk

Raising money for breast cancer awareness, education and screening, 100 percent of the proceeds raised by the Pink Army 5k go toward financially supporting mammograms, breast ultrasounds, stereotactic breast biopsies, education and other specific diagnostic services to aid in the early detection of breast cancer.

Day/Date: October 16

Time: 7:45am

Location: Florida Hospital Flagler

Halloween Boo Bash

The Halloween Boo Bash is a family friendly, safe event for all ages presented by the Palm Coast Parks and Recreation Department and Wadsworth Elementary School. We encourage everyone to come in costume and enjoy the activities.

Day/Date: Friday October 21

Time: 5:00 pm - 8:00 pm

Location: Belle Terre Park

Hall of Terror

Hall of Terror takes those who dare through a haunted house and show at Palm Coast Fire Station 21, 9 Corporate Drive. Volunteer characters, many of whom are firefighters and other City employees, provide the scares.

Days/Dates: Thursday-Saturday, October 27-29

Time: Thursday, October 27 from 7:00-9:00pm

Friday, October 28 from 7:00-10:00pm

Saturday, October 29 from 7:00-11:00pm

Location: Fire Station #21, 9 Corporate Drive

Palm Coast Veteran's Day Ceremony

City of Palm Coast ceremony with music, presentation of memorial wreaths and speakers to honor military Veterans; Heroes Park, 2860 Palm Coast Pkwy., Palm Coast. Free. More info: 386-986-2300.

Day/Date: Friday, November 11

Time: 8 am

Location: Heroes Park

Tree Lighting Ceremony

In partnership with the Rotary Club of Flagler County, the Tree Lighting Ceremony leads the start of the Fantasy Light display at Central Park in Town Center.

Day/Date: December 1st
Time: 6:30pm
Location: Central Park in Town Center

Starlight Event and Parade

Day/Date: December 10
Time: 4pm-6pm Parade starts at 7pm
Location: Central Park in Town Center

Upcoming Tournaments booked.

October	2016	
Oct. 1-2	Cradle for the Cure Girls Lacrosse Tournament	MCC Sports, Inc.
Oct.	Gymnastics Meet	PC Gymnastics
Oct. 16	Pink Army 5K Run/Walk	PCP&R and FHF
Oct. 8-9	PDA Fall Classic	PDA Florida
Oct. 15-16	Pumpkin Shoot Out Lacrosse Tournament	Team Florida Lacrosse

The logo for Frieda Zamba Swimming Pool features a stylized blue wave graphic above the name. The name "Frieda Zamba" is written in a cursive script, with "Swimming Pool" in a smaller, sans-serif font underneath. Below the name, the text "2016 Hours of Operation" is written in a bold, black, sans-serif font.

Frieda Zamba
Swimming Pool
2016 Hours of Operation

Monday, September 12-Friday, November 4

Monday through Friday - 2 PM to 7:30 PM

Saturday & Sunday - Closed



Event Calendar for 9/9/2016 through 9/30/2016

9/9/2016 6:00 PM

Phenomenal Black Women of Jazz Celebration

African American Cultural Center

9/9/2016 7:50 PM

Movies In The Park featuring "Jurassic World"

Central Park in Town Center

9/10/2016 12:00 AM

Palm Coast & the Flagler Beaches Senior Games presented by: CORA HEALTH SERVICES, INC.

9/10/2016 8:00 AM

Palm Coast Senior Games

Various City and County locations TBD

9/10/2016 8:00 AM

Walk to End Alzheimer's

Riverfront Park

9/10/2016 8:00 AM

Intracoastal Waterway Cleanup

Palm Coast Community Center

9/10/2016 10:00 AM

Turtle Talk: A Sea Turtle's Journey

Gamble Rogers Memorial State Recreational Area at Flagler Beach



Event Calendar for 9/9/2016 through 9/30/2016

9/10/2016 3:00 PM

Gamble Acoustic Jam Session

Gamble Rogers Memorial State Recreational Area at Flagler Beach

9/11/2016 8:00 AM

Fallen Heroes Memorial Service

Heroes Memorial Park

9/11/2016 9:45 AM

Palm Coast Elks Lodge #2709 - 9/11 Memorial Ceremony

Palm Coast Elks Lodge #2709

9/12/2016 9:00 AM

Blaneketeers

Flagler County Library

9/12/2016 12:30 PM

The Garden Club at Palm Coast, Inc.

Flagler County Extension Service

9/13/2016 11:30 AM

Hadassah

Temple Beth Shalom

9/15/2016 12:00 AM

Get Published Series

Co-Work office

9/15/2016 8:30 AM

Yoga at the Beach

Gamble Rogers Memorial State Recreational Area at Flagler Beach



Event Calendar for 9/9/2016 through 9/30/2016

9/15/2016 11:30 AM

Score Means Business

Bethune Cookman University

9/15/2016 6:00 PM

Flagler Democrats Happy Hour

Cue Note Billiard Room

9/16/2016 8:00 AM

Palm Coast Bible Church Fall Rummage Sale

Palm Coast Bible Church 94 Whiteview Parkway, Palm Coast

9/16/2016 4:00 PM

Oktoberfest Dinner Dance

Halifax Plantation Golf Club

9/17/2016 6:00 PM

Bandstand Boogie Gala

Halifax Plantation Golf Club

9/17/2016 7:00 PM

Neil Simon's Chapter 2

Flagler Auditorium

9/20/2016 5:00 PM

Food Truck Tuesday

Central Park in Town Center

9/21/2016 11:00 AM

Lunch N Lecture Series

City Hall



Event Calendar for 9/9/2016 through 9/30/2016

9/22/2016 8:30 AM

Yoga at the Beach

Gamble Rogers Memorial State Recreational Area at Flagler Beach

9/24/2016 10:00 AM

A Day in Old Florida

Faver Dykes State Park

9/26/2016 6:00 PM

Women's Self Defense

Palm Coast Community Center

9/29/2016 8:30 AM

Yoga at the Beach

Gamble Rogers Memorial State Recreational Area at Flagler Beach



To: Jim Landon, City Manager
From: Richard Adams, Utility Director
Date: September 8, 2016
Re: Week in Review

- The average water demand for the week was 7.403 million gallons per day. The average wastewater flow was 6.113 million gallons per day.
- Crews installed 6 new domestic water meters, 4 reuse meters and 4 new PEP tanks.
- There were a total of 51 calls after hours.
- This week there were 111 disconnects for non-payment.
- Water distribution crews replaced 4 service lines (retrofit), repaired 3 service lines, and tested/repaired 90 backflow preventers.
- Wastewater crews inspected via CCTV, 8,841 feet of gravity sewer and inspected 43 manholes. They also replaced 33 pep pumps, 25 floats and 5 cleanout caps.
- Contractor inspected and measured the roofs at the main building and bio solids building at the Wastewater Treatment Plant last week for generating a proposal to rehab and repair both roofs.
- Crews are hauling and spreading asphalt millings to improve the access roads to both effluent disposal sites
- Wastewater crews repaired a gravity sewer line on Ferber Lane. The pipe was damaged by a cable installation.



Sewer Main repair on
Ferber Lane



Robert Cuff portrait attached. I will send you a photo of the Palm Coast City Council in a separate email.



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, Communications & Marketing Manager

386-986-3708; cell 386-214-4729

Sept. 7, 2016

Robert G. Cuff appointed to Palm Coast City Council Seat 1, sworn in Tuesday

Palm Coast – Palm Coast resident Robert G. Cuff, who won election to the Palm Coast City Council District 1 seat in the primary election, was appointed Tuesday to complete Bill McGuire's term of office for the District 1 seat.

Cuff was sworn in Tuesday evening, just after the Palm Coast City Council selected him to serve as their fellow new Council member. So he will serve a little more than two months prior to the start of his four-year term.

Cuff and his family have lived in Palm Coast since 1983. Cuff is a practicing attorney with 40 years of experience in real estate, land use, business development and estate planning. He served as a member of the City's Planning and Land Development Review Board from 2009 until this week, helping oversee major commercial and residential developments in Palm Coast.

"I am honored to be appointed to fill the remainder of Bill McGuire's term and look forward to using the next eight weeks to learn as much as possible about the position before I take office for my own term on November 8," Cuff said. "I hope this appointment will help me be a better Council Member and deepen my understanding of the City's operations."

Cuff began his legal career as a municipal attorney and prosecutor for the cities of Hollywood and Hallandale in Broward County, Florida. He and his wife, Toni, moved to Palm Coast when he accepted a position in the legal department of ITT Community Development Corporation, serving as its general counsel during the company's last several years of operations in Palm Coast. After ITT closed its onsite operations in 2000, Cuff became a shareholder with the firm of Rogers, Towers, P.A. In 2010, he opened his own office in Palm Coast and continues to represent clients in the areas of real estate, business formation, land use, estate planning and probate.

Cuff is active in the community through organizations including Rotary Club of Flagler County, Flagler Education Foundation (past president), Flagler Humane Society, Flagler Senior Services, the Flagler Bar Association (past president), Flagler County Drug Court Foundation, the Boy Scouts of America Golden Eagle Dinners and Flagler Habitat for Humanity.

For more information, contact Cindi Lane, communications and marketing manager, at 386-986-3708 or clane@palmcoastgov.com.



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, Communications & Marketing Manager
386-986-3708; cell 386-214-4729

Sept. 6, 2016

City of Palm Coast releases 2016 Annual Floodplain Management Report

Palm Coast – The City of Palm Coast has completed its 2016 Annual Floodplain Management Report, which details the City's efforts to protect citizens and property from disasters.

The City does the report each year as part of requirements to maintain a specific status in order to provide discounts on certain flood insurance premiums for citizens who might live in specific flood hazard areas.

The report has been posted on the City website, and all are invited to review it at www.palmcoastgov.com/flood-prep.

For more information, contact Cindi Lane, Communications & Marketing Manager, at 386-986-3708 or clane@palmcoastgov.com.



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, Communications & Marketing Manager
386-986-3708; cell 386-214-4729

Sept. 7, 2016

Kick off Pink Army fight against breast cancer at Food Truck Tuesdays on Sept. 20

Palm Coast – Join Palm Coast Mayor Jon Netts and the Pink Army team at Florida Hospital Flagler for the next Food Truck Tuesdays on Tuesday, Sept. 20, from 5-8 p.m.!

Food Truck Tuesdays are held on the third Tuesday of each month, along Park Street next to Central Park in Town Center. The address of Central Park is 975 Central Ave., Palm Coast.

Each Food Truck event features about a dozen food trucks – mobile kitchens, canteens and catering trucks that offer up gourmet foods including appetizers, main dishes, side dishes and desserts. Many menus are kid-friendly.

Proceeds from this month's Food Truck Tuesdays will go to the Pink Army 5K Walk/Run in the fight against breast cancer. Flagler Hospital Foundation will kick off its Pink Army campaign for October at the event, with games for the kids provided by Flagler Sheriff's PAL and entertainment by DJ Vern. The pink fire truck will be there! The Palm Coast Fire Department will also participate.

The Pink Army 5K and 1-Mile Support Walk will be Sunday, Oct. 16, and the public can sign up at Food Truck Tuesdays or online at www.palmcoastgov.com/PinkArmy5K.

Food Truck Tuesdays will feature about a dozen food trucks – mobile kitchens, canteens and catering trucks that offer up gourmet foods including appetizers, main dishes, side dishes and desserts. Many menus are kid-friendly.

The food trucks signed up for September include: Café Rouge, My Cousin Vinny, The Garbage Can, Personal Chef, Woodson's Wrap Shack, Big Kahuna Kettle Corn, Kona Ice of Flagler County, The Good Food Truck, Bruster's/Nathan's, Magic4urPlate, Monsta Lobsta, London Fish & Chippy, It's All Greek to Me, El Cubanito Subs, Flaming Pizza and Barnwood Bar-B-Que.

Food Truck Tuesdays is presented by the City of Palm Coast Parks & Recreation Department. For more information, call 386-986-2323 or visit www.palmcoastgov.com/foodtruck.



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, Communications & Marketing Manager
386-986-3708; cell 386-214-4729

Sept. 7, 2016

Cheer on the athletes at Palm Coast & the Flagler Beaches Senior Games!

Palm Coast – Let the games begin! The Palm Coast & the Flagler Beaches Senior Games, presented by Cora Health Services Inc., kick off Saturday, Sept. 10, and continue daily for a week.

The public is invited to attend and cheer on the athletes at a week's worth of competitions at various locations in Palm Coast and Bunnell. Admission for spectators is free.

Men and women ages 50 and up will be competing in 14 sports in the Senior Games. The Palm Coast & the Flagler Beaches Senior Games are sanctioned by the Florida Sports Foundation and serve as a local qualifying event for the Florida Senior Games State Championships. This year's events are:

Saturday, Sept. 10:

- **Archery:** 9 a.m. at Indian Trails Middle School fields, 5505 Belle Terre Pkwy., Palm Coast
- **Golf Croquet:** 8:30 a.m. at Palm Harbor Golf Club, 100 Cooper Lane, Palm Coast

Sunday, Sept. 11:

- **Cycling:** 8:30 a.m.; start will be at Intracoastal Park under the Hammock Bridge, adjacent to European Village, 101 Palm Harbor Pkwy., Palm Coast
- **Ballroom Dancing** (Waltz, Foxtrot, Tango, Swing, Rumba and Cha Cha): 2 p.m. at the VFW, 37 Old Kings Road North, Palm Coast.

Monday, Sept. 12:

- **Tennis:** 9 a.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy., Palm Coast

Tuesday, Sept. 13:

- **Tennis Mixed Doubles:** 9 a.m. Sept. 13; at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy., Palm Coast

Wednesday, Sept. 14:

- **Golf:** 8:30 a.m. shotgun start; at Palm Harbor Golf Club, at 20 Palm Harbor Drive, Palm Coast
- **Horseshoes:** 7:30 a.m. at Old Dixie Community Park on North Old Dixie Highway, Bunnell

Thursday, Sept. 15:

- **Pickleball:** 9 a.m. at Belle Terre Park Tennis Center, 339 Parkview Drive, Palm Coast

Friday, Sept. 16:

- **Pickleball Doubles:** 9 a.m. at Belle Terre Park Tennis Center, 339 Parkview Drive, Palm Coast
- **Basketball Shooting:** 6 p.m. at Flagler Palm Coast High School Gym, 5500 Moody Blvd. (SR 100), Palm Coast
- **Table Tennis:** 6 p.m.; location Flagler Palm Coast High School Gym, 5500 Moody Blvd. (SR 100), Palm Coast

Saturday, Sept. 17:

- **Swimming:** 9 a.m. at Frieda Zamba Swimming Pool, 339 Parkview Drive, Palm Coast

Cora Health Services is partnering with the City to provide public educational programs and sports medicine services for athletic events in Palm Coast this year. Cora Health Services has two clinics in Palm Coast.

The Palm Coast & the Flagler Beaches Senior Games are also sponsored by Lancaster Archery Supply, Humana, Florida Hospital Flagler, Tropical Smoothie Café, and the Palm Coast Observer.

Come out to support our Senior Games athletes! For more information, call Palm Coast Parks & Recreation at 386-986-2323 or visit www.palmcoastgov.com/seniorgames.